

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Elementary School
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Jan. 19 - BIC K-5 Week 1 Day 3 Blueberry Muffin :16161 - ServingDate: 01/02/2019								
Mozzarella String Cheese - SPR1412 (1 stick.)	65	80.00	6.00	3.50	0.00	150.00	1.00	7.00
Blueberry Muffin - SPR1390 (1 ea.)	85	190.00	6.00	2.00	0.00	130.00	30.00	3.00
Cinnamon Goldfish - SPR1040 (1 pkg.)	5	120.00	4.00	1.00	0.00	130.00	19.00	2.00
Fresh Fruit Variety - SPR1164 (1/2 c.)	50	82.44	0.25	0.05	0.00	1.10	21.53	0.81
100% Juice - SPR1042 (4 oz.)	75	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	30	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	30	118.34	2.69	1.61	0.00	139.86	13.99	8.61
SPS Jan. 19 - BIC K-5 Week 1 Day 4 Chocolate Chip French Toast :16161 - ServingDate: 01/03/2019								
Mozzarella String Cheese - SPR1412 (1 stick.)	65	80.00	6.00	3.50	0.00	150.00	1.00	7.00
Cheerios Bowlpack - SPR1384 (1 bowl)	1	100.00	2.00	0.50	0.00	140.00	20.00	3.00
Chocolate Chip French Toast - SPR1422 (1 pkg.)	95	210.00	6.00	1.50	0.00	270.00	35.00	5.00
Cinnamon Chex Bowlpack - SPR1125 (1 ea.)	1	120.00	2.50	0.00	0.00	170.00	22.00	1.00
Cinnamon Toast Crunch Bowlpack - SPR1385 (1 bowl)	1	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cinnamon Goldfish - SPR1040 (1 pkg.)	5	120.00	4.00	1.00	0.00	130.00	19.00	2.00
Frosted Mini Wheat Bowlpack - SPR1122 (1 ea.)	1	100.00	0.00	0.00	0.00	0.00	24.00	3.00

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SPS Jan. 19 - BIC K-5 Week 1 Day 4 Chocolate Chip French Toast :16161 - ServingDate: 01/03/2019								
Rice Krispies Bowlpack - SPR1123 (1 ea.)	1	100.00	0.50	0.00	0.00	170.00	23.00	2.00
Fresh Fruit Variety - SPR1164 (1/2 c.)	50	82.44	0.25	0.05	0.00	1.10	21.53	0.81
100% Juice - SPR1042 (4 oz.)	75	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	30	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	30	118.34	2.69	1.61	0.00	139.86	13.99	8.61
SPS Jan. 19 - BIC K-5 Week 1 Day 5 Cinnabar :16161 - ServingDate: 01/04/2019								
Yogurt Vanilla Danimal - SPR1190 (1 ea.)	5	80.00	0.00	0.00	0.00	60.00	16.00	4.00
Cinnabar - SPR1288 (1 ea.)	85	280.00	9.00	2.00	0.00	260.00	45.00	5.00
Cinnamon Goldfish - SPR1040 (1 pkg.)	50	120.00	4.00	1.00	0.00	130.00	19.00	2.00
Fresh Fruit Variety - SPR1164 (1/2 c.)	65	82.44	0.25	0.05	0.00	1.10	21.53	0.81
100% Juice - SPR1042 (4 oz.)	75	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	30	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	30	118.34	2.69	1.61	0.00	139.86	13.99	8.61
SPS Jan. 19 - BIC K-5 Week 2 Day 1 Chocolate Banana Breakfast Bar :16161 - ServingDate: 01/07/2019								
Banana Chocolate Chunk Bar - SPR1423 (1 Bar)	85	280.00	8.00	3.00	0.00	220.00	48.00	5.00

