

Menu Calendar Nutrient Analysis Report - February, 2019

Generated on: 1/15/2019 9:49:29 AM by Erika Grover

Site: High School
Date: 02/01/2019 - 02/28/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Jan. 19 - Lunch 9 -12 Week 5 Day 5 Chicken Nuggets, Pasta Salad :16299 - ServingDate: 02/01/2019								
Cheese Pizza - SPR1436 (1 slice)	15	384.86	18.78	11.63	0.00	783.78	34.94	19.39
Pepperoni Banana Pepper Pizza - SPR1075 (1 slice)	10	417.66	21.69	12.72	0.00	1354.35	35.06	20.72
Pepperoni Pizza - SPR1438 (1 slice)	15	417.66	21.69	12.72	0.00	894.35	35.06	20.72
Chicken Nuggets - SPR1393 (5 piece)	60	240.00	12.00	2.50	0.00	430.00	16.00	16.00
Pasta Salad - SPR1018 (3/4 c.)	60	117.94	2.02	0.01	0.00	190.52	22.67	3.62
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	100	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	100	82.44	0.25	0.05	0.00	1.10	21.53	0.81
BBQ Cauliflower - SPR1039 (1/2 c.)	95	56.69	1.62	0.22	0.00	347.49	10.25	2.01
Baby Carrots - SPR1340 (1/2 c.)	95	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Side Salad - SPR1399 (1 c.)	100	18.89	0.17	0.03	0.00	31.03	3.90	1.18
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	80	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	5	118.34	2.69	1.61	0.00	139.86	13.99	8.61
BBQ Sauce - SPR1434 (1 tbsp.)	10	15.00	0.00	0.00	0.00	235.00	3.50	0.00
Caesar Dressing - SPR1491 (2 tbsp.)	10	110.00	12.00	2.00	0.00	220.00	1.00	1.00
Honey Mustard Dressing, Condiment - SPR1194 (1 oz.)	10	160.65	16.07	2.84	0.00	127.58	4.72	0.00
Hot Sauce, Condiment - SPR1193 (1 tbsp.)	10	0.00	0.00	0.00	0.00	300.00	0.00	0.00
Italian Dressing - SPR1275 (1 tbsp.)	15	7.50	0.00	0.00	0.00	140.00	1.50	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Jan. 19 - Lunch 9 -12 Week 5 Day 5 Chicken Nuggets, Pasta Salad :16299 - ServingDate: 02/01/2019								
Ketchup - SPR1271 (1 pump)	10	30.00	0.00	0.00	0.00	0.00	8.00	0.00
Mayonnaise Pump - SPR1435 (1 pump)	10	43.68	3.06	0.44	0.00	117.95	3.50	0.00
Yellow Mustard - SPR1273 (1 pump)	15	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Ranch Dressing - SPR1272 (1 tbsp.)	10	25.00	1.75	0.25	0.00	185.00	2.50	0.00
SPS Feb. 19 - Lunch 9 -12 Week 1 Day 1 Cheesy Italian Dunkers :17330 - ServingDate: 02/04/2019								
Cheesy Italian Dunker - SPR1209 (2 breadstick)	75	321.30	12.35	5.17	0.00	440.11	34.26	20.05
Buffalo Chicken Pizza - SPR1198 (1 slice)	15	366.34	15.57	7.34	0.00	977.55	35.81	21.35
Cheese Pizza - SPR1436 (1 slice)	5	384.86	18.78	11.63	0.00	783.78	34.94	19.39
Pepperoni Pizza - SPR1438 (1 slice)	5	417.66	21.69	12.72	0.00	894.35	35.06	20.72
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	100	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	100	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Baby Carrots - SPR1340 (1/2 c.)	85	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Celery Sticks - SPR1338 (3 stick (4"))	85	5.17	0.06	0.01	0.00	25.86	0.96	0.22
Marinara / Spaghetti Sauce - SPR1347 (1/2 c.)	75	61.95	0.50	0.09	0.01	477.11	12.40	2.07
Side Salad - SPR1399 (1 c.)	85	18.89	0.17	0.03	0.00	31.03	3.90	1.18
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	75	120.00	0.00	0.00	0.00	180.00	20.00	8.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Feb. 19 - Lunch 9 -12 Week 1 Day 1 Cheesy Italian Dunkers :17330 - ServingDate: 02/04/2019								
Nonfat White Milk - SPR1376 (1 Half Pint)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	10	118.34	2.69	1.61	0.00	139.86	13.99	8.61
BBQ Sauce - SPR1434 (1 tbsp.)	10	15.00	0.00	0.00	0.00	235.00	3.50	0.00
Caesar Dressing - SPR1491 (2 tbsp.)	5	110.00	12.00	2.00	0.00	220.00	1.00	1.00
Honey Mustard Dressing, Condiment - SPR1194 (1 oz.)	5	160.65	16.07	2.84	0.00	127.58	4.72	0.00
Hot Sauce, Condiment - SPR1193 (1 tbsp.)	15	0.00	0.00	0.00	0.00	300.00	0.00	0.00
Italian Dressing - SPR1275 (1 tbsp.)	15	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SPR1271 (1 pump)	15	30.00	0.00	0.00	0.00	0.00	8.00	0.00
Mayonnaise Pump - SPR1435 (1 pump)	15	43.68	3.06	0.44	0.00	117.95	3.50	0.00
Yellow Mustard - SPR1273 (1 pump)	15	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Ranch Dressing - SPR1272 (1 tbsp.)	5	25.00	1.75	0.25	0.00	185.00	2.50	0.00
SPS Feb. 19 - Lunch 9 -12 Week 1 Day 2 Meatball Sub :17330 - ServingDate: 02/05/2019								
Meatball Sub - SPR1130 (1 ea.)	50	362.22	12.83	3.33	0.00	715.87	39.28	22.07
BBQ Chicken Pizza - SPR1197 (1 slice)	20	367.84	12.95	6.97	0.00	874.20	40.87	21.46
Cheese Pizza - SPR1436 (1 slice)	20	384.86	18.78	11.63	0.00	783.78	34.94	19.39
Pepperoni Pizza - SPR1438 (1 slice)	5	417.66	21.69	12.72	0.00	894.35	35.06	20.72
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	95	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	95	82.44	0.25	0.05	0.00	1.10	21.53	0.81

