

Menu Calendar Nutrient Analysis Report - February, 2019

Site: High School
 Date: 02/01/2019 - 02/28/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Winter 19 - Grill Station 9-12 Week 1 Day 1 Mini Corndogs :17342 - ServingDate: 02/04/2019								
Chicken Patty Breaded - SPR1460 (1 patty)	30	270.00	15.00	2.50	0.00	400.00	16.00	16.00
Corn Dog - SPR1439 (1 corn dog)	20	240.00	8.00	2.50	0.00	390.00	30.00	9.00
White American Cheese Slice - SPR1449 (1 slice)	85	50.00	4.50	2.50	0.00	0.00	0.00	2.50
Hamburger Patty - SPR1322 (1 patty)	30	220.00	18.00	7.00	0.00	90.00	1.00	12.00
Grilled Chicken - SPR1442 (1 ea.)	20	100.00	4.00	1.00	0.00	310.00	1.00	15.00
Hamburger Bun - SPR1462 (1 bun)	40	160.00	2.00	0.00	0.00	280.00	28.00	7.00
Mini Flat Bread - SPR1459 (2 ea.)	40	160.00	3.50	0.50	0.00	290.00	26.00	5.00
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	95	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	95	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Baby Carrots - SPR1340 (1/2 c.)	95	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Celery Sticks - SPR1338 (3 stick (4"))	65	5.17	0.06	0.01	0.00	25.86	0.96	0.22
Shredded Lettuce - SPR1362 (1/4 cup shredd)	95	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Pickle Slices - SPR1461 (1/4 c.)	50	0.00	0.00	0.00	0.00	207.76	0.00	0.00
Sliced Red Tomatoes - SPR1455 (2 1/2 slice)	85	6.75	0.08	0.01	0.00	1.88	1.46	0.33
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	75	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	10	118.34	2.69	1.61	0.00	139.86	13.99	8.61

Menu Calendar Nutrient Analysis Report - February, 2019

Site: High School
 Date: 02/01/2019 - 02/28/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Winter 19 - Grill Station 9-12 Week 1 Day 2 Mini Corndogs :17342 - ServingDate: 02/05/2019								
Chicken Patty Breaded - SPR1460 (1 patty)	25	270.00	15.00	2.50	0.00	400.00	16.00	16.00
Corn Dog - SPR1439 (1 corn dog)	25	240.00	8.00	2.50	0.00	390.00	30.00	9.00
White American Cheese Slice - SPR1449 (1 slice)	85	50.00	4.50	2.50	0.00	0.00	0.00	2.50
Hamburger Patty - SPR1322 (1 patty)	25	220.00	18.00	7.00	0.00	90.00	1.00	12.00
Grilled Chicken - SPR1442 (1 ea.)	25	100.00	4.00	1.00	0.00	310.00	1.00	15.00
Hamburger Bun - SPR1462 (1 bun)	40	160.00	2.00	0.00	0.00	280.00	28.00	7.00
Mini Flat Bread - SPR1459 (2 ea.)	35	160.00	3.50	0.50	0.00	290.00	26.00	5.00
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	95	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	95	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Steamed Broccoli - SPR1169 (1/2 c.)	85	16.86	0.01	0.01	0.00	249.76	3.37	1.03
Baby Carrots - SPR1340 (1/2 c.)	85	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Shredded Lettuce - SPR1362 (1/4 cup shredd)	85	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Pickle Slices - SPR1461 (1/4 c.)	75	0.00	0.00	0.00	0.00	207.76	0.00	0.00
Sliced Red Tomatoes - SPR1455 (2 1/2 slice)	85	6.75	0.08	0.01	0.00	1.88	1.46	0.33
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	75	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	10	118.34	2.69	1.61	0.00	139.86	13.99	8.61

