



**SPRINGFIELD PUBLIC SCHOOLS  
PRE-K BIC  
JANUARY 2019**



<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
12/31	1/1	1/2	1/3	1/4
NO SCHOOL	NO SCHOOL	Blueberry Muffin  Whole Grain Cracker  Fresh Fruit 100% Juice	Whole Grain Cereal  Whole Grain Cracker  Fresh Fruit 100% Juice	Vanilla Yogurt  Whole Grain Cracker  Fresh Fruit 100% Juice
1/7	1/8	1/9	1/10	1/11
Whole Grain Cereal  Whole Grain Cracker  Fresh Fruit 100% Juice	Apple Muffin  Whole Grain Cracker  Fresh Fruit 100% Juice	Egg and Cheese Breakfast Sandwich  Whole Grain Cracker  Fresh Fruit 100% Juice	Whole Grain Cereal  Whole Grain Cracker  Fresh Fruit 100% Juice	NO SCHOOL
1/14	1/15	1/16	1/17	1/18
Whole Grain Cereal  Whole Grain Cracker  Fresh Fruit 100% Juice	Blueberry Waffle  Whole Grain Cracker  Fresh Fruit 100% Juice	Banana Muffin  Whole Grain Cracker  Fresh Fruit 100% Juice	Whole Grain Cereal  Whole Grain Cracker  Fresh Fruit 100% Juice	Vanilla Yogurt  Whole Grain Cracker  Fresh Fruit 100% Juice
1/21	1/22	1/23	1/24	1/25
NO SCHOOL	Cheddar Cheese Omelet  Whole Grain Cracker  Fresh Fruit 100% Juice	Strawberry Pancakes  Whole Grain Cracker  Fresh Fruit 100% Juice	Apple Muffin  Whole Grain Cracker  Fresh Fruit 100% Juice	Vanilla Yogurt  Whole Grain Cracker  Fresh Fruit 100% Juice
1/28	1/29	1/30	1/31	2/1
Whole Grain Cereal  Whole Grain Cracker  Fresh Fruit 100% Juice	Breakfast Sliders  Whole Grain Cracker  Fresh Fruit 100% Juice	Vanilla Yogurt  Whole Grain Cracker  Fresh Fruit 100% Juice	Banana Pancakes  Whole Grain Cracker  Fresh Fruit 100% Juice	Whole Grain Cereal  Whole Grain Cracker  Fresh Fruit 100% Juice
1% AND FAT FREE MILK OFFERED DAILY				
PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES			MENU IS SUBJECT TO CHANGE	