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SPS Feb. 19 - Lunch 9 -12 Week 1 Day 2 Meatball Sub :17330 - ServingDate: 02/05/2019								
Steamed Broccoli - SPR1169 (1/2 c.)	85	16.86	0.01	0.01	0.00	249.76	3.37	1.03
Baby Carrots - SPR1340 (1/2 c.)	95	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Side Salad - SPR1399 (1 c.)	95	18.89	0.17	0.03	0.00	31.03	3.90	1.18
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	75	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	10	118.34	2.69	1.61	0.00	139.86	13.99	8.61
BBQ Sauce - SPR1434 (1 tbsp.)	10	15.00	0.00	0.00	0.00	235.00	3.50	0.00
Caesar Dressing - SPR1491 (2 tbsp.)	5	110.00	12.00	2.00	0.00	220.00	1.00	1.00
Honey Mustard Dressing, Condiment - SPR1194 (1 oz.)	10	160.65	16.07	2.84	0.00	127.58	4.72	0.00
Hot Sauce, Condiment - SPR1193 (1 tbsp.)	5	0.00	0.00	0.00	0.00	300.00	0.00	0.00
Italian Dressing - SPR1275 (1 tbsp.)	10	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SPR1271 (1 pump)	15	30.00	0.00	0.00	0.00	0.00	8.00	0.00
Mayonnaise Pump - SPR1435 (1 pump)	15	43.68	3.06	0.44	0.00	117.95	3.50	0.00
Yellow Mustard - SPR1273 (1 pump)	10	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Ranch Dressing - SPR1272 (1 tbsp.)	15	25.00	1.75	0.25	0.00	185.00	2.50	0.00
SPS Feb. 19 - Lunch 9 -12 Week 1 Day 3 Turkey & Gravy, Biscuit :17330 - ServingDate: 02/06/2019								
Cheese Pizza - SPR1436 (1 slice)	10	384.86	18.78	11.63	0.00	783.78	34.94	19.39
Hawaiian Pizza - SPR1437 (1 slice)	35	361.72	14.07	7.39	0.00	884.41	38.55	21.05

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SPS Feb. 19 - Lunch 9 -12 Week 1 Day 3 Turkey & Gravy, Biscuit :17330 - ServingDate: 02/06/2019								
Pepperoni Pizza - SPR1438 (1 slice)	10	417.66	21.69	12.72	0.00	894.35	35.06	20.72
Turkey W/ Gravy - SPR1167 (1 #10 scoop)	45	212.16	10.57	3.20	0.00	747.15	4.03	25.60
Biscuit - SPR1328 (1 biscuit)	35	200.00	9.00	7.00	0.00	410.00	27.00	4.00
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	100	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	100	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Celery Sticks - SPR1338 (3 stick (4")	95	5.17	0.06	0.01	0.00	25.86	0.96	0.22
Mashed Potatoes - SPR1166 (1/2 c.)	65	113.42	1.53	1.02	0.00	120.70	21.66	2.09
Side Salad - SPR1399 (1 c.)	95	18.89	0.17	0.03	0.00	31.03	3.90	1.18
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	75	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	5	118.34	2.69	1.61	0.00	139.86	13.99	8.61
BBQ Sauce - SPR1434 (1 tbsp.)	15	15.00	0.00	0.00	0.00	235.00	3.50	0.00
Caesar Dressing - SPR1491 (2 tbsp.)	5	110.00	12.00	2.00	0.00	220.00	1.00	1.00
Honey Mustard Dressing, Condiment - SPR1194 (1 oz.)	10	160.65	16.07	2.84	0.00	127.58	4.72	0.00
Hot Sauce, Condiment - SPR1193 (1 tbsp.)	5	0.00	0.00	0.00	0.00	300.00	0.00	0.00
Italian Dressing - SPR1275 (1 tbsp.)	10	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SPR1271 (1 pump)	10	30.00	0.00	0.00	0.00	0.00	8.00	0.00
Mayonnaise Pump - SPR1435 (1 pump)	15	43.68	3.06	0.44	0.00	117.95	3.50	0.00

