

Menu Calendar Nutrient Analysis Report - February, 2019

Site: Middle School
 Date: 02/01/2019 - 02/28/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Jan. 19 - Lunch 6 -8 Week 5 Day 5 Chicken Nuggets, Pasta Salad :16214 - ServingDate: 02/01/2019								
Cheeseburger - SPR1131 (1 burger)	10	382.00	18.50	7.50	1.00	333.00	28.00	24.50
Chicken Salad on Torpedo - SPR1158 (1 ea.)	5	327.29	8.71	1.40	0.00	478.10	29.83	32.06
Garden Salad - SPR1176 (1 ea.)	5	422.75	27.27	8.48	0.00	1427.02	24.64	27.41
Cheese Pizza - SPR1436 (1 slice)	10	384.86	18.78	11.63	0.00	783.78	34.94	19.39
Pepperoni Banana Pepper Pizza - SPR1075 (1 slice)	10	417.66	21.69	12.72	0.00	1354.35	35.06	20.72
Sunbutter & Jelly Sandwich - SPR1133 (1 sandwich)	5	619.59	34.84	4.11	0.00	546.27	56.14	20.37
Turkey BLT Salad - SPR1309 (1 serving)	5	239.70	8.52	2.62	0.00	728.15	18.61	26.27
Turkey Cuban Sandwich - SPR1207 (1 sandwich)	5	311.52	10.58	3.98	0.00	1285.07	29.24	25.10
Chicken Nuggets - SPR1393 (5 piece)	40	240.00	12.00	2.50	0.00	430.00	16.00	16.00
Dinner Roll for Entree Salad - SPR1429 (1 roll.)	10	200.88	3.54	0.00	0.00	165.43	34.27	8.27
Pasta Salad - SPR1018 (3/4 c.)	35	117.94	2.02	0.01	0.00	190.52	22.67	3.62
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	50	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	50	82.44	0.25	0.05	0.00	1.10	21.53	0.81
BBQ Cauliflower - SPR1039 (1/2 c.)	65	56.69	1.62	0.22	0.00	347.49	10.25	2.01
Baby Carrots - SPR1340 (1/2 c.)	65	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Side Salad - SPR1399 (1 c.)	50	18.89	0.17	0.03	0.00	31.03	3.90	1.18
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	65	120.00	0.00	0.00	0.00	180.00	20.00	8.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Jan. 19 - Lunch 6 -8 Week 5 Day 5 Chicken Nuggets, Pasta Salad :16214 - ServingDate: 02/01/2019								
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	10	118.34	2.69	1.61	0.00	139.86	13.99	8.61
BBQ Sauce - SPR1434 (1 tbsp.)	5	15.00	0.00	0.00	0.00	235.00	3.50	0.00
Caesar Dressing - SPR1491 (2 tbsp.)	5	110.00	12.00	2.00	0.00	220.00	1.00	1.00
Honey Mustard Dressing, Condiment - SPR1194 (1 oz.)	5	160.65	16.07	2.84	0.00	127.58	4.72	0.00
Hot Sauce, Condiment - SPR1193 (1 tbsp.)	5	0.00	0.00	0.00	0.00	300.00	0.00	0.00
Italian Dressing - SPR1275 (1 tbsp.)	5	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SPR1271 (1 pump)	5	30.00	0.00	0.00	0.00	0.00	8.00	0.00
Mayonnaise Pump - SPR1435 (1 pump)	5	43.68	3.06	0.44	0.00	117.95	3.50	0.00
Yellow Mustard - SPR1273 (1 pump)	5	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Ranch Dressing - SPR1272 (1 tbsp.)	5	25.00	1.75	0.25	0.00	185.00	2.50	0.00
SPS Feb. 19 - Lunch 6 -8 Week 1 Day 1 Cheesy Italian Dunker :17329 - ServingDate: 02/04/2019								
Cheesy Italian Dunker - SPR1209 (2 breadstick)	50	321.30	12.35	5.17	0.00	440.11	34.26	20.05
Buffalo Chicken Salad - SPR1312 (1 salad)	5	376.34	20.74	6.13	0.00	986.93	27.07	25.17
Chicken Caesar Wrap - SPR1431 (1 wrap)	5	487.82	18.16	4.06	0.00	716.85	40.85	41.08
Chicken Patty Sandwich - SPR1002 (1 sandwich)	10	430.00	17.00	2.50	0.00	680.00	44.00	23.00
Garden Salad - SPR1176 (1 ea.)	5	422.75	27.27	8.48	0.00	1427.02	24.64	27.41

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Generated on: 1/15/2019 7:53:06 AM by Erika Grover

Site: Middle School

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Feb. 19 - Lunch 6 -8 Week 1 Day 1 Cheesy Italian Dunker :17329 - ServingDate: 02/04/2019								
Buffalo Chicken Pizza - SPR1198 (1 slice)	5	366.34	15.57	7.34	0.00	977.55	35.81	21.35
Cheese Pizza - SPR1436 (1 slice)	8	384.86	18.78	11.63	0.00	783.78	34.94	19.39
Sunbutter & Jelly Sandwich - SPR1133 (1 sandwich)	2	619.59	34.84	4.11	0.00	546.27	56.14	20.37
Turkey & Cheese on Bulkie - SPR1231 (1 sandwich)	5	315.00	10.25	4.00	0.00	880.00	29.50	26.00
Dinner Roll for Entree Salad - SPR1429 (1 roll.)	10	200.88	3.54	0.00	0.00	165.43	34.27	8.27
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	50	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	50	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Baby Carrots - SPR1340 (1/2 c.)	75	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Celery Sticks - SPR1338 (3 stick (4")	65	5.17	0.06	0.01	0.00	25.86	0.96	0.22
Marinara / Spaghetti Sauce - SPR1347 (1/2 c.)	50	61.95	0.50	0.09	0.01	477.11	12.40	2.07
Side Salad - SPR1399 (1 c.)	65	18.89	0.17	0.03	0.00	31.03	3.90	1.18
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	65	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	10	118.34	2.69	1.61	0.00	139.86	13.99	8.61
BBQ Sauce - SPR1434 (1 tbsp.)	5	15.00	0.00	0.00	0.00	235.00	3.50	0.00
Caesar Dressing - SPR1491 (2 tbsp.)	5	110.00	12.00	2.00	0.00	220.00	1.00	1.00
Honey Mustard Dressing, Condiment - SPR1194 (1 oz.)	5	160.65	16.07	2.84	0.00	127.58	4.72	0.00