Menu Calendar Nutrient Analysis Report - February, 2019

Site: High School
 Date: 02/01/2019 - 02/28/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Winter 19 - Grill Station 9-12 Week 1 Day 3 Mini Corndogs :17342 - ServingDate: 02/06/2019								
Chicken Patty Breaded - SPR1460 (1 patty)	25	270.00	15.00	2.50	0.00	400.00	16.00	16.00
Corn Dog - SPR1439 (1 corn dog)	25	240.00	8.00	2.50	0.00	390.00	30.00	9.00
White American Cheese Slice - SPR1449 (1 slice)	85	50.00	4.50	2.50	0.00	0.00	0.00	2.50
Hamburger Patty - SPR1322 (1 patty)	25	220.00	18.00	7.00	0.00	90.00	1.00	12.00
Grilled Chicken - SPR1442 (1 ea.)	25	100.00	4.00	1.00	0.00	310.00	1.00	15.00
Hamburger Bun - SPR1462 (1 bun)	40	160.00	2.00	0.00	0.00	280.00	28.00	7.00
Mini Flat Bread - SPR1459 (2 ea.)	35	160.00	3.50	0.50	0.00	290.00	26.00	5.00
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	95	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	95	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Celery Sticks - SPR1338 (3 stick (4")	95	5.17	0.06	0.01	0.00	25.86	0.96	0.22
Shredded Lettuce - SPR1362 (1/4 cup shreidd)	85	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Mashed Potatoes - SPR1166 (1/2 c.)	65	113.42	1.53	1.02	0.00	120.70	21.66	2.09
Pickle Slices - SPR1461 (1/4 c.)	65	0.00	0.00	0.00	0.00	207.76	0.00	0.00
Sliced Red Tomatoes - SPR1455 (2 1/2 slice)	85	6.75	0.08	0.01	0.00	1.88	1.46	0.33
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	75	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	10	118.34	2.69	1.61	0.00	139.86	13.99	8.61

Menu Calendar Nutrient Analysis Report - February, 2019

Site: High School
 Date: 02/01/2019 - 02/28/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Winter 19 - Grill Station 9-12 Week 1 Day 4 Mini Corndogs :17342 - ServingDate: 02/07/2019								
Chicken Patty Breaded - SPR1460 (1 patty)	25	270.00	15.00	2.50	0.00	400.00	16.00	16.00
Corn Dog - SPR1439 (1 corn dog)	25	240.00	8.00	2.50	0.00	390.00	30.00	9.00
White American Cheese Slice - SPR1449 (1 slice)	85	50.00	4.50	2.50	0.00	0.00	0.00	2.50
Hamburger Patty - SPR1322 (1 patty)	25	220.00	18.00	7.00	0.00	90.00	1.00	12.00
Grilled Chicken - SPR1442 (1 ea.)	25	100.00	4.00	1.00	0.00	310.00	1.00	15.00
Hamburger Bun - SPR1462 (1 bun)	40	160.00	2.00	0.00	0.00	280.00	28.00	7.00
Mini Flat Bread - SPR1459 (2 ea.)	35	160.00	3.50	0.50	0.00	290.00	26.00	5.00
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	95	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	95	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Steamed Carrot Coins - SPR1383 (1/2 c.)	85	31.91	0.00	0.00	0.00	101.59	6.38	0.91
Celery Sticks - SPR1338 (3 stick (4")	85	5.17	0.06	0.01	0.00	25.86	0.96	0.22
Shredded Lettuce - SPR1362 (1/4 cup shredd)	95	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Pickle Slices - SPR1461 (1/4 c.)	65	0.00	0.00	0.00	0.00	207.76	0.00	0.00
Sliced Red Tomatoes - SPR1455 (2 1/2 slice)	85	6.75	0.08	0.01	0.00	1.88	1.46	0.33
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	75	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	10	118.34	2.69	1.61	0.00	139.86	13.99	8.61

