

Springfield Secondary Schools
Week of August 30 – September 3

Monday	Tuesday	Wednesday	Thursday	Friday
Carne Molidá with Sweet Plantains and Cheddar Corn Muffin & Fresh Fruit	Teriyaki Glazed Chicken with Sesame Ginger Rice, Glazed Pineapple & Firecracker Carrots	Crispy Chicken Bowl with a Dinner Roll & Fresh Fruit	Baked Ziti with Meatballs, Green Beans & Garlic Roll and Craisins	Deep Dish Cheese Pizza with Fresh Carrots & Fresh Fruit
Chicken Patty with Broccoli Florets & Fresh Fruit	Cheeseburger with Fresh Carrots & Chilled Mixed Fruit	Chicken Patty with Zucchini Coins & Fresh Fruit	Cheeseburger with Sliced Apples & Craisins	Chicken Patty with Fresh Carrots & Fresh Fruit
Available Daily: Sunbutter & Jelly Sandwich				
CHOICE OF CHOCOLATE or 1% WHITE				
<i>Menu Items are Subject to Change</i>				

Week September 6 - 10

Monday	Tuesday	Wednesday	Thursday	Friday
NO SCHOOL	Shepherd's Pie with Dinner Roll, Blueberry Crisp & Pretzels	Chicken Nuggets with Dinner Roll, Fries & Baked Beans	Creamy Chicken Broccoli Alfredo with Fresh Fruit	Deep Dish Cheese Pizza with Apple Slices & Craisins
	Cheeseburger with Fresh Carrots & Chilled Pears	Chicken Patty with Zucchini Coins & Fresh Fruit	Cheeseburger with Broccoli Florets & Fresh Fruit	Chicken Patty with Apple Slices & Craisins
Available Daily: Sunbutter & Jelly Sandwich				
CHOICE OF CHOCOLATE or 1% WHITE				
<i>Menu Items are Subject to Change</i>				

Springfield Secondary Schools
Week of September 13 - 17

Monday	Tuesday	Wednesday	Thursday	Friday
Smokehouse Chili Fries with Peas & a Cheddar Corn Muffin & Fresh Fruit	NO SCHOOL	Curried Chicken Flatbread with Spiced Potatoes & Glazed Fruit	Baked Mac & Cheese with Ritz Cracker Topping, Seasoned Peas & Applesauce	Deep Dish Cheese Pizza with Fresh Carrots & Chilled Applesauce
Chicken Patty with Broccoli Florets & Fresh Fruit		Chicken Patty with Zucchini Coins & Fresh Fruit	Cheeseburger with Apple Slices & Craisins	Chicken Patty with Fresh Carrots & Chilled Applesauce
Available Daily: Sunbutter & Jelly Sandwich				
CHOICE OF CHOCOLATE or 1% WHITE				
<i>Menu Items are Subject to Change</i>				

Week of September 20 - 24

Monday	Tuesday	Wednesday	Thursday	Friday
General Tso Chicken, with Veggie Fried Rice, Ginger Carrots & Cauliflower	Chicken with Gravy, Roasted Root Veg, Dinner Roll & Cranberry Sauce and Chilled Peaches	Loaded Baked Potato with Broccoli, Dinner Roll, Peach Crisp & Pretzels	Lazy Lasagna Mix Up and Craisins	Deep Dish Cheese Pizza with Fresh Carrots & Fresh Fruit
Chicken Patty with Fresh Carrots & Fresh Fruit	Cheeseburger with Zucchini Coins & Chilled Peaches	Chicken Patty with Broccoli Florets & Fresh Fruit	Cheeseburger with Apple Slices & Craisins	Chicken Patty with Fresh Carrots & Fresh Fruit
Available Daily: Sunbutter & Jelly Sandwich				
CHOICE OF CHOCOLATE or 1% WHITE				
<i>Menu Items are Subject to Change</i>				

Springfield Secondary Schools
 Week of September 27 – October 1

Monday	Tuesday	Wednesday	Thursday	Friday
Beef Hot Dog with Steak Fries & BBQ Beans	Chicken Parm Sandwich with Cauliflower & Mashed Butternut Squash	Sweet & Sour Chicken with Veggie Fried Rice & Green Beans & Carrots	Baked Ziti with Meatballs, Green Beans & Garlic Roll and Craisins	Deep Dish Cheese Pizza with Fresh Carrots & Fresh Fruit
Chicken Patty with Broccoli Florets & Fresh Fruit	Cheeseburger with Zucchini Coins & Chilled Mixed Fruit	Chicken Patty with Cucumber Coins & Fresh Fruit	Cheeseburger with Apple Slices & Craisins	Chicken Patty with Fresh Carrots & Fresh Fruit
Available Daily: Sunbutter & Jelly				
CHOICE OF CHOCOLATE or 1% WHITE				
<i>Menu Items are Subject to Change</i>				