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SPS Jan. 19 - BIC K-5 Week 2 Day 1 Chocolate Banana Breakfast Bar :16161 - ServingDate: 01/07/2019								
Cheerios Bowlpack - SPR1384 (1 bowl)	1	100.00	2.00	0.50	0.00	140.00	20.00	3.00
Cinnamon Chex Bowlpack - SPR1125 (1 ea.)	1	120.00	2.50	0.00	0.00	170.00	22.00	1.00
Cinnamon Toast Crunch Bowlpack - SPR1385 (1 bowl)	1	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cinnamon Goldfish - SPR1040 (1 pkg.)	50	120.00	4.00	1.00	0.00	130.00	19.00	2.00
Frosted Mini Wheat Bowlpack - SPR1122 (1 ea.)	1	100.00	0.00	0.00	0.00	0.00	24.00	3.00
Rice Krispies Bowlpack - SPR1123 (1 ea.)	1	100.00	0.50	0.00	0.00	170.00	23.00	2.00
Craisins - SPR1044 (1/4 c.)	35	110.00	0.00	0.00	0.00	0.00	28.00	0.00
Fresh Fruit Variety - SPR1164 (1/2 c.)	5	82.44	0.25	0.05	0.00	1.10	21.53	0.81
100% Juice - SPR1042 (4 oz.)	75	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	30	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	30	118.34	2.69	1.61	0.00	139.86	13.99	8.61
SPS Jan. 19 - BIC K-5 Week 2 Day 2 Cinnamon Ultimate Breakfast Round :16161 - ServingDate: 01/08/2019								
Mozzarella String Cheese - SPR1412 (1 stick.)	40	80.00	6.00	3.50	0.00	150.00	1.00	7.00
Apple Cinnamon Muffin - SPR1391 (1 ea.)	5	160.00	5.00	0.50	0.00	130.00	26.00	2.00
Cinnamon Breakfast Round - SPR1336 (1 ea.)	65	270.00	8.00	3.00	0.00	190.00	44.00	5.00

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SPS Jan. 19 - BIC K-5 Week 2 Day 2 Cinnamon Ultimate Breakfast Round :16161 - ServingDate: 01/08/2019								
Cinnamon Goldfish - SPR1040 (1 pkg.)	5	120.00	4.00	1.00	0.00	130.00	19.00	2.00
Fresh Fruit Variety - SPR1164 (1/2 c.)	50	82.44	0.25	0.05	0.00	1.10	21.53	0.81
100% Juice - SPR1042 (4 oz.)	70	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	30	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	30	118.34	2.69	1.61	0.00	139.86	13.99	8.61
SPS Jan. 19 - BIC K-5 Week 2 Day 3 Egg & Cheese Breakfast Sandwich :16161 - ServingDate: 01/09/2019								
Egg & Cheese Breakfast Sandwich - SPR1045 (1 sandwich)	85	160.00	7.00	2.50	0.00	280.00	19.00	6.00
Cinnamon Goldfish - SPR1040 (1 pkg.)	75	120.00	4.00	1.00	0.00	130.00	19.00	2.00
Fresh Fruit Variety - SPR1164 (1/2 c.)	50	82.44	0.25	0.05	0.00	1.10	21.53	0.81
100% Juice - SPR1042 (4 oz.)	75	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	30	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	30	118.34	2.69	1.61	0.00	139.86	13.99	8.61
SPS Jan. 19 - BIC K-5 Week 2 Day 4 Confetti Pancakes :16161 - ServingDate: 01/10/2019								
Cheerios Bowlpack - SPR1384 (1 bowl)	1	100.00	2.00	0.50	0.00	140.00	20.00	3.00

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SPS Jan. 19 - BIC K-5 Week 2 Day 4 Confetti Pancakes :16161 - ServingDate: 01/10/2019								
Cinnamon Chex Bowlpack - SPR1125 (1 ea.)	1	120.00	2.50	0.00	0.00	170.00	22.00	1.00
Cinnamon Toast Crunch Bowlpack - SPR1385 (1 bowl)	1	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Confetti Pancake - SPR1424 (1 pkg.)	85	220.00	7.00	1.00	0.00	300.00	36.00	4.00
Cinnamon Goldfish - SPR1040 (1 pkg.)	50	120.00	4.00	1.00	0.00	130.00	19.00	2.00
Frosted Mini Wheat Bowlpack - SPR1122 (1 ea.)	1	100.00	0.00	0.00	0.00	0.00	24.00	3.00
Rice Krispies Bowlpack - SPR1123 (1 ea.)	1	100.00	0.50	0.00	0.00	170.00	23.00	2.00
Fresh Fruit Variety - SPR1164 (1/2 c.)	65	82.44	0.25	0.05	0.00	1.10	21.53	0.81
100% Juice - SPR1042 (4 oz.)	75	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	30	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	30	118.34	2.69	1.61	0.00	139.86	13.99	8.61
SPS Jan. 19 - BIC K-5 Week 3 Day 1 Assorted Cereal :16161 - ServingDate: 01/14/2019								
Apple Jacks Bowlpack - SPR1414 (1 bowl)	10	110.00	1.00	0.50	0.00	160.00	24.00	2.00
Cheerios Bowlpack - SPR1384 (1 bowl)	0	100.00	2.00	0.50	0.00	140.00	20.00	3.00
Cinnamon Chex Bowlpack - SPR1125 (1 ea.)	0	120.00	2.50	0.00	0.00	170.00	22.00	1.00
Cinnamon Goldfish - SPR1040 (1 pkg.)	85	120.00	4.00	1.00	0.00	130.00	19.00	2.00