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SPS Feb. 19 - Lunch 6 -8 Week 1 Day 1 Cheesy Italian Dunker :17329 - ServingDate: 02/04/2019								
Hot Sauce, Condiment - SPR1193 (1 tbsp.)	5	0.00	0.00	0.00	0.00	300.00	0.00	0.00
Italian Dressing - SPR1275 (1 tbsp.)	5	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SPR1271 (1 pump)	5	30.00	0.00	0.00	0.00	0.00	8.00	0.00
Mayonnaise Pump - SPR1435 (1 pump)	5	43.68	3.06	0.44	0.00	117.95	3.50	0.00
Yellow Mustard - SPR1273 (1 pump)	5	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Ranch Dressing - SPR1272 (1 tbsp.)	5	25.00	1.75	0.25	0.00	185.00	2.50	0.00
SPS Feb. 19 - Lunch 6 -8 Week 1 Day 2 Meatball Sub :17329 - ServingDate: 02/05/2019								
Buffalo Chicken Salad - SPR1312 (1 salad)	5	376.34	20.74	6.13	0.00	986.93	27.07	25.17
Cheeseburger - SPR1131 (1 burger)	5	382.00	18.50	7.50	1.00	333.00	28.00	24.50
Chicken Caesar Wrap - SPR1431 (1 wrap)	5	487.82	18.16	4.06	0.00	716.85	40.85	41.08
Garden Salad - SPR1176 (1 ea.)	5	422.75	27.27	8.48	0.00	1427.02	24.64	27.41
Meatball Sub - SPR1130 (1 ea.)	55	362.22	12.83	3.33	0.00	715.87	39.28	22.07
Cheese Pizza - SPR1436 (1 slice)	8	384.86	18.78	11.63	0.00	783.78	34.94	19.39
Pepperoni Pizza - SPR1438 (1 slice)	5	417.66	21.69	12.72	0.00	894.35	35.06	20.72
Sunbutter & Jelly Sandwich - SPR1133 (1 sandwich)	2	619.59	34.84	4.11	0.00	546.27	56.14	20.37
Turkey & Cheese on Bulkie - SPR1231 (1 sandwich)	5	315.00	10.25	4.00	0.00	880.00	29.50	26.00
Dinner Roll for Entree Salad - SPR1429 (1 roll.)	10	200.88	3.54	0.00	0.00	165.43	34.27	8.27

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SPS Feb. 19 - Lunch 6 -8 Week 1 Day 2 Meatball Sub :17329 - ServingDate: 02/05/2019								
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	50	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	50	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Steamed Broccoli - SPR1169 (1/2 c.)	65	16.86	0.01	0.01	0.00	249.76	3.37	1.03
Baby Carrots - SPR1340 (1/2 c.)	65	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Side Salad - SPR1399 (1 c.)	65	18.89	0.17	0.03	0.00	31.03	3.90	1.18
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	65	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	10	118.34	2.69	1.61	0.00	139.86	13.99	8.61
BBQ Sauce - SPR1434 (1 tbsp.)	5	15.00	0.00	0.00	0.00	235.00	3.50	0.00
Caesar Dressing - SPR1491 (2 tbsp.)	5	110.00	12.00	2.00	0.00	220.00	1.00	1.00
Honey Mustard Dressing, Condiment - SPR1194 (1 oz.)	5	160.65	16.07	2.84	0.00	127.58	4.72	0.00
Hot Sauce, Condiment - SPR1193 (1 tbsp.)	5	0.00	0.00	0.00	0.00	300.00	0.00	0.00
Italian Dressing - SPR1275 (1 tbsp.)	5	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SPR1271 (1 pump)	5	30.00	0.00	0.00	0.00	0.00	8.00	0.00
Mayonnaise Pump - SPR1435 (1 pump)	5	43.68	3.06	0.44	0.00	117.95	3.50	0.00
Yellow Mustard - SPR1273 (1 pump)	5	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Ranch Dressing - SPR1272 (1 tbsp.)	5	25.00	1.75	0.25	0.00	185.00	2.50	0.00

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SPS Feb. 19 - Lunch 6-8 Week 1 Day 3 Turkey & Gravy, Biscuit :17329 - ServingDate: 02/06/2019								
Buffalo Chicken Salad - SPR1312 (1 salad)	5	376.34	20.74	6.13	0.00	986.93	27.07	25.17
Chicken Caesar Wrap - SPR1431 (1 wrap)	10	487.82	18.16	4.06	0.00	716.85	40.85	41.08
Chicken Cordon Bleu Burger - SPR1168 (1 burger)	5	436.34	18.23	5.25	0.00	736.60	39.16	27.95
Garden Salad - SPR1176 (1 ea.)	5	422.75	27.27	8.48	0.00	1427.02	24.64	27.41
Cheese Pizza - SPR1436 (1 slice)	8	384.86	18.78	11.63	0.00	783.78	34.94	19.39
Hawaiian Pizza - SPR1437 (1 slice)	5	361.72	14.07	7.39	0.00	884.41	38.55	21.05
Sunbutter & Jelly Sandwich - SPR1133 (1 sandwich)	2	619.59	34.84	4.11	0.00	546.27	56.14	20.37
Turkey & Cheese on Bulkie - SPR1231 (1 sandwich)	10	315.00	10.25	4.00	0.00	880.00	29.50	26.00
Turkey W/ Gravy - SPR1167 (1 #10 scoop)	45	212.16	10.57	3.20	0.00	747.15	4.03	25.60
Biscuit - SPR1328 (1 biscuit)	25	200.00	9.00	7.00	0.00	410.00	27.00	4.00
Dinner Roll for Entree Salad - SPR1429 (1 roll.)	10	200.88	3.54	0.00	0.00	165.43	34.27	8.27
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	50	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	50	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Celery Sticks - SPR1338 (3 stick (4")	50	5.17	0.06	0.01	0.00	25.86	0.96	0.22
Mashed Potatoes - SPR1166 (1/2 c.)	50	113.42	1.53	1.02	0.00	120.70	21.66	2.09
Side Salad - SPR1399 (1 c.)	65	18.89	0.17	0.03	0.00	31.03	3.90	1.18
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	65	120.00	0.00	0.00	0.00	180.00	20.00	8.00

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SPS Feb. 19 - Lunch 6-8 Week 1 Day 3 Turkey & Gravy, Biscuit :17329 - ServingDate: 02/06/2019								
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	10	118.34	2.69	1.61	0.00	139.86	13.99	8.61
BBQ Sauce - SPR1434 (1 tbsp.)	5	15.00	0.00	0.00	0.00	235.00	3.50	0.00
Caesar Dressing - SPR1491 (2 tbsp.)	5	110.00	12.00	2.00	0.00	220.00	1.00	1.00
Honey Mustard Dressing, Condiment - SPR1194 (1 oz.)	5	160.65	16.07	2.84	0.00	127.58	4.72	0.00
Hot Sauce, Condiment - SPR1193 (1 tbsp.)	5	0.00	0.00	0.00	0.00	300.00	0.00	0.00
Italian Dressing - SPR1275 (1 tbsp.)	5	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SPR1271 (1 pump)	5	30.00	0.00	0.00	0.00	0.00	8.00	0.00
Mayonnaise Pump - SPR1435 (1 pump)	5	43.68	3.06	0.44	0.00	117.95	3.50	0.00
Yellow Mustard - SPR1273 (1 pump)	5	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Ranch Dressing - SPR1272 (1 tbsp.)	5	25.00	1.75	0.25	0.00	185.00	2.50	0.00
SPS Feb. 19 - Lunch 6-8 Week 1 Day 4 Tomato Soup, Grilled Cheese :17329 - ServingDate: 02/07/2019								
Buffalo Chicken Salad - SPR1312 (1 salad)	10	376.34	20.74	6.13	0.00	986.93	27.07	25.17
Chicken Caesar Wrap - SPR1431 (1 wrap)	5	487.82	18.16	4.06	0.00	716.85	40.85	41.08
Garden Salad - SPR1176 (1 ea.)	2	422.75	27.27	8.48	0.00	1427.02	24.64	27.41
Grilled Cheese - SPR1402 (1 sandwich)	35	340.00	20.00	10.00	0.00	1300.00	28.00	16.00
Hot Patty Melt - SPR1071 (1 ea.)	25	513.50	32.53	8.51	1.00	334.15	30.68	24.82
Bacon Chicken Pizza - SPR1091 (1 slice)	3	364.20	14.44	7.34	0.00	818.60	36.05	22.85

