



**SPRINGFIELD PUBLIC SCHOOLS
BIC MENU
JANUARY 2021**



Monday	Tuesday	Wednesday	Thursday	Friday
1/4	1/5	1/6	1/7	1/8
Cheerios Canadian Bacon French Toast Sandwich (Saturday) Cinnamon Toast Crunch (Sunday) 100% Juice 1% or Fat Free Milk	Pumpkin Streusel Muffin 100% Juice 1% or Fat Free Milk	Blueberry Muffin 100% Juice 1% or Fat Free Milk	Egg, Cheese & Potato Scramble over Corn Tortilla with Salsa 100% Juice 1% or Fat Free Milk	Pork Sausage & Cheese Waffle Flatbread Sandwich Melon Fruit Cup 1% or Fat Free Milk
1/11	1/12	1/13	1/14	1/15
Cranberry Orange Muffin Apple Cinnamon Cheerios (Saturday) Trix (Sunday) 100% Juice 1% or Fat Free Milk	Maple Waffles with Spiced Apples 1% or Fat Free Milk	Banana Chocolate Chip Muffin 100% Juice 1% or Fat Free Milk	Rice Pudding with Mixed Berries and Granola 1% or Fat Free Milk	Egg & Cheese Croissant Cheerios (Saturday) Cinnamon Toast Crunch (Sunday) 100% Juice 1% or Fat Free Milk
1/18	1/19	1/20	1/21	1/22
Corn Muffin 100% Juice 1% or Fat Free Milk	Maple Pancakes with Spiced Apples 1% or Fat Free Milk	Apple Spice Muffin 100% Juice 1% or Fat Free Milk	Yogurt Parfait with Granola and Blueberries 1% or Fat Free Milk	Canadian Bacon French Toast Sandwich 100% Juice 1% or Fat Free Milk
1/25	1/26	1/27	1/28	1/29
Pumpkin Streusel Muffin Apple Cinnamon Cheerios (Saturday) Trix (Sunday) 100% Juice 1% or Fat Free Milk	French Toast Sticks and Pork Sausage Links 100% Juice 1% or Fat Free Milk	Blueberry Muffin 100% Juice 1% or Fat Free Milk	Egg, Cheese & Potato Scramble over Corn Tortilla with Salsa 100% Juice 1% or Fat Free Milk	Pork Sausage & Cheese Waffle Flatbread Sandwich Melon Fruit Cup 1% or Fat Free Milk

PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES

Menu items are subject to change