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SPS Jan. 19 - BIC K-5 Week 3 Day 1 Assorted Cereal :16161 - ServingDate: 01/14/2019								
Frosted Mini Wheat Bowlpack - SPR1122 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	24.00	3.00
Trix Bowlpack, Reduced Sugar - SPR1416 (1 bowl)	15	110.00	1.00	0.00	0.00	140.00	24.00	1.00
Fresh Fruit Variety - SPR1164 (1/2 c.)	5	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Raisin Box - SPR1041 (1/4 c.)	35	108.00	0.00	0.00	0.00	4.00	29.00	1.00
100% Juice - SPR1042 (4 oz.)	75	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	45	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	45	118.34	2.69	1.61	0.00	139.86	13.99	8.61
SPS Jan. 19 - BIC K-5 Week 3 Day 2 Blueberry Waffle :16161 - ServingDate: 01/15/2019								
Mozzarella String Cheese - SPR1412 (1 stick.)	65	80.00	6.00	3.50	0.00	150.00	1.00	7.00
Cinnamon Goldfish - SPR1040 (1 pkg.)	5	120.00	4.00	1.00	0.00	130.00	19.00	2.00
Blueberry Waffle - SPR1048 (1 pkg.)	85	210.00	6.00	1.00	0.00	170.00	37.00	4.00
Fresh Fruit Variety - SPR1164 (1/2 c.)	65	82.44	0.25	0.05	0.00	1.10	21.53	0.81
100% Juice - SPR1042 (4 oz.)	75	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	30	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	30	118.34	2.69	1.61	0.00	139.86	13.99	8.61

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SPS Jan. 19 - BIC K-5 Week 3 Day 3 Banana Muffin :16161 - ServingDate: 01/16/2019								
Banana Muffin - SPR1392 (1 ea.)	85	190.00	6.00	2.00	0.00	130.00	30.00	3.00
Cinnamon Goldfish - SPR1040 (1 pkg.)	50	120.00	4.00	1.00	0.00	130.00	19.00	2.00
Fresh Fruit Variety - SPR1164 (1/2 c.)	75	82.44	0.25	0.05	0.00	1.10	21.53	0.81
100% Juice - SPR1042 (4 oz.)	75	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	30	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	30	118.34	2.69	1.61	0.00	139.86	13.99	8.61
SPS Jan. 19 - BIC K-5 Week 3 Day 4 Chocolate Croissant :16161 - ServingDate: 01/17/2019								
Mozzarella String Cheese - SPR1412 (1 stick.)	75	80.00	6.00	3.50	0.00	150.00	1.00	7.00
Cheerios Bowlpack - SPR1384 (1 bowl)	1	100.00	2.00	0.50	0.00	140.00	20.00	3.00
Cinnamon Chex Bowlpack - SPR1125 (1 ea.)	1	120.00	2.50	0.00	0.00	170.00	22.00	1.00
Cinnamon Toast Crunch Bowlpack - SPR1385 (1 bowl)	1	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cinnamon Goldfish - SPR1040 (1 pkg.)	5	120.00	4.00	1.00	0.00	130.00	19.00	2.00
Chocolate Croissant - SPR1289 (1 ea.)	95	230.00	8.00	1.50	0.00	270.00	37.00	6.00
Frosted Mini Wheat Bowlpack - SPR1122 (1 ea.)	1	100.00	0.00	0.00	0.00	0.00	24.00	3.00
Rice Krispies Bowlpack - SPR1123 (1 ea.)	1	100.00	0.50	0.00	0.00	170.00	23.00	2.00
Fresh Fruit Variety - SPR1164 (1/2 c.)	75	82.44	0.25	0.05	0.00	1.10	21.53	0.81

