



**SPRINGFIELD PUBLIC SCHOOLS**  
**Liiska Qado**  
**JANAAYO 2021**



<b>Isniin</b>	<b>Salaaso</b>	<b>Arbaco</b>	<b>Khamiis</b>	<b>Jumca</b>
1/4	1/5	1/6	1/7	1/8
Doorashada Kuuga  1% ama Caano	Digaag hilib oo leh baradhada shiidan, maraq, galley iyo duuduban casho  Khudrad 1% ama Caano	Digaag iyo digir tostada oo leh galley salsa iyo bariis jaalle ah  1% ama Caano	Digaag malab mustard leh luul khudrad iyo baastada, isbinaajka toonta iyo karotdad  Khudrad 1% ama Caano	Bissa jiis saxan qoto dheer leh iyo digir cagaaran iyo karootada  1% ama Caano
1/11	1/12	1/13	1/14	1/15
Digaag rooti leh iyo digir la dubay oo la kariyey dabacasaha  1% ama Caano	BBQ hilibka doofaarka oo leh qalooqa guban Cagaarka iyo shiidan Baradho macaan  khudrad 1% ama Caano	Digaaga koonfur-galbeed Oo leh salsa hadhuudh Ah iyo digir tex-mex  1% ama Caano	Diiqa Basbaas leh Xajmiga baradhada Bariis jaalle ah iyo galley  Khudrad 1% ama Caano	Saxan qoto dheer pizza Baradho la dubay Iyo khudrad isku qasan  1% ama Caano
1/18	1/19	1/20	1/21	1/22
Jeesburger leh brookili Casserole iyo digir la dubay  1% ama Caano	Digaag macaan iyo dhanaan bariis la shiilay, Karootada shiidan iyo Digirta cagaaran  Khudrad 1% ama caano	Jeeska aad jeceshahay Mac iyo jees leh Digirta cagaaran ee uumiga Ah iyo karootada  1% ama caano	Digaag iyo canjeero leh Baradho macaan la shiiday iyo koonfurta Cagaaran digir  Khudrad 1% ama caano	Saxan qoto dheer pizza Leh digsi baradho iyo Karootada umiga ah  1% or Fat Free Milk
1/25	1/26	1/27	1/28	1/29
Digaag la jarjaray oo leh baradho la shiiday, maraq, galley iyo duuduuban casho  1% ama caano	Ziti lagu dubay kubbado hilib ah, badharnat, iskuwaash iyo digirta cagaaran ee uumiga ah  Khudrad 1% ama caano	Digaag iyo digir Tistada oo leh galley Salsa iyo bariis jaalle ah  1% ama caano	Malab digaag mustard Baastada luul, isbinaajka Toonta iyo karootada uumiska leh  Khudrad 1% ama caano	Saxan qoto dheer iyo qizza leh cagaar uumis leh digirta iyo karootada  1% ama caano
<b>Fadlan u sheeg serfer-kaaga wixii xasaasiyad cunno leh</b>			<b>Waxyaabaha ku qoran liiska waa la beddeli karaa</b>	