Menu Calendar Nutrient Analysis Report - February, 2019

Site: High School
 Date: 02/01/2019 - 02/28/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Winter 19 - Grill Station 9-12 Week 1 Day 5 Mini Corndogs :17342 - ServingDate: 02/08/2019								
Chicken Patty Breaded - SPR1460 (1 patty)	25	270.00	15.00	2.50	0.00	400.00	16.00	16.00
Corn Dog - SPR1439 (1 corn dog)	25	240.00	8.00	2.50	0.00	390.00	30.00	9.00
White American Cheese Slice - SPR1449 (1 slice)	85	50.00	4.50	2.50	0.00	0.00	0.00	2.50
Hamburger Patty - SPR1322 (1 patty)	25	220.00	18.00	7.00	0.00	90.00	1.00	12.00
Grilled Chicken - SPR1442 (1 ea.)	25	100.00	4.00	1.00	0.00	310.00	1.00	15.00
Hamburger Bun - SPR1462 (1 bun)	40	160.00	2.00	0.00	0.00	280.00	28.00	7.00
Mini Flat Bread - SPR1459 (2 ea.)	35	160.00	3.50	0.50	0.00	290.00	26.00	5.00
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	95	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	95	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Shredded Lettuce - SPR1362 (1/4 cup shredd)	95	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Pickle Slices - SPR1461 (1/4 c.)	65	0.00	0.00	0.00	0.00	207.76	0.00	0.00
Caesar Side Salad - SPR1139 (1/2 c.)	65	74.84	6.38	1.09	0.00	190.61	3.50	1.02
Sliced Red Tomatoes - SPR1455 (2 1/2 slice)	95	6.75	0.08	0.01	0.00	1.88	1.46	0.33
White Bean Salad - SPR1221 (1/2 c.)	45	144.29	2.40	0.01	0.00	355.53	24.14	6.29
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	75	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	10	118.34	2.69	1.61	0.00	139.86	13.99	8.61

Menu Calendar Nutrient Analysis Report - February, 2019

Site: High School
 Date: 02/01/2019 - 02/28/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Winter 19 - Grill Station 9-12 Week 2 Day 1 Dogs in a Blanket :17342 - ServingDate: 02/11/2019								
Chicken Patty Breaded - SPR1460 (1 patty)	30	270.00	15.00	2.50	0.00	400.00	16.00	16.00
Dogs in a Blanket - SPR1251 (1 serving (1))	20	315.49	13.78	4.13	0.00	610.03	32.06	15.01
White American Cheese Slice - SPR1449 (1 slice)	60	50.00	4.50	2.50	0.00	0.00	0.00	2.50
Hamburger Patty - SPR1322 (1 patty)	30	220.00	18.00	7.00	0.00	90.00	1.00	12.00
Grilled Chicken - SPR1442 (1 ea.)	20	100.00	4.00	1.00	0.00	310.00	1.00	15.00
Hamburger Bun - SPR1462 (1 bun)	60	160.00	2.00	0.00	0.00	280.00	28.00	7.00
Mini Flat Bread - SPR1459 (2 ea.)	40	160.00	3.50	0.50	0.00	290.00	26.00	5.00
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	75	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	75	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Steamed Corn - SPR1379 (1/2 c.)	85	69.39	0.85	0.00	0.00	148.23	14.56	1.72
Shredded Lettuce - SPR1362 (1/4 cup shredd)	95	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Pickle Slices - SPR1461 (1/4 c.)	50	0.00	0.00	0.00	0.00	207.76	0.00	0.00
Spinach Salad with Honey Mustard Dressing - SPR1010 (1 c.)	75	26.34	1.28	0.22	0.00	63.96	2.87	2.03
Sliced Red Tomatoes - SPR1455 (2 1/2 slice)	85	6.75	0.08	0.01	0.00	1.88	1.46	0.33
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	70	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	5	118.34	2.69	1.61	0.00	139.86	13.99	8.61