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SPS Feb. 19 - Lunch 9 -12 Week 1 Day 3 Turkey & Gravy, Biscuit :17330 - ServingDate: 02/06/2019								
Yellow Mustard - SPR1273 (1 pump)	10	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Ranch Dressing - SPR1272 (1 tbsp.)	10	25.00	1.75	0.25	0.00	185.00	2.50	0.00
SPS Feb. 19 - Lunch 9 -12 Week 1 Day 4 Tomato Soup, Grilled Cheese :17330 - ServingDate: 02/07/2019								
Grilled Cheese - SPR1402 (1 sandwich)	35	340.00	20.00	10.00	0.00	1300.00	28.00	16.00
Bacon Chicken Pizza - SPR1091 (1 slice)	45	364.20	14.44	7.34	0.00	818.60	36.05	22.85
Cheese Pizza - SPR1436 (1 slice)	10	384.86	18.78	11.63	0.00	783.78	34.94	19.39
Pepperoni Pizza - SPR1438 (1 slice)	10	417.66	21.69	12.72	0.00	894.35	35.06	20.72
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	100	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	100	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Steamed Carrot Coins - SPR1383 (1/2 c.)	95	31.91	0.00	0.00	0.00	101.59	6.38	0.91
Celery Sticks - SPR1338 (3 stick (4")	90	5.17	0.06	0.01	0.00	25.86	0.96	0.22
Side Salad - SPR1399 (1 c.)	95	18.89	0.17	0.03	0.00	31.03	3.90	1.18
Tomato Soup - SPR1258 (3/4 c.)	35	61.19	0.00	0.00	0.00	281.36	13.06	1.47
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	75	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	5	118.34	2.69	1.61	0.00	139.86	13.99	8.61
BBQ Sauce - SPR1434 (1 tbsp.)	5	15.00	0.00	0.00	0.00	235.00	3.50	0.00

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SPS Feb. 19 - Lunch 9 -12 Week 1 Day 4 Tomato Soup, Grilled Cheese :17330 - ServingDate: 02/07/2019								
Caesar Dressing - SPR1491 (2 tbsp.)	5	110.00	12.00	2.00	0.00	220.00	1.00	1.00
Honey Mustard Dressing, Condiment - SPR1194 (1 oz.)	5	160.65	16.07	2.84	0.00	127.58	4.72	0.00
Hot Sauce, Condiment - SPR1193 (1 tbsp.)	10	0.00	0.00	0.00	0.00	300.00	0.00	0.00
Italian Dressing - SPR1275 (1 tbsp.)	10	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SPR1271 (1 pump)	10	30.00	0.00	0.00	0.00	0.00	8.00	0.00
Mayonnaise Pump - SPR1435 (1 pump)	10	43.68	3.06	0.44	0.00	117.95	3.50	0.00
Yellow Mustard - SPR1273 (1 pump)	10	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Ranch Dressing - SPR1272 (1 tbsp.)	10	25.00	1.75	0.25	0.00	185.00	2.50	0.00
SPS Feb. 19 - Lunch 9 -12 Week 1 Day 5 Southwest Chicken Casserole :17330 - ServingDate: 02/08/2019								
Cheese Pizza - SPR1436 (1 slice)	10	384.86	18.78	11.63	0.00	783.78	34.94	19.39
Pepperoni Pizza - SPR1438 (1 slice)	5	417.66	21.69	12.72	0.00	894.35	35.06	20.72
Veggie Pizza - SPR1200 (1 slice)	10	377.37	17.06	11.51	0.00	777.44	36.56	19.87
Southwest Chicken Casserole - SPR1210 (1 serving)	70	473.40	16.40	5.33	0.00	723.56	45.83	35.25
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	100	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	100	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Caesar Side Salad - SPR1139 (1/2 c.)	95	74.84	6.38	1.09	0.00	190.61	3.50	1.02
Side Salad - SPR1399 (1 c.)	100	18.89	0.17	0.03	0.00	31.03	3.90	1.18