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SPS Jan. 19 - BIC K-5 Week 3 Day 4 Chocolate Croissant :16161 - ServingDate: 01/17/2019								
100% Juice - SPR1042 (4 oz.)	75	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	30	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	30	118.34	2.69	1.61	0.00	139.86	13.99	8.61
SPS Jan. 19 - BIC K-5 Week 3 Day 5 Yogurt & Granola :16161 - ServingDate: 01/18/2019								
Yogurt Vanilla Danimal - SPR1190 (1 ea.)	95	80.00	0.00	0.00	0.00	60.00	16.00	4.00
Granola - SPR1053 (1 pkg.)	85	112.00	2.40	0.80	0.00	88.00	20.80	2.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	65	82.44	0.25	0.05	0.00	1.10	21.53	0.81
100% Juice - SPR1042 (4 oz.)	75	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	20	118.34	2.69	1.61	0.00	139.86	13.99	8.61
SPS Jan. 19 - BIC K-5 Week 4 Day 2 Cheddar Cheese Omelet :16161 - ServingDate: 01/22/2019								
Cheese Omelet - SPR1252 (1 ea.)	90	130.00	10.00	3.50	0.00	300.00	1.00	7.00
Cinnamon Goldfish - SPR1040 (1 pkg.)	85	120.00	4.00	1.00	0.00	130.00	19.00	2.00
Fresh Fruit Variety - SPR1164 (1/2 c.)	75	82.44	0.25	0.05	0.00	1.10	21.53	0.81
100% Juice - SPR1042 (4 oz.)	85	60.00	0.00	0.00	0.00	5.00	14.00	0.00

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SPS Jan. 19 - BIC K-5 Week 4 Day 2 Cheddar Cheese Omelet :16161 - ServingDate: 01/22/2019								
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	30	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	30	118.34	2.69	1.61	0.00	139.86	13.99	8.61
SPS Jan. 19 - BIC K-5 Week 4 Day 3 Strawberry Pancakes :16161 - ServingDate: 01/23/2019								
Cinnamon Goldfish - SPR1040 (1 pkg.)	50	120.00	4.00	1.00	0.00	130.00	19.00	2.00
Strawberry Pancakes - SPR1047 (1 pkg.)	90	220.00	6.00	0.50	0.00	130.00	40.00	4.00
Fresh Fruit Variety - SPR1164 (1/2 c.)	75	82.44	0.25	0.05	0.00	1.10	21.53	0.81
100% Juice - SPR1042 (4 oz.)	75	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	30	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	30	118.34	2.69	1.61	0.00	139.86	13.99	8.61
SPS Jan. 19 - BIC K-5 Week 4 Day 4 Cinnamon Bun :16161 - ServingDate: 01/24/2019								
Mozzarella String Cheese - SPR1412 (1 stick.)	65	80.00	6.00	3.50	0.00	150.00	1.00	7.00
Apple Cinnamon Muffin - SPR1391 (1 ea.)	5	160.00	5.00	0.50	0.00	130.00	26.00	2.00
Cinnamon Roll - SPR1187 (1 ea.)	90	230.00	7.00	1.50	0.00	240.00	38.00	4.00
Cinnamon Goldfish - SPR1040 (1 pkg.)	5	120.00	4.00	1.00	0.00	130.00	19.00	2.00

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SPS Jan. 19 - BIC K-5 Week 4 Day 4 Cinnamon Bun :16161 - ServingDate: 01/24/2019								
Fresh Fruit Variety - SPR1164 (1/2 c.)	65	82.44	0.25	0.05	0.00	1.10	21.53	0.81
100% Juice - SPR1042 (4 oz.)	75	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	30	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	30	118.34	2.69	1.61	0.00	139.86	13.99	8.61
SPS Jan. 19 - BIC K-5 Week 4 Day 5 Apple Muffin :16161 - ServingDate: 01/25/2019								
Yogurt Vanilla Danimal - SPR1190 (1 ea.)	5	80.00	0.00	0.00	0.00	60.00	16.00	4.00
Apple Cinnamon Muffin - SPR1391 (1 ea.)	85	160.00	5.00	0.50	0.00	130.00	26.00	2.00
Cinnamon Goldfish - SPR1040 (1 pkg.)	50	120.00	4.00	1.00	0.00	130.00	19.00	2.00
Fresh Fruit Variety - SPR1164 (1/2 c.)	65	82.44	0.25	0.05	0.00	1.10	21.53	0.81
100% Juice - SPR1042 (4 oz.)	75	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	30	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	30	118.34	2.69	1.61	0.00	139.86	13.99	8.61
SPS Jan. 19 - BIC K-5 Week 5 Day 1 Bagel- ful :16161 - ServingDate: 01/28/2019								
Bagel-ful - SPR1189 (1 ea.)	65	190.00	5.00	3.00	0.00	180.00	29.00	6.00
Cheerios Bowlpack - SPR1384 (1 bowl)	1	100.00	2.00	0.50	0.00	140.00	20.00	3.00