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SPS Feb. 19 - Lunch 6-8 Week 1 Day 4 Tomato Soup, Grilled Cheese :17329 - ServingDate: 02/07/2019								
Cheese Pizza - SPR1436 (1 slice)	5	384.86	18.78	11.63	0.00	783.78	34.94	19.39
Sunbutter & Jelly Sandwich - SPR1133 (1 sandwich)	5	619.59	34.84	4.11	0.00	546.27	56.14	20.37
Turkey & Cheese on Bulkie - SPR1231 (1 sandwich)	5	315.00	10.25	4.00	0.00	880.00	29.50	26.00
Dinner Roll for Entree Salad - SPR1429 (1 roll.)	10	200.88	3.54	0.00	0.00	165.43	34.27	8.27
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	50	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	50	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Steamed Carrot Coins - SPR1383 (1/2 c.)	65	31.91	0.00	0.00	0.00	101.59	6.38	0.91
Celery Sticks - SPR1338 (3 stick (4")	50	5.17	0.06	0.01	0.00	25.86	0.96	0.22
Side Salad - SPR1399 (1 c.)	65	18.89	0.17	0.03	0.00	31.03	3.90	1.18
Tomato Soup - SPR1258 (3/4 c.)	40	61.19	0.00	0.00	0.00	281.36	13.06	1.47
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	65	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	10	118.34	2.69	1.61	0.00	139.86	13.99	8.61
BBQ Sauce - SPR1434 (1 tbsp.)	5	15.00	0.00	0.00	0.00	235.00	3.50	0.00
Caesar Dressing - SPR1491 (2 tbsp.)	5	110.00	12.00	2.00	0.00	220.00	1.00	1.00
Honey Mustard Dressing, Condiment - SPR1194 (1 oz.)	5	160.65	16.07	2.84	0.00	127.58	4.72	0.00
Hot Sauce, Condiment - SPR1193 (1 tbsp.)	5	0.00	0.00	0.00	0.00	300.00	0.00	0.00

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SPS Feb. 19 - Lunch 6-8 Week 1 Day 4 Tomato Soup, Grilled Cheese :17329 - ServingDate: 02/07/2019								
Italian Dressing - SPR1275 (1 tbsp.)	5	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SPR1271 (1 pump)	5	30.00	0.00	0.00	0.00	0.00	8.00	0.00
Mayonnaise Pump - SPR1435 (1 pump)	5	43.68	3.06	0.44	0.00	117.95	3.50	0.00
Yellow Mustard - SPR1273 (1 pump)	5	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Ranch Dressing - SPR1272 (1 tbsp.)	5	25.00	1.75	0.25	0.00	185.00	2.50	0.00
SPS Feb. 19 - Lunch 6-8 Week 1 Day 5 Southwest Chicken Casserole :17329 - ServingDate: 02/08/2019								
Buffalo Chicken Salad - SPR1312 (1 salad)	5	376.34	20.74	6.13	0.00	986.93	27.07	25.17
Chicken Caesar Wrap - SPR1431 (1 wrap)	5	487.82	18.16	4.06	0.00	716.85	40.85	41.08
Chicken Parm Flatbread - SPR1171 (1 burger)	5	406.11	16.25	4.25	0.00	820.44	39.97	22.95
Garden Salad - SPR1176 (1 ea.)	10	422.75	27.27	8.48	0.00	1427.02	24.64	27.41
Cheese Pizza - SPR1436 (1 slice)	5	384.86	18.78	11.63	0.00	783.78	34.94	19.39
Veggie Pizza - SPR1200 (1 slice)	3	377.37	17.06	11.51	0.00	777.44	36.56	19.87
Southwest Chicken Casserole - SPR1210 (1 serving)	50	473.40	16.40	5.33	0.00	723.56	45.83	35.25
Sunbutter & Jelly Sandwich - SPR1133 (1 sandwich)	2	619.59	34.84	4.11	0.00	546.27	56.14	20.37
Turkey & Cheese on Bulkie - SPR1231 (1 sandwich)	10	315.00	10.25	4.00	0.00	880.00	29.50	26.00
Dinner Roll for Entree Salad - SPR1429 (1 roll.)	15	200.88	3.54	0.00	0.00	165.43	34.27	8.27

Menu Calendar Nutrient Analysis Report - February, 2019

Site: Middle School
 Date: 02/01/2019 - 02/28/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Feb. 19 - Lunch 6-8 Week 1 Day 5 Southwest Chicken Casserole :17329 - ServingDate: 02/08/2019								
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	50	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	50	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Caesar Side Salad - SPR1139 (1/2 c.)	40	74.84	6.38	1.09	0.00	190.61	3.50	1.02
Side Salad - SPR1399 (1 c.)	65	18.89	0.17	0.03	0.00	31.03	3.90	1.18
White Bean Salad - SPR1221 (1/2 c.)	35	144.29	2.40	0.01	0.00	355.53	24.14	6.29
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	65	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	10	118.34	2.69	1.61	0.00	139.86	13.99	8.61
BBQ Sauce - SPR1434 (1 tbsp.)	5	15.00	0.00	0.00	0.00	235.00	3.50	0.00
Caesar Dressing - SPR1491 (2 tbsp.)	5	110.00	12.00	2.00	0.00	220.00	1.00	1.00
Honey Mustard Dressing, Condiment - SPR1194 (1 oz.)	5	160.65	16.07	2.84	0.00	127.58	4.72	0.00
Hot Sauce, Condiment - SPR1193 (1 tbsp.)	5	0.00	0.00	0.00	0.00	300.00	0.00	0.00
Italian Dressing - SPR1275 (1 tbsp.)	5	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SPR1271 (1 pump)	5	30.00	0.00	0.00	0.00	0.00	8.00	0.00
Mayonnaise Pump - SPR1435 (1 pump)	5	43.68	3.06	0.44	0.00	117.95	3.50	0.00
Yellow Mustard - SPR1273 (1 pump)	5	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Ranch Dressing - SPR1272 (1 tbsp.)	5	25.00	1.75	0.25	0.00	185.00	2.50	0.00