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SPS Feb. 19 - Lunch 9 -12 Week 1 Day 5 Southwest Chicken Casserole :17330 - ServingDate: 02/08/2019								
White Bean Salad - SPR1221 (1/2 c.)	65	144.29	2.40	0.01	0.00	355.53	24.14	6.29
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	70	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	10	118.34	2.69	1.61	0.00	139.86	13.99	8.61
BBQ Sauce - SPR1434 (1 tbsp.)	5	15.00	0.00	0.00	0.00	235.00	3.50	0.00
Caesar Dressing - SPR1491 (2 tbsp.)	10	110.00	12.00	2.00	0.00	220.00	1.00	1.00
Honey Mustard Dressing, Condiment - SPR1194 (1 oz.)	5	160.65	16.07	2.84	0.00	127.58	4.72	0.00
Hot Sauce, Condiment - SPR1193 (1 tbsp.)	10	0.00	0.00	0.00	0.00	300.00	0.00	0.00
Italian Dressing - SPR1275 (1 tbsp.)	10	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SPR1271 (1 pump)	10	30.00	0.00	0.00	0.00	0.00	8.00	0.00
Mayonnaise Pump - SPR1435 (1 pump)	15	43.68	3.06	0.44	0.00	117.95	3.50	0.00
Yellow Mustard - SPR1273 (1 pump)	10	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Ranch Dressing - SPR1272 (1 tbsp.)	10	25.00	1.75	0.25	0.00	185.00	2.50	0.00
SPS Feb. 19 - Lunch 9 -12 Week 2 Day 1 Hot Dog, Potato Salad :17330 - ServingDate: 02/11/2019								
Hot Dog - SPR1149 (1 serving (1))	75	260.00	10.50	2.50	0.00	520.00	26.00	13.00
Cheese Pizza - SPR1436 (1 slice)	5	384.86	18.78	11.63	0.00	783.78	34.94	19.39
Mushroom Pizza - SPR1443 (1 slice)	15	386.56	18.82	11.63	0.00	775.00	35.14	19.72

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SPS Feb. 19 - Lunch 9 -12 Week 2 Day 1 Hot Dog, Potato Salad :17330 - ServingDate: 02/11/2019								
Pepperoni Pizza - SPR1438 (1 slice)	5	417.66	21.69	12.72	0.00	894.35	35.06	20.72
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	100	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	100	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Steamed Corn - SPR1379 (1/2 c.)	100	69.39	0.85	0.00	0.00	148.23	14.56	1.72
Side Salad - SPR1399 (1 c.)	100	18.89	0.17	0.03	0.00	31.03	3.90	1.18
Spinach Salad with Honey Mustard Dressing - SPR1010 (1 c.)	100	26.34	1.28	0.22	0.00	63.96	2.87	2.03
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	80	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	5	118.34	2.69	1.61	0.00	139.86	13.99	8.61
Asian Dressing - SPR1489 (1 oz.)	15	6.20	0.00	0.00	0.00	2242.49	0.77	0.76
BBQ Sauce - SPR1434 (1 tbsp.)	15	15.00	0.00	0.00	0.00	235.00	3.50	0.00
Caesar Dressing - SPR1491 (2 tbsp.)	10	110.00	12.00	2.00	0.00	220.00	1.00	1.00
Honey Mustard Dressing, Condiment - SPR1194 (1 oz.)	5	160.65	16.07	2.84	0.00	127.58	4.72	0.00
Hot Sauce, Condiment - SPR1193 (1 tbsp.)	10	0.00	0.00	0.00	0.00	300.00	0.00	0.00
Italian Dressing - SPR1275 (1 tbsp.)	5	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SPR1271 (1 pump)	10	30.00	0.00	0.00	0.00	0.00	8.00	0.00
Mayonnaise Pump - SPR1435 (1 pump)	5	43.68	3.06	0.44	0.00	117.95	3.50	0.00
Yellow Mustard - SPR1273 (1 pump)	15	0.00	0.00	0.00	0.00	180.00	0.00	0.00

Menu Calendar Nutrient Analysis Report - February, 2019

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Feb. 19 - Lunch 9 -12 Week 2 Day 1 Hot Dog, Potato Salad :17330 - ServingDate: 02/11/2019								
Ranch Dressing - SPR1272 (1 tbsp.)	10	25.00	1.75	0.25	0.00	185.00	2.50	0.00
SPS Feb. 19 - Lunch 9 -12 Week 2 Day 2 Chicken Pasta Alfredo, Roll :17330 - ServingDate: 02/12/2019								
Chicken Alfredo Macaroni - SPR1253 (1 c.)	75	241.25	8.33	3.55	0.34	614.99	27.90	14.65
Cheese Pizza - SPR1436 (1 slice)	5	384.86	18.78	11.63	0.00	783.78	34.94	19.39
Chicken Cordon Bleu Pizza - SPR1083 (1 slice)	5	368.61	15.24	7.99	0.12	796.78	34.42	23.52
Pepperoni Pizza - SPR1438 (1 slice)	15	417.66	21.69	12.72	0.00	894.35	35.06	20.72
Dinner Roll - SPR1219 (1 ea.)	75	90.00	1.00	0.00	0.00	210.00	16.00	3.00
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	100	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	100	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Side Salad - SPR1399 (1 c.)	100	18.89	0.17	0.03	0.00	31.03	3.90	1.18
Spinach Salad with Honey Mustard Dressing - SPR1010 (1 c.)	95	26.34	1.28	0.22	0.00	63.96	2.87	2.03
Grape Tomatoes - SPR1025 (1/2 c.)	100	13.41	0.15	0.02	0.00	3.73	2.90	0.66
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	80	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	5	118.34	2.69	1.61	0.00	139.86	13.99	8.61