Menu Calendar Nutrient Analysis Report - February, 2019

Site: High School
 Date: 02/01/2019 - 02/28/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Winter 19 - Grill Station 9-12 Week 2 Day 2 Dogs in a Blanket :17342 - ServingDate: 02/12/2019								
Chicken Patty Breaded - SPR1460 (1 patty)	30	270.00	15.00	2.50	0.00	400.00	16.00	16.00
Dogs in a Blanket - SPR1251 (1 serving (1))	20	315.49	13.78	4.13	0.00	610.03	32.06	15.01
White American Cheese Slice - SPR1449 (1 slice)	75	50.00	4.50	2.50	0.00	0.00	0.00	2.50
Hamburger Patty - SPR1322 (1 patty)	30	220.00	18.00	7.00	0.00	90.00	1.00	12.00
Grilled Chicken - SPR1442 (1 ea.)	20	100.00	4.00	1.00	0.00	310.00	1.00	15.00
Hamburger Bun - SPR1462 (1 bun)	50	160.00	2.00	0.00	0.00	280.00	28.00	7.00
Mini Flat Bread - SPR1459 (2 ea.)	50	160.00	3.50	0.50	0.00	290.00	26.00	5.00
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	75	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	75	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Shredded Lettuce - SPR1362 (1/4 cup shredd)	85	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Pickle Slices - SPR1461 (1/4 c.)	50	0.00	0.00	0.00	0.00	207.76	0.00	0.00
Spinach Salad with Honey Mustard Dressing - SPR1010 (1 c.)	85	26.34	1.28	0.22	0.00	63.96	2.87	2.03
Sliced Red Tomatoes - SPR1455 (2 1/2 slice)	85	6.75	0.08	0.01	0.00	1.88	1.46	0.33
Grape Tomatoes - SPR1025 (1/2 c.)	95	13.41	0.15	0.02	0.00	3.73	2.90	0.66
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	70	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	5	118.34	2.69	1.61	0.00	139.86	13.99	8.61

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Winter 19 - Grill Station 9-12 Week 2 Day 3 Dogs in a Blanket :17342 - ServingDate: 02/13/2019								
Chicken Patty Breaded - SPR1460 (1 patty)	30	270.00	15.00	2.50	0.00	400.00	16.00	16.00
Dogs in a Blanket - SPR1251 (1 serving (1))	20	315.49	13.78	4.13	0.00	610.03	32.06	15.01
White American Cheese Slice - SPR1449 (1 slice)	75	50.00	4.50	2.50	0.00	0.00	0.00	2.50
Hamburger Patty - SPR1322 (1 patty)	30	220.00	18.00	7.00	0.00	90.00	1.00	12.00
Grilled Chicken - SPR1442 (1 ea.)	20	100.00	4.00	1.00	0.00	310.00	1.00	15.00
Hamburger Bun - SPR1462 (1 bun)	50	160.00	2.00	0.00	0.00	280.00	28.00	7.00
Mini Flat Bread - SPR1459 (2 ea.)	50	160.00	3.50	0.50	0.00	290.00	26.00	5.00
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	75	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	75	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Black Bean Salad - SPR1036 (1/2 c.)	55	144.98	2.49	0.18	0.00	229.64	23.79	7.33
Cilantro Lime Cole Slaw - SPR1427 (1/2 c.)	75	52.65	3.24	0.41	0.00	112.39	5.69	0.45
Shredded Lettuce - SPR1362 (1/4 cup shredd)	85	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Pickle Slices - SPR1461 (1/4 c.)	60	0.00	0.00	0.00	0.00	207.76	0.00	0.00
Sliced Red Tomatoes - SPR1455 (2 1/2 slice)	75	6.75	0.08	0.01	0.00	1.88	1.46	0.33
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	55	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	5	118.34	2.69	1.61	0.00	139.86	13.99	8.61

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Winter 19 - Grill Station 9-12 Week 2 Day 4 Dogs in a Blanket :17342 - ServingDate: 02/14/2019								
Chicken Patty Breaded - SPR1460 (1 patty)	30	270.00	15.00	2.50	0.00	400.00	16.00	16.00
Dogs in a Blanket - SPR1251 (1 serving (1))	20	315.49	13.78	4.13	0.00	610.03	32.06	15.01
White American Cheese Slice - SPR1449 (1 slice)	75	50.00	4.50	2.50	0.00	0.00	0.00	2.50
Hamburger Patty - SPR1322 (1 patty)	30	220.00	18.00	7.00	0.00	90.00	1.00	12.00
Grilled Chicken - SPR1442 (1 ea.)	20	100.00	4.00	1.00	0.00	310.00	1.00	15.00
Hamburger Bun - SPR1462 (1 bun)	50	160.00	2.00	0.00	0.00	280.00	28.00	7.00
Mini Flat Bread - SPR1459 (2 ea.)	50	160.00	3.50	0.50	0.00	290.00	26.00	5.00
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	75	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	75	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Cucumber Coins - SPR1339 (1/2 c.)	95	9.53	0.00	0.00	0.00	1.27	1.91	0.64
Shredded Lettuce - SPR1362 (1/4 cup shredd)	95	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Pickle Slices - SPR1461 (1/4 c.)	65	0.00	0.00	0.00	0.00	207.76	0.00	0.00
Sliced Red Tomatoes - SPR1455 (2 1/2 slice)	85	6.75	0.08	0.01	0.00	1.88	1.46	0.33
Grape Tomatoes - SPR1025 (1/2 c.)	95	13.41	0.15	0.02	0.00	3.73	2.90	0.66
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	70	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	5	118.34	2.69	1.61	0.00	139.86	13.99	8.61