Menu Calendar Nutrient Analysis Report - February, 2019

Site: Middle School
 Date: 02/01/2019 - 02/28/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Feb. 19 - Lunch 6-8 Week 2 Day 1 Hot Dog, Potato Salad :17329 - ServingDate: 02/11/2019								
Asian Chicken Salad - SPR1283 (1 salad)	5	374.97	11.20	1.99	0.00	787.74	44.91	29.03
Bruschetta Chicken Wrap - SPR1073 (1 ea.)	10	329.32	10.68	2.47	0.00	380.34	35.70	23.72
Garden Salad - SPR1176 (1 ea.)	5	422.75	27.27	8.48	0.00	1427.02	24.64	27.41
Ham & Cheese on Bulkie - SPR1234 (1 sandwich)	10	308.04	10.91	3.97	0.00	1054.61	28.98	24.21
Hot Dog - SPR1149 (1 serving (1))	45	260.00	10.50	2.50	0.00	520.00	26.00	13.00
Italian Burger - SPR1072 (1 ea.)	5	523.77	30.01	13.11	0.00	652.76	34.64	27.50
BBQ Chicken Pizza - SPR1197 (1 slice)	5	367.84	12.95	6.97	0.00	874.20	40.87	21.46
Cheese Pizza - SPR1436 (1 slice)	3	384.86	18.78	11.63	0.00	783.78	34.94	19.39
Sunbutter & Jelly Sandwich - SPR1133 (1 sandwich)	2	619.59	34.84	4.11	0.00	546.27	56.14	20.37
Dinner Roll for Entree Salad - SPR1429 (1 roll.)	5	200.88	3.54	0.00	0.00	165.43	34.27	8.27
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	50	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	50	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Steamed Corn - SPR1379 (1/2 c.)	65	69.39	0.85	0.00	0.00	148.23	14.56	1.72
Potato Salad - SPR1291 (1/2 c.)	65	113.23	2.69	0.34	0.00	290.45	20.34	2.38
Side Salad - SPR1399 (1 c.)	40	18.89	0.17	0.03	0.00	31.03	3.90	1.18
Spinach Salad with Honey Mustard Dressing - SPR1010 (1 c.)	50	26.34	1.28	0.22	0.00	63.96	2.87	2.03
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00

Menu Calendar Nutrient Analysis Report - February, 2019

Site: Middle School
 Date: 02/01/2019 - 02/28/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Feb. 19 - Lunch 6-8 Week 2 Day 1 Hot Dog, Potato Salad :17329 - ServingDate: 02/11/2019								
Chocolate Milk - SPR1305 (1 Carton)	65	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	10	118.34	2.69	1.61	0.00	139.86	13.99	8.61
Asian Dressing - SPR1489 (1 oz.)	5	6.20	0.00	0.00	0.00	2242.49	0.77	0.76
BBQ Sauce - SPR1434 (1 tbsp.)	5	15.00	0.00	0.00	0.00	235.00	3.50	0.00
Caesar Dressing - SPR1491 (2 tbsp.)	5	110.00	12.00	2.00	0.00	220.00	1.00	1.00
Honey Mustard Dressing, Condiment - SPR1194 (1 oz.)	5	160.65	16.07	2.84	0.00	127.58	4.72	0.00
Hot Sauce, Condiment - SPR1193 (1 tbsp.)	5	0.00	0.00	0.00	0.00	300.00	0.00	0.00
Italian Dressing - SPR1275 (1 tbsp.)	5	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SPR1271 (1 pump)	5	30.00	0.00	0.00	0.00	0.00	8.00	0.00
Mayonnaise Pump - SPR1435 (1 pump)	5	43.68	3.06	0.44	0.00	117.95	3.50	0.00
Yellow Mustard - SPR1273 (1 pump)	5	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Ranch Dressing - SPR1272 (1 tbsp.)	5	25.00	1.75	0.25	0.00	185.00	2.50	0.00
SPS Feb. 19 - Lunch 6 -8 Week 2 Day 2 Chicken Pasta Alfredo, Roll :17329 - ServingDate: 02/12/2019								
Asian Chicken Salad - SPR1283 (1 salad)	5	374.97	11.20	1.99	0.00	787.74	44.91	29.03
Bruschetta Chicken Wrap - SPR1073 (1 ea.)	5	329.32	10.68	2.47	0.00	380.34	35.70	23.72
Chicken Alfredo Macaroni - SPR1253 (1 c.)	45	241.25	8.33	3.55	0.34	614.99	27.90	14.65

Menu Calendar Nutrient Analysis Report - February, 2019

Site: Middle School
 Date: 02/01/2019 - 02/28/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Feb. 19 - Lunch 6 -8 Week 2 Day 2 Chicken Pasta Alfredo, Roll :17329 - ServingDate: 02/12/2019								
Chicken Patty Sandwich - SPR1002 (1 sandwich)	5	430.00	17.00	2.50	0.00	680.00	44.00	23.00
Garden Salad - SPR1176 (1 ea.)	5	422.75	27.27	8.48	0.00	1427.02	24.64	27.41
Ham & Cheese on Bulkie - SPR1234 (1 sandwich)	10	308.04	10.91	3.97	0.00	1054.61	28.98	24.21
Cheese Pizza - SPR1436 (1 slice)	8	384.86	18.78	11.63	0.00	783.78	34.94	19.39
Chicken Cordon Bleu Pizza - SPR1083 (1 slice)	5	368.61	15.24	7.99	0.12	796.78	34.42	23.52
Sunbutter & Jelly Sandwich - SPR1133 (1 sandwich)	2	619.59	34.84	4.11	0.00	546.27	56.14	20.37
Dinner Roll - SPR1219 (1 ea.)	40	90.00	1.00	0.00	0.00	210.00	16.00	3.00
Dinner Roll for Entree Salad - SPR1429 (1 roll.)	10	200.88	3.54	0.00	0.00	165.43	34.27	8.27
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	50	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	50	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Side Salad - SPR1399 (1 c.)	65	18.89	0.17	0.03	0.00	31.03	3.90	1.18
Spinach Salad with Honey Mustard Dressing - SPR1010 (1 c.)	65	26.34	1.28	0.22	0.00	63.96	2.87	2.03
Grape Tomatoes - SPR1025 (1/2 c.)	65	13.41	0.15	0.02	0.00	3.73	2.90	0.66
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	65	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	10	118.34	2.69	1.61	0.00	139.86	13.99	8.61