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Feb. 19 - Lunch 9 -12 Week 2 Day 2 Chicken Pasta Alfredo, Roll :17330 - ServingDate: 02/12/2019								
Asian Dressing - SPR1489 (1 oz.)	10	6.20	0.00	0.00	0.00	2242.49	0.77	0.76
BBQ Sauce - SPR1434 (1 tbsp.)	10	15.00	0.00	0.00	0.00	235.00	3.50	0.00
Caesar Dressing - SPR1491 (2 tbsp.)	10	110.00	12.00	2.00	0.00	220.00	1.00	1.00
Honey Mustard Dressing, Condiment - SPR1194 (1 oz.)	5	160.65	16.07	2.84	0.00	127.58	4.72	0.00
Hot Sauce, Condiment - SPR1193 (1 tbsp.)	15	0.00	0.00	0.00	0.00	300.00	0.00	0.00
Italian Dressing - SPR1275 (1 tbsp.)	5	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SPR1271 (1 pump)	10	30.00	0.00	0.00	0.00	0.00	8.00	0.00
Mayonnaise Pump - SPR1435 (1 pump)	10	43.68	3.06	0.44	0.00	117.95	3.50	0.00
Yellow Mustard - SPR1273 (1 pump)	15	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Ranch Dressing - SPR1272 (1 tbsp.)	10	25.00	1.75	0.25	0.00	185.00	2.50	0.00
SPS Feb. 19 - Lunch 9 -12 Week 2 Day 3 Chef's Choice :17330 - ServingDate: 02/13/2019								
Double Turkey Taco - SPR1513 (2 tacos)	80	436.39	21.79	6.74	0.00	714.10	32.53	26.42
Cheese Pizza - SPR1436 (1 slice)	10	384.86	18.78	11.63	0.00	783.78	34.94	19.39
Chicken Club Pizza - SPR1081 (1 slice)	5	467.77	26.06	9.35	0.00	703.21	36.88	22.67
Pepperoni Pizza - SPR1438 (1 slice)	5	417.66	21.69	12.72	0.00	894.35	35.06	20.72
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	100	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	100	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Black Bean Salad - SPR1036 (1/2 c.)	85	144.98	2.49	0.18	0.00	229.64	23.79	7.33

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Feb. 19 - Lunch 9 -12 Week 2 Day 3 Chef's Choice :17330 - ServingDate: 02/13/2019								
Cilantro Lime Cole Slaw - SPR1427 (1/2 c.)	90	52.65	3.24	0.41	0.00	112.39	5.69	0.45
Shredded Lettuce - SPR1362 (1/4 cup shredd)	85	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Salsa - SPR1103 (2 oz.)	85	17.72	0.00	0.00	0.00	62.02	4.43	0.00
Side Salad - SPR1399 (1 c.)	95	18.89	0.17	0.03	0.00	31.03	3.90	1.18
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	80	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	5	118.34	2.69	1.61	0.00	139.86	13.99	8.61
Asian Dressing - SPR1489 (1 oz.)	5	6.20	0.00	0.00	0.00	2242.49	0.77	0.76
BBQ Sauce - SPR1434 (1 tbsp.)	10	15.00	0.00	0.00	0.00	235.00	3.50	0.00
Caesar Dressing - SPR1491 (2 tbsp.)	5	110.00	12.00	2.00	0.00	220.00	1.00	1.00
Honey Mustard Dressing, Condiment - SPR1194 (1 oz.)	5	160.65	16.07	2.84	0.00	127.58	4.72	0.00
Hot Sauce, Condiment - SPR1193 (1 tbsp.)	5	0.00	0.00	0.00	0.00	300.00	0.00	0.00
Italian Dressing - SPR1275 (1 tbsp.)	5	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SPR1271 (1 pump)	10	30.00	0.00	0.00	0.00	0.00	8.00	0.00
Mayonnaise Pump - SPR1435 (1 pump)	10	43.68	3.06	0.44	0.00	117.95	3.50	0.00
Yellow Mustard - SPR1273 (1 pump)	5	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Ranch Dressing - SPR1272 (1 tbsp.)	10	25.00	1.75	0.25	0.00	185.00	2.50	0.00

Menu Calendar Nutrient Analysis Report - February, 2019

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Feb. 19 - Lunch 9 -12 Week 2 Day 4 Broccoli Cheddar Soup, Bread Bowl :17330 - ServingDate: 02/14/2019								
Broccoli Cheddar Soup - SPR1266 (6 oz.)	35	320.80	21.91	12.53	0.00	1085.91	9.51	21.42
Cheese Pizza - SPR1436 (1 slice)	30	384.86	18.78	11.63	0.00	783.78	34.94	19.39
Pepperoni Pizza - SPR1438 (1 slice)	5	417.66	21.69	12.72	0.00	894.35	35.06	20.72
Sausage Onion & Pepper Pizza - SPR1078 (1 slice)	20	436.77	23.14	11.82	0.14	941.29	36.96	20.58
Bread Bowl - SPR1297 (1 ea.)	35	120.00	0.50	0.00	0.00	240.00	25.00	5.00
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	100	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	100	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Cucumber Coins - SPR1339 (1/2 c.)	100	9.53	0.00	0.00	0.00	1.27	1.91	0.64
Side Salad - SPR1399 (1 c.)	100	18.89	0.17	0.03	0.00	31.03	3.90	1.18
Grape Tomatoes - SPR1025 (1/2 c.)	100	13.41	0.15	0.02	0.00	3.73	2.90	0.66
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	80	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	5	118.34	2.69	1.61	0.00	139.86	13.99	8.61
Asian Dressing - SPR1489 (1 oz.)	10	6.20	0.00	0.00	0.00	2242.49	0.77	0.76
BBQ Sauce - SPR1434 (1 tbsp.)	10	15.00	0.00	0.00	0.00	235.00	3.50	0.00
Caesar Dressing - SPR1491 (2 tbsp.)	5	110.00	12.00	2.00	0.00	220.00	1.00	1.00
Honey Mustard Dressing, Condiment - SPR1194 (1 oz.)	5	160.65	16.07	2.84	0.00	127.58	4.72	0.00
Hot Sauce, Condiment - SPR1193 (1 tbsp.)	15	0.00	0.00	0.00	0.00	300.00	0.00	0.00