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Elementary School
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Jan. 19 - BIC K-5 Week 5 Day 1 Bagel- ful :16161 - ServingDate: 01/28/2019								
Cinnamon Chex Bowlpack - SPR1125 (1 ea.)	1	120.00	2.50	0.00	0.00	170.00	22.00	1.00
Cinnamon Toast Crunch Bowlpack - SPR1385 (1 bowl)	1	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cinnamon Goldfish - SPR1040 (1 pkg.)	85	120.00	4.00	1.00	0.00	130.00	19.00	2.00
Frosted Mini Wheat Bowlpack - SPR1122 (1 ea.)	1	100.00	0.00	0.00	0.00	0.00	24.00	3.00
Rice Krispies Bowlpack - SPR1123 (1 ea.)	1	100.00	0.50	0.00	0.00	170.00	23.00	2.00
Fresh Fruit Variety - SPR1164 (1/2 c.)	5	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Raisin Box - SPR1041 (1/4 c.)	45	108.00	0.00	0.00	0.00	4.00	29.00	1.00
100% Juice - SPR1042 (4 oz.)	75	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	40	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	50	118.34	2.69	1.61	0.00	139.86	13.99	8.61
SPS Jan. 19 - BIC K-5 Week 5 Day 2 Breakfast Slider :16161 - ServingDate: 01/29/2019								
Breakfast Slider - SPR1050 (1 pkg.)	90	160.00	5.00	1.50	0.00	290.00	20.00	8.00
Cinnamon Goldfish - SPR1040 (1 pkg.)	65	120.00	4.00	1.00	0.00	130.00	19.00	2.00
Fresh Fruit Variety - SPR1164 (1/2 c.)	85	82.44	0.25	0.05	0.00	1.10	21.53	0.81
100% Juice - SPR1042 (4 oz.)	85	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	30	90.00	0.00	0.00	0.00	130.00	13.00	8.00

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Elementary School
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Jan. 19 - BIC K-5 Week 5 Day 2 Breakfast Slider :16161 - ServingDate: 01/29/2019								
Lowfat White Milk - SPR1375 (1 Half Pint)	30	118.34	2.69	1.61	0.00	139.86	13.99	8.61
SPS Jan. 19 - BIC K-5 Week 5 Day 3 88 Acres Bar :16161 - ServingDate: 01/30/2019								
Mozzarella String Cheese - SPR1412 (1 stick.)	75	80.00	6.00	3.50	0.00	150.00	1.00	7.00
Yogurt Vanilla Danimal - SPR1190 (1 ea.)	5	80.00	0.00	0.00	0.00	60.00	16.00	4.00
88 Acres Dark Chocolate Sea Salt Bar - SPR1314 (1 Bar)	95	200.00	10.00	2.50	0.00	125.00	22.00	6.00
Cinnamon Goldfish - SPR1040 (1 pkg.)	5	120.00	4.00	1.00	0.00	130.00	19.00	2.00
Fresh Fruit Variety - SPR1164 (1/2 c.)	50	82.44	0.25	0.05	0.00	1.10	21.53	0.81
100% Juice - SPR1042 (4 oz.)	75	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	30	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	30	118.34	2.69	1.61	0.00	139.86	13.99	8.61
SPS Jan. 19 - BIC K-5 Week 5 Day 4 Banana Pancakes :16161 - ServingDate: 01/31/2019								
Mozzarella String Cheese - SPR1412 (1 stick.)	65	80.00	6.00	3.50	0.00	150.00	1.00	7.00
Banana Pancakes - SPR1293 (1 pouch)	95	200.00	4.00	0.00	0.00	240.00	37.00	5.00
Cinnamon Goldfish - SPR1040 (1 pkg.)	5	120.00	4.00	1.00	0.00	130.00	19.00	2.00
Fresh Fruit Variety - SPR1164 (1/2 c.)	65	82.44	0.25	0.05	0.00	1.10	21.53	0.81

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Elementary School
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Jan. 19 - BIC K-5 Week 5 Day 4 Banana Pancakes :16161 - ServingDate: 01/31/2019								
100% Juice - SPR1042 (4 oz.)	75	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	30	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	30	118.34	2.69	1.61	0.00	139.86	13.99	8.61

Legend

(M) - Missing Nutrient Values

Report Selections

Meal Type: Breakfast
Site Group: The Clubhouse
Menu Line: BRKFST-Classroom Café
Serving Group: K-8
Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.