Menu Calendar Nutrient Analysis Report - February, 2019

Site: Middle School
 Date: 02/01/2019 - 02/28/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Feb. 19 - Lunch 6 -8 Week 2 Day 2 Chicken Pasta Alfredo, Roll :17329 - ServingDate: 02/12/2019								
Asian Dressing - SPR1489 (1 oz.)	5	6.20	0.00	0.00	0.00	2242.49	0.77	0.76
BBQ Sauce - SPR1434 (1 tbsp.)	5	15.00	0.00	0.00	0.00	235.00	3.50	0.00
Caesar Dressing - SPR1491 (2 tbsp.)	5	110.00	12.00	2.00	0.00	220.00	1.00	1.00
Honey Mustard Dressing, Condiment - SPR1194 (1 oz.)	5	160.65	16.07	2.84	0.00	127.58	4.72	0.00
Hot Sauce, Condiment - SPR1193 (1 tbsp.)	5	0.00	0.00	0.00	0.00	300.00	0.00	0.00
Italian Dressing - SPR1275 (1 tbsp.)	5	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SPR1271 (1 pump)	5	30.00	0.00	0.00	0.00	0.00	8.00	0.00
Mayonnaise Pump - SPR1435 (1 pump)	5	43.68	3.06	0.44	0.00	117.95	3.50	0.00
Yellow Mustard - SPR1273 (1 pump)	5	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Ranch Dressing - SPR1272 (1 tbsp.)	5	25.00	1.75	0.25	0.00	185.00	2.50	0.00
SPS Feb. 19 - Lunch 6 -8 Week 2 Day 3 Chef's Choice :17329 - ServingDate: 02/13/2019								
Asian Chicken Salad - SPR1283 (1 salad)	5	374.97	11.20	1.99	0.00	787.74	44.91	29.03
Bacon Bruschetta Flatbread Burger - SPR1077 (1 ea.)	2	358.45	17.50	6.00	1.00	460.90	26.33	22.05
Bruschetta Chicken Wrap - SPR1073 (1 ea.)	5	329.32	10.68	2.47	0.00	380.34	35.70	23.72
Double Turkey Taco - SPR1513 (2 tacos)	55	436.39	21.79	6.74	0.00	714.10	32.53	26.42
Garden Salad - SPR1176 (1 ea.)	5	422.75	27.27	8.48	0.00	1427.02	24.64	27.41
Ham & Cheese on Bulkie - SPR1234 (1 sandwich)	10	308.04	10.91	3.97	0.00	1054.61	28.98	24.21

Menu Calendar Nutrient Analysis Report - February, 2019

Generated on: 1/15/2019 7:53:06 AM by Erika Grover

Site: Middle School

Date: 02/01/2019 - 02/28/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Feb. 19 - Lunch 6 -8 Week 2 Day 3 Chef's Choice :17329 - ServingDate: 02/13/2019								
Cheese Pizza - SPR1436 (1 slice)	8	384.86	18.78	11.63	0.00	783.78	34.94	19.39
Chicken Club Pizza - SPR1081 (1 slice)	3	467.77	26.06	9.35	0.00	703.21	36.88	22.67
Sunbutter & Jelly Sandwich - SPR1133 (1 sandwich)	2	619.59	34.84	4.11	0.00	546.27	56.14	20.37
Dinner Roll for Entree Salad - SPR1429 (1 roll.)	10	200.88	3.54	0.00	0.00	165.43	34.27	8.27
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	50	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	50	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Black Bean Salad - SPR1036 (1/2 c.)	35	144.98	2.49	0.18	0.00	229.64	23.79	7.33
Cilantro Lime Cole Slaw - SPR1427 (1/2 c.)	60	52.65	3.24	0.41	0.00	112.39	5.69	0.45
Shredded Lettuce - SPR1362 (1/4 cup shredd)	60	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Salsa - SPR1103 (2 oz.)	60	17.72	0.00	0.00	0.00	62.02	4.43	0.00
Side Salad - SPR1399 (1 c.)	70	18.89	0.17	0.03	0.00	31.03	3.90	1.18
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	65	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	10	118.34	2.69	1.61	0.00	139.86	13.99	8.61
Asian Dressing - SPR1489 (1 oz.)	5	6.20	0.00	0.00	0.00	2242.49	0.77	0.76
BBQ Sauce - SPR1434 (1 tbsp.)	5	15.00	0.00	0.00	0.00	235.00	3.50	0.00
Caesar Dressing - SPR1491 (2 tbsp.)	5	110.00	12.00	2.00	0.00	220.00	1.00	1.00
Honey Mustard Dressing, Condiment - SPR1194 (1 oz.)	5	160.65	16.07	2.84	0.00	127.58	4.72	0.00

Menu Calendar Nutrient Analysis Report - February, 2019

Site: Middle School

Date: 02/01/2019 - 02/28/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Feb. 19 - Lunch 6 -8 Week 2 Day 3 Chef's Choice :17329 - ServingDate: 02/13/2019								
Hot Sauce, Condiment - SPR1193 (1 tbsp.)	5	0.00	0.00	0.00	0.00	300.00	0.00	0.00
Italian Dressing - SPR1275 (1 tbsp.)	5	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SPR1271 (1 pump)	5	30.00	0.00	0.00	0.00	0.00	8.00	0.00
Mayonnaise Pump - SPR1435 (1 pump)	5	43.68	3.06	0.44	0.00	117.95	3.50	0.00
Yellow Mustard - SPR1273 (1 pump)	5	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Ranch Dressing - SPR1272 (1 tbsp.)	5	25.00	1.75	0.25	0.00	185.00	2.50	0.00
SPS Feb. 19 - Lunch 6 -8 Week 2 Day 4 Broccoli Cheddar Soup, Bread Bowl :17329 - ServingDate: 02/14/2019								
Aloha Chicken Sandwich - SPR1080 (1 ea.)	5	509.92	22.26	5.25	0.00	766.83	47.68	28.07
Asian Chicken Salad - SPR1283 (1 salad)	5	374.97	11.20	1.99	0.00	787.74	44.91	29.03
Broccoli Cheddar Soup - SPR1266 (6 oz.)	45	320.80	21.91	12.53	0.00	1085.91	9.51	21.42
Bruschetta Chicken Wrap - SPR1073 (1 ea.)	5	329.32	10.68	2.47	0.00	380.34	35.70	23.72
Garden Salad - SPR1176 (1 ea.)	5	422.75	27.27	8.48	0.00	1427.02	24.64	27.41
Ham & Cheese on Bulkie - SPR1234 (1 sandwich)	10	308.04	10.91	3.97	0.00	1054.61	28.98	24.21
Cheese Pizza - SPR1436 (1 slice)	8	384.86	18.78	11.63	0.00	783.78	34.94	19.39
Sausage Onion & Pepper Pizza - SPR1078 (1 slice)	5	436.77	23.14	11.82	0.14	941.29	36.96	20.58
Sunbutter & Jelly Sandwich - SPR1133 (1 sandwich)	2	619.59	34.84	4.11	0.00	546.27	56.14	20.37