Menu Calendar Nutrient Analysis Report - February, 2019

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Feb. 19 - Lunch 9 -12 Week 2 Day 4 Broccoli Cheddar Soup, Bread Bowl :17330 - ServingDate: 02/14/2019								
Italian Dressing - SPR1275 (1 tbsp.)	5	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SPR1271 (1 pump)	10	30.00	0.00	0.00	0.00	0.00	8.00	0.00
Mayonnaise Pump - SPR1435 (1 pump)	15	43.68	3.06	0.44	0.00	117.95	3.50	0.00
Yellow Mustard - SPR1273 (1 pump)	5	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Ranch Dressing - SPR1272 (1 tbsp.)	10	25.00	1.75	0.25	0.00	185.00	2.50	0.00
SPS Feb. 19 - Lunch 9 -12 Week 2 Day 5 Mexican Chicken Baked Potato, Pasta Salad :17330 - ServingDate: 02/15/2019								
Mexican Chicken Baked Potato - SPR1268 (1 ea.)	65	391.71	17.20	7.18	0.04	441.26	32.17	26.09
Cheese Pizza - SPR1436 (1 slice)	10	384.86	18.78	11.63	0.00	783.78	34.94	19.39
Pepperoni Banana Pepper Pizza - SPR1075 (1 slice)	10	417.66	21.69	12.72	0.00	1354.35	35.06	20.72
Pepperoni Pizza - SPR1438 (1 slice)	10	417.66	21.69	12.72	0.00	894.35	35.06	20.72
Mexican Pasta Salad - SPR1299 (1 c.)	50	83.58	3.08	0.19	0.00	14.10	12.74	2.37
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	100	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	100	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Cucumber Coins - SPR1339 (1/2 c.)	95	9.53	0.00	0.00	0.00	1.27	1.91	0.64
Side Salad - SPR1399 (1 c.)	100	18.89	0.17	0.03	0.00	31.03	3.90	1.18
Grape Tomatoes - SPR1025 (1/2 c.)	95	13.41	0.15	0.02	0.00	3.73	2.90	0.66

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Feb. 19 - Lunch 9 -12 Week 2 Day 5 Mexican Chicken Baked Potato, Pasta Salad :17330 - ServingDate: 02/15/2019								
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	80	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	5	118.34	2.69	1.61	0.00	139.86	13.99	8.61
Asian Dressing - SPR1489 (1 oz.)	10	6.20	0.00	0.00	0.00	2242.49	0.77	0.76
BBQ Sauce - SPR1434 (1 tbsp.)	10	15.00	0.00	0.00	0.00	235.00	3.50	0.00
Caesar Dressing - SPR1491 (2 tbsp.)	5	110.00	12.00	2.00	0.00	220.00	1.00	1.00
Honey Mustard Dressing, Condiment - SPR1194 (1 oz.)	5	160.65	16.07	2.84	0.00	127.58	4.72	0.00
Hot Sauce, Condiment - SPR1193 (1 tbsp.)	5	0.00	0.00	0.00	0.00	300.00	0.00	0.00
Italian Dressing - SPR1275 (1 tbsp.)	5	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SPR1271 (1 pump)	10	30.00	0.00	0.00	0.00	0.00	8.00	0.00
Mayonnaise Pump - SPR1435 (1 pump)	15	43.68	3.06	0.44	0.00	117.95	3.50	0.00
Yellow Mustard - SPR1273 (1 pump)	5	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Ranch Dressing - SPR1272 (1 tbsp.)	10	25.00	1.75	0.25	0.00	185.00	2.50	0.00
SPS Feb. 19 - Lunch 9 -12 Week 3 Day 1 Fish Sandwich :17330 - ServingDate: 02/25/2019								
Fish Sandwich - SPR1256 (1 sandwich)	65	350.00	9.00	1.00	0.00	510.00	44.00	22.00
Cheese Pizza - SPR1436 (1 slice)	20	384.86	18.78	11.63	0.00	783.78	34.94	19.39
Pepperoni Pizza - SPR1438 (1 slice)	10	417.66	21.69	12.72	0.00	894.35	35.06	20.72