Menu Calendar Nutrient Analysis Report - February, 2019

Site: High School
 Date: 02/01/2019 - 02/28/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Winter 19 - Grill Station 9-12 Week 2 Day 5 Dogs in a Blanket :17342 - ServingDate: 02/15/2019								
Chicken Patty Breaded - SPR1460 (1 patty)	30	270.00	15.00	2.50	0.00	400.00	16.00	16.00
Dogs in a Blanket - SPR1251 (1 serving (1))	20	315.49	13.78	4.13	0.00	610.03	32.06	15.01
White American Cheese Slice - SPR1449 (1 slice)	75	50.00	4.50	2.50	0.00	0.00	0.00	2.50
Hamburger Patty - SPR1322 (1 patty)	30	220.00	18.00	7.00	0.00	90.00	1.00	12.00
Grilled Chicken - SPR1442 (1 ea.)	20	100.00	4.00	1.00	0.00	310.00	1.00	15.00
Hamburger Bun - SPR1462 (1 bun)	50	160.00	2.00	0.00	0.00	280.00	28.00	7.00
Mini Flat Bread - SPR1459 (2 ea.)	50	160.00	3.50	0.50	0.00	290.00	26.00	5.00
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	75	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	75	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Cucumber Coins - SPR1339 (1/2 c.)	95	9.53	0.00	0.00	0.00	1.27	1.91	0.64
Shredded Lettuce - SPR1362 (1/4 cup shredd)	95	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Pickle Slices - SPR1461 (1/4 c.)	65	0.00	0.00	0.00	0.00	207.76	0.00	0.00
Sliced Red Tomatoes - SPR1455 (2 1/2 slice)	95	6.75	0.08	0.01	0.00	1.88	1.46	0.33
Grape Tomatoes - SPR1025 (1/2 c.)	85	13.41	0.15	0.02	0.00	3.73	2.90	0.66
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	70	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	5	118.34	2.69	1.61	0.00	139.86	13.99	8.61

Menu Calendar Nutrient Analysis Report - February, 2019

Site: High School
 Date: 02/01/2019 - 02/28/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Winter 19 - Grill Station 9-12 Week 3 Day 1 Bacon Bruschetta Flatbread Burger :17342 - ServingDate: 02/25/2019								
Bacon Bruschetta Flatbread Burger - SPR1077 (1 ea.)	25	358.45	17.50	6.00	1.00	460.90	26.33	22.05
Chicken Patty Breaded - SPR1460 (1 patty)	25	270.00	15.00	2.50	0.00	400.00	16.00	16.00
White American Cheese Slice - SPR1449 (1 slice)	65	50.00	4.50	2.50	0.00	0.00	0.00	2.50
Hamburger Patty - SPR1322 (1 patty)	25	220.00	18.00	7.00	0.00	90.00	1.00	12.00
Grilled Chicken - SPR1442 (1 ea.)	25	100.00	4.00	1.00	0.00	310.00	1.00	15.00
Hamburger Bun - SPR1462 (1 bun)	50	160.00	2.00	0.00	0.00	280.00	28.00	7.00
Mini Flat Bread - SPR1459 (2 ea.)	50	160.00	3.50	0.50	0.00	290.00	26.00	5.00
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	95	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	95	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Shredded Lettuce - SPR1362 (1/4 cup shredd)	75	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Mashed Sweet Potatoes - SPR1243 (1/2 c.)	85	112.82	1.87	0.79	0.00	313.44	22.52	1.40
Pickle Slices - SPR1461 (1/4 c.)	65	0.00	0.00	0.00	0.00	207.76	0.00	0.00
Side Salad - SPR1399 (1 c.)	95	18.89	0.17	0.03	0.00	31.03	3.90	1.18
Sliced Red Tomatoes - SPR1455 (2 1/2 slice)	75	6.75	0.08	0.01	0.00	1.88	1.46	0.33
Zucchini Coins - SPR1017 (1/2 c.)	85	9.61	0.00	0.00	0.00	4.52	1.70	0.56
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	75	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00