Menu Calendar Nutrient Analysis Report - February, 2019

Site: Middle School
 Date: 02/01/2019 - 02/28/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Feb. 19 - Lunch 6 -8 Week 2 Day 4 Broccoli Cheddar Soup, Bread Bowl :17329 - ServingDate: 02/14/2019								
Bread Bowl - SPR1297 (1 ea.)	40	120.00	0.50	0.00	0.00	240.00	25.00	5.00
Dinner Roll for Entree Salad - SPR1429 (1 roll.)	10	200.88	3.54	0.00	0.00	165.43	34.27	8.27
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	50	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	50	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Cucumber Coins - SPR1339 (1/2 c.)	65	9.53	0.00	0.00	0.00	1.27	1.91	0.64
Side Salad - SPR1399 (1 c.)	65	18.89	0.17	0.03	0.00	31.03	3.90	1.18
Grape Tomatoes - SPR1025 (1/2 c.)	65	13.41	0.15	0.02	0.00	3.73	2.90	0.66
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	65	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	10	118.34	2.69	1.61	0.00	139.86	13.99	8.61
Asian Dressing - SPR1489 (1 oz.)	5	6.20	0.00	0.00	0.00	2242.49	0.77	0.76
BBQ Sauce - SPR1434 (1 tbsp.)	5	15.00	0.00	0.00	0.00	235.00	3.50	0.00
Caesar Dressing - SPR1491 (2 tbsp.)	5	110.00	12.00	2.00	0.00	220.00	1.00	1.00
Honey Mustard Dressing, Condiment - SPR1194 (1 oz.)	5	160.65	16.07	2.84	0.00	127.58	4.72	0.00
Hot Sauce, Condiment - SPR1193 (1 tbsp.)	5	0.00	0.00	0.00	0.00	300.00	0.00	0.00
Italian Dressing - SPR1275 (1 tbsp.)	5	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SPR1271 (1 pump)	5	30.00	0.00	0.00	0.00	0.00	8.00	0.00
Mayonnaise Pump - SPR1435 (1 pump)	5	43.68	3.06	0.44	0.00	117.95	3.50	0.00

Menu Calendar Nutrient Analysis Report - February, 2019

Site: Middle School
 Date: 02/01/2019 - 02/28/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Feb. 19 - Lunch 6 -8 Week 2 Day 4 Broccoli Cheddar Soup, Bread Bowl :17329 - ServingDate: 02/14/2019								
Yellow Mustard - SPR1273 (1 pump)	5	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Ranch Dressing - SPR1272 (1 tbsp.)	5	25.00	1.75	0.25	0.00	185.00	2.50	0.00
SPS Feb. 19 - Lunch 6 -8 Week 2 Day 5 Mexican Chicken Baked Potato, Pasta Salad :17329 - ServingDate: 02/15/2019								
Asian Chicken Salad - SPR1283 (1 salad)	5	374.97	11.20	1.99	0.00	787.74	44.91	29.03
Bruschetta Chicken Wrap - SPR1073 (1 ea.)	5	329.32	10.68	2.47	0.00	380.34	35.70	23.72
Cheeseburger - SPR1131 (1 burger)	10	382.00	18.50	7.50	1.00	333.00	28.00	24.50
Garden Salad - SPR1176 (1 ea.)	5	422.75	27.27	8.48	0.00	1427.02	24.64	27.41
Ham & Cheese on Bulkie - SPR1234 (1 sandwich)	5	308.04	10.91	3.97	0.00	1054.61	28.98	24.21
Mexican Chicken Baked Potato - SPR1268 (1 ea.)	45	391.71	17.20	7.18	0.04	441.26	32.17	26.09
Cheese Pizza - SPR1436 (1 slice)	8	384.86	18.78	11.63	0.00	783.78	34.94	19.39
Pepperoni Banana Pepper Pizza - SPR1075 (1 slice)	10	417.66	21.69	12.72	0.00	1354.35	35.06	20.72
Sunbutter & Jelly Sandwich - SPR1133 (1 sandwich)	2	619.59	34.84	4.11	0.00	546.27	56.14	20.37
Dinner Roll for Entree Salad - SPR1429 (1 roll.)	10	200.88	3.54	0.00	0.00	165.43	34.27	8.27
Mexican Pasta Salad - SPR1299 (1 c.)	40	83.58	3.08	0.19	0.00	14.10	12.74	2.37
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	50	62.91	0.09	0.01	0.00	2.61	16.30	0.40

Menu Calendar Nutrient Analysis Report - February, 2019

Site: Middle School
 Date: 02/01/2019 - 02/28/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Feb. 19 - Lunch 6 -8 Week 2 Day 5 Mexican Chicken Baked Potato, Pasta Salad :17329 - ServingDate: 02/15/2019								
Fresh Fruit Variety - SPR1164 (1/2 c.)	50	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Cucumber Coins - SPR1339 (1/2 c.)	65	9.53	0.00	0.00	0.00	1.27	1.91	0.64
Side Salad - SPR1399 (1 c.)	65	18.89	0.17	0.03	0.00	31.03	3.90	1.18
Grape Tomatoes - SPR1025 (1/2 c.)	65	13.41	0.15	0.02	0.00	3.73	2.90	0.66
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	65	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	10	118.34	2.69	1.61	0.00	139.86	13.99	8.61
Asian Dressing - SPR1489 (1 oz.)	5	6.20	0.00	0.00	0.00	2242.49	0.77	0.76
BBQ Sauce - SPR1434 (1 tbsp.)	5	15.00	0.00	0.00	0.00	235.00	3.50	0.00
Caesar Dressing - SPR1491 (2 tbsp.)	5	110.00	12.00	2.00	0.00	220.00	1.00	1.00
Honey Mustard Dressing, Condiment - SPR1194 (1 oz.)	5	160.65	16.07	2.84	0.00	127.58	4.72	0.00
Hot Sauce, Condiment - SPR1193 (1 tbsp.)	5	0.00	0.00	0.00	0.00	300.00	0.00	0.00
Italian Dressing - SPR1275 (1 tbsp.)	5	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SPR1271 (1 pump)	5	30.00	0.00	0.00	0.00	0.00	8.00	0.00
Mayonnaise Pump - SPR1435 (1 pump)	5	43.68	3.06	0.44	0.00	117.95	3.50	0.00
Yellow Mustard - SPR1273 (1 pump)	5	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Ranch Dressing - SPR1272 (1 tbsp.)	5	25.00	1.75	0.25	0.00	185.00	2.50	0.00

