



**SPRINGFIELD PUBLIC SCHOOLS
LUNCH MENU
OCTOBER 2020**



Monday	Tuesday	Wednesday	Thursday	Friday
10/5	10/6	10/7	10/8	10/9
Cheeseburger with Broccoli Casserole and Baked Beans 1% or Fat Free Milk	Sweet & Sour Chicken with Fried Rice, Gingered Carrots and Green Beans Fresh Fruit 1% or Fat Free Milk	Smokehouse Chili with Ranch Potato Wedges, Yellow Rice and Corn 1% or Fat Free Milk	Chicken & Waffles with Mashed Sweet Potato and Southern Green Beans Fresh Fruit 1% or Fat Free Milk	Deep Dish Cheese Pizza with Potato Casserole and Steamed Carrots 1% or Fat Free Milk
10/12	10/13	10/14	10/15	10/16
Chef's Choice 1% or Fat Free Milk	Crispy Chicken with Mashed Potatoes, Gravy, Corn and a Dinner Roll 1% or Fat Free Milk	Chicken & Bean Tostada with Corn Salsa and Yellow Rice 1% or Fat Free Milk	Deep Dish Cheese Pizza with Steamed Green Beans and Carrots 1% or Fat Free Milk	National Pasta Day Ziti with Meatballs, Steamed Green Beans and Garlic Roll Fresh Fruit 1% or Fat Free Milk
10/19	10/20	10/21	10/22	10/23
Chicken Patty Sandwich with Baked Beans and Steamed Carrots 1% or Fat Free Milk	BBQ Chopped Pork with Smokey Collard Greens and Mashed Sweet Potato Fresh Fruit 1% or Fat Free Milk	Fajita Chicken with Yellow Rice, Corn Salsa and Tex-Mex Beans 1% or Fat Free Milk	Mac & Cheese with Steamed Green Beans and Carrots Fresh Fruit 1% or Fat Free Milk	Deep Dish Cheese Pizza with Green Goddess Roasted Potatoes and Steamed Cauliflower 1% or Fat Free Milk
10/26	10/27	10/28	10/29	10/30
Cheeseburger with Broccoli Casserole and Baked Beans 1% or Fat Free Milk	Sweet & Sour Chicken with Fried Rice, Gingered Carrots and Green Beans Fresh Fruit 1% or Fat Free Milk	Smokehouse Chili with Ranch Potato Wedges, Yellow Rice and Corn 1% or Fat Free Milk	Chicken & Waffles with Mashed Sweet Potato and Southern Green Beans Fresh Fruit 1% or Fat Free Milk	Deep Dish Cheese Pizza with Potato Casserole and Steamed Carrots 1% or Fat Free Milk
PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES		Menu items are subject to change		