Menu Calendar Nutrient Analysis Report - February, 2019

Site: High School
 Date: 02/01/2019 - 02/28/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Winter 19 - Grill Station 9-12 Week 3 Day 1 Bacon Bruschetta Flatbread Burger :17342 - ServingDate: 02/25/2019								
Lowfat White Milk - SPR1375 (1 Half Pint)	10	118.34	2.69	1.61	0.00	139.86	13.99	8.61
SPS Winter 19 - Grill Station 9-12 Week 3 Day 2 Bacon Bruschetta Flatbread Burger :17342 - ServingDate: 02/26/2019								
Bacon Bruschetta Flatbread Burger - SPR1077 (1 ea.)	25	358.45	17.50	6.00	1.00	460.90	26.33	22.05
Chicken Patty Breaded - SPR1460 (1 patty)	25	270.00	15.00	2.50	0.00	400.00	16.00	16.00
White American Cheese Slice - SPR1449 (1 slice)	75	50.00	4.50	2.50	0.00	0.00	0.00	2.50
Hamburger Patty - SPR1322 (1 patty)	30	220.00	18.00	7.00	0.00	90.00	1.00	12.00
Grilled Chicken - SPR1442 (1 ea.)	20	100.00	4.00	1.00	0.00	310.00	1.00	15.00
Hamburger Bun - SPR1462 (1 bun)	50	160.00	2.00	0.00	0.00	280.00	28.00	7.00
Mini Flat Bread - SPR1459 (2 ea.)	50	160.00	3.50	0.50	0.00	290.00	26.00	5.00
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	95	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	95	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Baby Carrots - SPR1340 (1/2 c.)	75	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Shredded Lettuce - SPR1362 (1/4 cup shredd)	85	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Pickle Slices - SPR1461 (1/4 c.)	50	0.00	0.00	0.00	0.00	207.76	0.00	0.00
Side Salad - SPR1399 (1 c.)	85	18.89	0.17	0.03	0.00	31.03	3.90	1.18
Sliced Red Tomatoes - SPR1455 (2 1/2 slice)	75	6.75	0.08	0.01	0.00	1.88	1.46	0.33

Menu Calendar Nutrient Analysis Report - February, 2019

Site: High School
 Date: 02/01/2019 - 02/28/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Winter 19 - Grill Station 9-12 Week 3 Day 2 Bacon Bruschetta Flatbread Burger :17342 - ServingDate: 02/26/2019								
Roasted Zucchini - SPR1400 (1/2 c.)	75	29.54	1.87	0.14	0.00	84.70	2.42	0.78
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	65	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	10	118.34	2.69	1.61	0.00	139.86	13.99	8.61
SPS Winter 19- Grill Station 9-12 Week 3 Day 3 Bacon Bruschetta Flatbread Burger :17342 - ServingDate: 02/27/2019								
Bacon Bruschetta Flatbread Burger - SPR1077 (1 ea.)	20	358.45	17.50	6.00	1.00	460.90	26.33	22.05
Chicken Patty Breaded - SPR1460 (1 patty)	30	270.00	15.00	2.50	0.00	400.00	16.00	16.00
White American Cheese Slice - SPR1449 (1 slice)	75	50.00	4.50	2.50	0.00	0.00	0.00	2.50
Hamburger Patty - SPR1322 (1 patty)	30	220.00	18.00	7.00	0.00	90.00	1.00	12.00
Grilled Chicken - SPR1442 (1 ea.)	20	100.00	4.00	1.00	0.00	310.00	1.00	15.00
Hamburger Bun - SPR1462 (1 bun)	50	160.00	2.00	0.00	0.00	280.00	28.00	7.00
Mini Flat Bread - SPR1459 (2 ea.)	50	160.00	3.50	0.50	0.00	290.00	26.00	5.00
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	95	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	95	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Baby Carrots - SPR1340 (1/2 c.)	85	24.81	0.09	0.02	0.00	55.28	5.84	0.45