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Feb. 19 - Lunch 9 -12 Week 3 Day 1 Fish Sandwich :17330 - ServingDate: 02/25/2019								
Supreme Pizza - SPR1444 (1 slice)	5	443.19	22.16	12.70	0.00	1014.37	37.46	24.59
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	100	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	100	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Mashed Sweet Potatoes - SPR1243 (1/2 c.)	95	112.82	1.87	0.79	0.00	313.44	22.52	1.40
Side Salad - SPR1399 (1 c.)	95	18.89	0.17	0.03	0.00	31.03	3.90	1.18
Zucchini Coins - SPR1017 (1/2 c.)	95	9.61	0.00	0.00	0.00	4.52	1.70	0.56
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	80	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	5	118.34	2.69	1.61	0.00	139.86	13.99	8.61
BBQ Sauce - SPR1434 (1 tbsp.)	15	15.00	0.00	0.00	0.00	235.00	3.50	0.00
Caesar Dressing - SPR1491 (2 tbsp.)	5	110.00	12.00	2.00	0.00	220.00	1.00	1.00
Honey Mustard Dressing, Condiment - SPR1194 (1 oz.)	5	160.65	16.07	2.84	0.00	127.58	4.72	0.00
Hot Sauce, Condiment - SPR1193 (1 tbsp.)	10	0.00	0.00	0.00	0.00	300.00	0.00	0.00
Italian Dressing - SPR1275 (1 tbsp.)	10	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SPR1271 (1 pump)	10	30.00	0.00	0.00	0.00	0.00	8.00	0.00
Mayonnaise Pump - SPR1435 (1 pump)	15	43.68	3.06	0.44	0.00	117.95	3.50	0.00
Yellow Mustard - SPR1273 (1 pump)	10	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Ranch Dressing - SPR1272 (1 tbsp.)	10	25.00	1.75	0.25	0.00	185.00	2.50	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Feb. 19 - Lunch 9 -12 Week 3 Day 2 Macaroni & Cheese, Roll :17330 - ServingDate: 02/26/2019								
Macaroni & Cheese - SPR1159 (1 c.)	65	314.51	10.42	5.14	0.00	459.87	42.87	15.12
Cheese Pizza - SPR1436 (1 slice)	15	384.86	18.78	11.63	0.00	783.78	34.94	19.39
Meatball Pizza - SPR1092 (1 slice)	5	329.86	13.94	7.29	0.00	653.78	35.10	16.22
Pepperoni Pizza - SPR1438 (1 slice)	15	417.66	21.69	12.72	0.00	894.35	35.06	20.72
Dinner Roll - SPR1219 (1 ea.)	65	90.00	1.00	0.00	0.00	210.00	16.00	3.00
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	100	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	100	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Baby Carrots - SPR1340 (1/2 c.)	100	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Side Salad - SPR1399 (1 c.)	100	18.89	0.17	0.03	0.00	31.03	3.90	1.18
Roasted Zucchini - SPR1400 (1/2 c.)	100	29.54	1.87	0.14	0.00	84.70	2.42	0.78
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	75	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	10	118.34	2.69	1.61	0.00	139.86	13.99	8.61
BBQ Sauce - SPR1434 (1 tbsp.)	15	15.00	0.00	0.00	0.00	235.00	3.50	0.00
Caesar Dressing - SPR1491 (2 tbsp.)	5	110.00	12.00	2.00	0.00	220.00	1.00	1.00
Honey Mustard Dressing, Condiment - SPR1194 (1 oz.)	5	160.65	16.07	2.84	0.00	127.58	4.72	0.00
Hot Sauce, Condiment - SPR1193 (1 tbsp.)	10	0.00	0.00	0.00	0.00	300.00	0.00	0.00
Italian Dressing - SPR1275 (1 tbsp.)	10	7.50	0.00	0.00	0.00	140.00	1.50	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Feb. 19 - Lunch 9 -12 Week 3 Day 2 Macaroni & Cheese, Roll :17330 - ServingDate: 02/26/2019								
Ketchup - SPR1271 (1 pump)	10	30.00	0.00	0.00	0.00	0.00	8.00	0.00
Mayonnaise Pump - SPR1435 (1 pump)	15	43.68	3.06	0.44	0.00	117.95	3.50	0.00
Yellow Mustard - SPR1273 (1 pump)	10	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Ranch Dressing - SPR1272 (1 tbsp.)	10	25.00	1.75	0.25	0.00	185.00	2.50	0.00
SPS Feb. 19 - Lunch 9 -12 Week 3 Day 3 Chicken Nuggets, Roll :17330 - ServingDate: 02/27/2019								
Cheese Pizza - SPR1436 (1 slice)	35	384.86	18.78	11.63	0.00	783.78	34.94	19.39
Pepperoni Pizza - SPR1438 (1 slice)	5	417.66	21.69	12.72	0.00	894.35	35.06	20.72
Steak & Cheese Pizza - SPR1088 (1 slice)	5	401.34	20.80	11.83	0.00	1155.37	33.50	19.65
Chicken Nuggets - SPR1393 (5 piece)	55	240.00	12.00	2.50	0.00	430.00	16.00	16.00
Dinner Roll - SPR1219 (1 ea.)	55	90.00	1.00	0.00	0.00	210.00	16.00	3.00
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	100	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	100	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Baby Carrots - SPR1340 (1/2 c.)	95	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Mashed Potatoes - SPR1166 (1/2 c.)	70	113.42	1.53	1.02	0.00	120.70	21.66	2.09
Side Salad - SPR1399 (1 c.)	100	18.89	0.17	0.03	0.00	31.03	3.90	1.18
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	75	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00