Menu Calendar Nutrient Analysis Report - February, 2019

Site: Middle School
 Date: 02/01/2019 - 02/28/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Feb. 19 - Lunch 6 -8 Week 3 Day 1 Fish Sandwich :17329 - ServingDate: 02/25/2019								
Buffalo Chicken Wrap - SPR1440 (1 wrap)	5	416.37	13.75	4.34	0.00	685.74	30.68	41.86
Cheeseburger - SPR1131 (1 burger)	10	382.00	18.50	7.50	1.00	333.00	28.00	24.50
Fish Sandwich - SPR1256 (1 sandwich)	25	350.00	9.00	1.00	0.00	510.00	44.00	22.00
Garden Salad - SPR1176 (1 ea.)	5	422.75	27.27	8.48	0.00	1427.02	24.64	27.41
General Tso Chicken Sandwich - SPR1086 (1 ea.)	5	469.23	13.00	2.50	0.00	1160.30	61.68	23.00
Grilled Chicken Caesar Salad - SPR1310 (1 salad)	5	301.18	10.84	2.45	0.00	856.92	26.00	28.45
Cheese Pizza - SPR1436 (1 slice)	10	384.86	18.78	11.63	0.00	783.78	34.94	19.39
Pepperoni Pizza - SPR1438 (1 slice)	15	417.66	21.69	12.72	0.00	894.35	35.06	20.72
Sunbutter & Jelly Sandwich - SPR1133 (1 sandwich)	5	619.59	34.84	4.11	0.00	546.27	56.14	20.37
Tuna Sandwich - SPR1174 (1/2 c.)	10	283.94	3.34	0.17	0.00	739.74	28.78	35.19
Dinner Roll for Entree Salad - SPR1429 (1 roll.)	10	200.88	3.54	0.00	0.00	165.43	34.27	8.27
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	50	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	50	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Mashed Sweet Potatoes - SPR1243 (1/2 c.)	65	112.82	1.87	0.79	0.00	313.44	22.52	1.40
Side Salad - SPR1399 (1 c.)	40	18.89	0.17	0.03	0.00	31.03	3.90	1.18
Zucchini Coins - SPR1017 (1/2 c.)	50	9.61	0.00	0.00	0.00	4.52	1.70	0.56
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	65	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00

Menu Calendar Nutrient Analysis Report - February, 2019

Site: Middle School
 Date: 02/01/2019 - 02/28/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Feb. 19 - Lunch 6 -8 Week 3 Day 1 Fish Sandwich :17329 - ServingDate: 02/25/2019								
Lowfat White Milk - SPR1375 (1 Half Pint)	15	118.34	2.69	1.61	0.00	139.86	13.99	8.61
BBQ Sauce - SPR1434 (1 tbsp.)	5	15.00	0.00	0.00	0.00	235.00	3.50	0.00
Caesar Dressing - SPR1491 (2 tbsp.)	5	110.00	12.00	2.00	0.00	220.00	1.00	1.00
Honey Mustard Dressing, Condiment - SPR1194 (1 oz.)	5	160.65	16.07	2.84	0.00	127.58	4.72	0.00
Hot Sauce, Condiment - SPR1193 (1 tbsp.)	5	0.00	0.00	0.00	0.00	300.00	0.00	0.00
Italian Dressing - SPR1275 (1 tbsp.)	5	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SPR1271 (1 pump)	5	30.00	0.00	0.00	0.00	0.00	8.00	0.00
Mayonnaise Pump - SPR1435 (1 pump)	5	43.68	3.06	0.44	0.00	117.95	3.50	0.00
Yellow Mustard - SPR1273 (1 pump)	5	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Ranch Dressing - SPR1272 (1 tbsp.)	5	25.00	1.75	0.25	0.00	185.00	2.50	0.00
SPS Feb. 19 - Lunch 6 -8 Week 3 Day 2 Macaroni & Cheese, Roll :17329 - ServingDate: 02/26/2019								
Buffalo Chicken Wrap - SPR1440 (1 wrap)	5	416.37	13.75	4.34	0.00	685.74	30.68	41.86
Chicken Patty Sandwich - SPR1002 (1 sandwich)	5	430.00	17.00	2.50	0.00	680.00	44.00	23.00
Cowboy Burger - SPR1090 (1 ea.)	5	413.38	19.57	7.63	1.00	630.36	33.27	25.14
Garden Salad - SPR1176 (1 ea.)	5	422.75	27.27	8.48	0.00	1427.02	24.64	27.41
Grilled Chicken Caesar Salad - SPR1310 (1 salad)	5	301.18	10.84	2.45	0.00	856.92	26.00	28.45
Macaroni & Cheese - SPR1159 (1 c.)	45	314.51	10.42	5.14	0.00	459.87	42.87	15.12
Cheese Pizza - SPR1436 (1 slice)	5	384.86	18.78	11.63	0.00	783.78	34.94	19.39

Menu Calendar Nutrient Analysis Report - February, 2019

Site: Middle School
 Date: 02/01/2019 - 02/28/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Feb. 19 - Lunch 6 -8 Week 3 Day 2 Macaroni & Cheese, Roll :17329 - ServingDate: 02/26/2019								
Meatball Pizza - SPR1092 (1 slice)	5	329.86	13.94	7.29	0.00	653.78	35.10	16.22
Pepperoni Pizza - SPR1438 (1 slice)	5	417.66	21.69	12.72	0.00	894.35	35.06	20.72
Sunbutter & Jelly Sandwich - SPR1133 (1 sandwich)	5	619.59	34.84	4.11	0.00	546.27	56.14	20.37
Tuna Sandwich - SPR1174 (1/2 c.)	5	283.94	3.34	0.17	0.00	739.74	28.78	35.19
Dinner Roll - SPR1219 (1 ea.)	40	90.00	1.00	0.00	0.00	210.00	16.00	3.00
Dinner Roll for Entree Salad - SPR1429 (1 roll.)	10	200.88	3.54	0.00	0.00	165.43	34.27	8.27
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	50	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	50	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Baby Carrots - SPR1340 (1/2 c.)	65	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Side Salad - SPR1399 (1 c.)	65	18.89	0.17	0.03	0.00	31.03	3.90	1.18
Roasted Zucchini - SPR1400 (1/2 c.)	65	29.54	1.87	0.14	0.00	84.70	2.42	0.78
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	65	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	10	118.34	2.69	1.61	0.00	139.86	13.99	8.61
BBQ Sauce - SPR1434 (1 tbsp.)	5	15.00	0.00	0.00	0.00	235.00	3.50	0.00
Caesar Dressing - SPR1491 (2 tbsp.)	5	110.00	12.00	2.00	0.00	220.00	1.00	1.00
Honey Mustard Dressing, Condiment - SPR1194 (1 oz.)	5	160.65	16.07	2.84	0.00	127.58	4.72	0.00
Hot Sauce, Condiment - SPR1193 (1 tbsp.)	5	0.00	0.00	0.00	0.00	300.00	0.00	0.00