Menu Calendar Nutrient Analysis Report - February, 2019

Site: High School
 Date: 02/01/2019 - 02/28/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Winter 19- Grill Station 9-12 Week 3 Day 3 Bacon Bruschetta Flatbread Burger :17342 - ServingDate: 02/27/2019								
Shredded Lettuce - SPR1362 (1/4 cup shredd)	85	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Mashed Potatoes - SPR1166 (1/2 c.)	95	113.42	1.53	1.02	0.00	120.70	21.66	2.09
Pickle Slices - SPR1461 (1/4 c.)	65	0.00	0.00	0.00	0.00	207.76	0.00	0.00
Side Salad - SPR1399 (1 c.)	85	18.89	0.17	0.03	0.00	31.03	3.90	1.18
Sliced Red Tomatoes - SPR1455 (2 1/2 slice)	75	6.75	0.08	0.01	0.00	1.88	1.46	0.33
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	75	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	10	118.34	2.69	1.61	0.00	139.86	13.99	8.61
SPS Winter 19 - Grill Station 9-12 Week 3 Day 4 Bacon Bruschetta Flatbread Burger :17342 - ServingDate: 02/28/2019								
Bacon Bruschetta Flatbread Burger - SPR1077 (1 ea.)	20	358.45	17.50	6.00	1.00	460.90	26.33	22.05
Chicken Patty Breaded - SPR1460 (1 patty)	30	270.00	15.00	2.50	0.00	400.00	16.00	16.00
White American Cheese Slice - SPR1449 (1 slice)	75	50.00	4.50	2.50	0.00	0.00	0.00	2.50
Hamburger Patty - SPR1322 (1 patty)	30	220.00	18.00	7.00	0.00	90.00	1.00	12.00
Grilled Chicken - SPR1442 (1 ea.)	20	100.00	4.00	1.00	0.00	310.00	1.00	15.00
Hamburger Bun - SPR1462 (1 bun)	50	160.00	2.00	0.00	0.00	280.00	28.00	7.00

Menu Calendar Nutrient Analysis Report - February, 2019

Site: High School
 Date: 02/01/2019 - 02/28/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Winter 19 - Grill Station 9-12 Week 3 Day 4 Bacon Bruscetta Flatbread Burger :17342 - ServingDate: 02/28/2019								
Mini Flat Bread - SPR1459 (2 ea.)	50	160.00	3.50	0.50	0.00	290.00	26.00	5.00
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	95	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	95	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Baby Carrots - SPR1340 (1/2 c.)	75	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Celery Sticks - SPR1338 (3 stick (4")	85	5.17	0.06	0.01	0.00	25.86	0.96	0.22
Shredded Lettuce - SPR1362 (1/4 cup shredd)	95	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Pickle Slices - SPR1461 (1/4 c.)	65	0.00	0.00	0.00	0.00	207.76	0.00	0.00
Side Salad - SPR1399 (1 c.)	85	18.89	0.17	0.03	0.00	31.03	3.90	1.18
Sliced Red Tomatoes - SPR1455 (2 1/2 slice)	75	6.75	0.08	0.01	0.00	1.88	1.46	0.33
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	75	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	10	118.34	2.69	1.61	0.00	139.86	13.99	8.61

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Lunch
 Site Group: CrossRoads Café
 Menu Line: CRC-Grill
 Serving Group: 9-12
 Nutrients Option: Expanded

Menu Calendar Nutrient Analysis Report - February, 2019

Site: High School
Date: 02/01/2019 - 02/28/2019

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.