Menu Calendar Nutrient Analysis Report - February, 2019

Site: High School
 Date: 02/01/2019 - 02/28/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Feb. 19 - Lunch 9 -12 Week 3 Day 3 Chicken Nuggets, Roll :17330 - ServingDate: 02/27/2019								
Lowfat White Milk - SPR1375 (1 Half Pint)	5	118.34	2.69	1.61	0.00	139.86	13.99	8.61
BBQ Sauce - SPR1434 (1 tbsp.)	5	15.00	0.00	0.00	0.00	235.00	3.50	0.00
Caesar Dressing - SPR1491 (2 tbsp.)	5	110.00	12.00	2.00	0.00	220.00	1.00	1.00
Honey Mustard Dressing, Condiment - SPR1194 (1 oz.)	5	160.65	16.07	2.84	0.00	127.58	4.72	0.00
Hot Sauce, Condiment - SPR1193 (1 tbsp.)	10	0.00	0.00	0.00	0.00	300.00	0.00	0.00
Italian Dressing - SPR1275 (1 tbsp.)	10	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SPR1271 (1 pump)	10	30.00	0.00	0.00	0.00	0.00	8.00	0.00
Mayonnaise Pump - SPR1435 (1 pump)	15	43.68	3.06	0.44	0.00	117.95	3.50	0.00
Yellow Mustard - SPR1273 (1 pump)	10	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Ranch Dressing - SPR1272 (1 tbsp.)	10	25.00	1.75	0.25	0.00	185.00	2.50	0.00
SPS Feb. 19 - Lunch 9 -12 Week 3 Day 4 Steak & Cheese Sandwich :17330 - ServingDate: 02/28/2019								
Bacon Bruschetta Pizza - SPR1218 (1 slice)	5	390.77	18.38	9.04	0.00	905.72	35.38	25.25
Cheese Pizza - SPR1436 (1 slice)	20	384.86	18.78	11.63	0.00	783.78	34.94	19.39
Pepperoni Pizza - SPR1438 (1 slice)	10	417.66	21.69	12.72	0.00	894.35	35.06	20.72
Steak & Cheese Sandwich - SPR1026 (1 sandwich)	65	385.00	21.50	9.50	0.00	525.00	29.50	17.00
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	100	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	100	82.44	0.25	0.05	0.00	1.10	21.53	0.81

Menu Calendar Nutrient Analysis Report - February, 2019

Site: High School
 Date: 02/01/2019 - 02/28/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Feb. 19 - Lunch 9 -12 Week 3 Day 4 Steak & Cheese Sandwich :17330 - ServingDate: 02/28/2019								
Steamed Carrot Coins - SPR1383 (1/2 c.)	95	31.91	0.00	0.00	0.00	101.59	6.38	0.91
Celery Sticks - SPR1338 (3 stick (4")	95	5.17	0.06	0.01	0.00	25.86	0.96	0.22
Roasted Peppers & Onions - SPR1180 (1/2 c.)	65	66.49	4.16	0.35	0.00	340.60	7.46	1.09
Side Salad - SPR1399 (1 c.)	95	18.89	0.17	0.03	0.00	31.03	3.90	1.18
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	80	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	5	118.34	2.69	1.61	0.00	139.86	13.99	8.61
BBQ Sauce - SPR1434 (1 tbsp.)	15	15.00	0.00	0.00	0.00	235.00	3.50	0.00
Caesar Dressing - SPR1491 (2 tbsp.)	5	110.00	12.00	2.00	0.00	220.00	1.00	1.00
Honey Mustard Dressing, Condiment - SPR1194 (1 oz.)	5	160.65	16.07	2.84	0.00	127.58	4.72	0.00
Hot Sauce, Condiment - SPR1193 (1 tbsp.)	10	0.00	0.00	0.00	0.00	300.00	0.00	0.00
Italian Dressing - SPR1275 (1 tbsp.)	10	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SPR1271 (1 pump)	10	30.00	0.00	0.00	0.00	0.00	8.00	0.00
Mayonnaise Pump - SPR1435 (1 pump)	15	43.68	3.06	0.44	0.00	117.95	3.50	0.00
Yellow Mustard - SPR1273 (1 pump)	10	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Ranch Dressing - SPR1272 (1 tbsp.)	10	25.00	1.75	0.25	0.00	185.00	2.50	0.00

Legend
 (M) - Missing Nutrient Values

Menu Calendar Nutrient Analysis Report - February, 2019

Site: High School
Date: 02/01/2019 - 02/28/2019

Report Selections

Meal Type: Lunch
Site Group: CrossRoads Café
Menu Line: CRC-Creations
Serving Group: 9-12
Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.