Menu Calendar Nutrient Analysis Report - February, 2019

Site: Middle School
 Date: 02/01/2019 - 02/28/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Feb. 19 - Lunch 6 -8 Week 3 Day 2 Macaroni & Cheese, Roll :17329 - ServingDate: 02/26/2019								
Italian Dressing - SPR1275 (1 tbsp.)	5	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SPR1271 (1 pump)	5	30.00	0.00	0.00	0.00	0.00	8.00	0.00
Mayonnaise Pump - SPR1435 (1 pump)	5	43.68	3.06	0.44	0.00	117.95	3.50	0.00
Yellow Mustard - SPR1273 (1 pump)	5	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Ranch Dressing - SPR1272 (1 tbsp.)	5	25.00	1.75	0.25	0.00	185.00	2.50	0.00
SPS Feb. 19 - Lunch 6 -8 Week 3 Day 3 Chicken Nuggets, Roll :17329 - ServingDate: 02/27/2019								
Buffalo Chicken Wrap - SPR1440 (1 wrap)	3	416.37	13.75	4.34	0.00	685.74	30.68	41.86
Cheeseburger - SPR1131 (1 burger)	5	382.00	18.50	7.50	1.00	333.00	28.00	24.50
Garden Salad - SPR1176 (1 ea.)	5	422.75	27.27	8.48	0.00	1427.02	24.64	27.41
Grilled Chicken Caesar Salad - SPR1310 (1 salad)	5	301.18	10.84	2.45	0.00	856.92	26.00	28.45
Cheese Pizza - SPR1436 (1 slice)	5	384.86	18.78	11.63	0.00	783.78	34.94	19.39
Steak & Cheese Pizza - SPR1088 (1 slice)	5	401.34	20.80	11.83	0.00	1155.37	33.50	19.65
Sunbutter & Jelly Sandwich - SPR1133 (1 sandwich)	2	619.59	34.84	4.11	0.00	546.27	56.14	20.37
Tuna Sandwich - SPR1174 (1/2 c.)	5	283.94	3.34	0.17	0.00	739.74	28.78	35.19
Chicken Nuggets - SPR1393 (5 piece)	60	240.00	12.00	2.50	0.00	430.00	16.00	16.00
Dinner Roll - SPR1219 (1 ea.)	55	90.00	1.00	0.00	0.00	210.00	16.00	3.00
Dinner Roll for Entree Salad - SPR1429 (1 roll.)	10	200.88	3.54	0.00	0.00	165.43	34.27	8.27

Menu Calendar Nutrient Analysis Report - February, 2019

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Feb. 19 - Lunch 6 -8 Week 3 Day 3 Chicken Nuggets, Roll :17329 - ServingDate: 02/27/2019								
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	50	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	50	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Baby Carrots - SPR1340 (1/2 c.)	50	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Mashed Potatoes - SPR1166 (1/2 c.)	45	113.42	1.53	1.02	0.00	120.70	21.66	2.09
Side Salad - SPR1399 (1 c.)	40	18.89	0.17	0.03	0.00	31.03	3.90	1.18
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	65	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	15	118.34	2.69	1.61	0.00	139.86	13.99	8.61
BBQ Sauce - SPR1434 (1 tbsp.)	5	15.00	0.00	0.00	0.00	235.00	3.50	0.00
Caesar Dressing - SPR1491 (2 tbsp.)	5	110.00	12.00	2.00	0.00	220.00	1.00	1.00
Honey Mustard Dressing, Condiment - SPR1194 (1 oz.)	5	160.65	16.07	2.84	0.00	127.58	4.72	0.00
Hot Sauce, Condiment - SPR1193 (1 tbsp.)	5	0.00	0.00	0.00	0.00	300.00	0.00	0.00
Italian Dressing - SPR1275 (1 tbsp.)	5	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SPR1271 (1 pump)	5	30.00	0.00	0.00	0.00	0.00	8.00	0.00
Mayonnaise Pump - SPR1435 (1 pump)	5	43.68	3.06	0.44	0.00	117.95	3.50	0.00
Yellow Mustard - SPR1273 (1 pump)	5	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Ranch Dressing - SPR1272 (1 tbsp.)	5	25.00	1.75	0.25	0.00	185.00	2.50	0.00

Menu Calendar Nutrient Analysis Report - February, 2019

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Feb. 19 - Lunch 6 -8 Week 3 Day 4 Steak & Cheese Sandwich :17329 - ServingDate: 02/28/2019								
Buffalo Chicken Wrap - SPR1440 (1 wrap)	5	416.37	13.75	4.34	0.00	685.74	30.68	41.86
Chicken Patty Sandwich - SPR1002 (1 sandwich)	5	430.00	17.00	2.50	0.00	680.00	44.00	23.00
Garden Salad - SPR1176 (1 ea.)	5	422.75	27.27	8.48	0.00	1427.02	24.64	27.41
Grilled Chicken Caesar Salad - SPR1310 (1 salad)	5	301.18	10.84	2.45	0.00	856.92	26.00	28.45
Jalapeno Bacon Burger - SPR1093 (1 ea.)	5	410.26	20.54	8.01	1.00	443.34	28.73	26.60
Bacon Bruschetta Pizza - SPR1218 (1 slice)	5	390.77	18.38	9.04	0.00	905.72	35.38	25.25
Cheese Pizza - SPR1436 (1 slice)	5	384.86	18.78	11.63	0.00	783.78	34.94	19.39
Pepperoni Pizza - SPR1438 (1 slice)	5	417.66	21.69	12.72	0.00	894.35	35.06	20.72
Steak & Cheese Sandwich - SPR1026 (1 sandwich)	45	385.00	21.50	9.50	0.00	525.00	29.50	17.00
Sunbutter & Jelly Sandwich - SPR1133 (1 sandwich)	5	619.59	34.84	4.11	0.00	546.27	56.14	20.37
Tuna Sandwich - SPR1174 (1/2 c.)	5	283.94	3.34	0.17	0.00	739.74	28.78	35.19
Dinner Roll for Entree Salad - SPR1429 (1 roll.)	10	200.88	3.54	0.00	0.00	165.43	34.27	8.27
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	50	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	50	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Steamed Carrot Coins - SPR1383 (1/2 c.)	65	31.91	0.00	0.00	0.00	101.59	6.38	0.91
Celery Sticks - SPR1338 (3 stick (4")	50	5.17	0.06	0.01	0.00	25.86	0.96	0.22
Roasted Peppers & Onions - SPR1180 (1/2 c.)	45	66.49	4.16	0.35	0.00	340.60	7.46	1.09

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Feb. 19 - Lunch 6 -8 Week 3 Day 4 Steak & Cheese Sandwich :17329 - ServingDate: 02/28/2019								
Side Salad - SPR1399 (1 c.)	60	18.89	0.17	0.03	0.00	31.03	3.90	1.18
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	65	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	15	118.34	2.69	1.61	0.00	139.86	13.99	8.61
BBQ Sauce - SPR1434 (1 tbsp.)	5	15.00	0.00	0.00	0.00	235.00	3.50	0.00
Caesar Dressing - SPR1491 (2 tbsp.)	5	110.00	12.00	2.00	0.00	220.00	1.00	1.00
Honey Mustard Dressing, Condiment - SPR1194 (1 oz.)	5	160.65	16.07	2.84	0.00	127.58	4.72	0.00
Hot Sauce, Condiment - SPR1193 (1 tbsp.)	5	0.00	0.00	0.00	0.00	300.00	0.00	0.00
Italian Dressing - SPR1275 (1 tbsp.)	5	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SPR1271 (1 pump)	5	30.00	0.00	0.00	0.00	0.00	8.00	0.00
Mayonnaise Pump - SPR1435 (1 pump)	5	43.68	3.06	0.44	0.00	117.95	3.50	0.00
Yellow Mustard - SPR1273 (1 pump)	5	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Ranch Dressing - SPR1272 (1 tbsp.)	5	25.00	1.75	0.25	0.00	185.00	2.50	0.00

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Lunch
 Site Group: Did You Know Café
 Menu Line: DYK-Traditions
 Serving Group: 6-8
 Nutrients Option: Expanded

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Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.