

## Menu Calendar Nutrient Analysis Report - January, 2019

Site: Elementary School  
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SPS Jan. 19 - Snack Week 1 Day 3 Animal Crackers :16312 - ServingDate: 01/02/2019</b>								
Animal Cracker - SPR1229 (1 Bag)	100	130.00	4.00	1.00	0.00	110.00	21.00	2.00
100% Juice, 6oz - SPR1246 (6 oz.)	100	100.00	0.00	0.00	0.00	25.00	24.00	0.00
<b>SPS Jan. 19 - Snack Week 1 Day 4 Chocolate Chip Graham :16312 - ServingDate: 01/03/2019</b>								
Chocolate Chip Graham - SPR1294 (1 ea.)	100	120.00	3.50	1.50	0.00	80.00	20.00	2.00
100% Juice, 6oz - SPR1246 (6 oz.)	100	100.00	0.00	0.00	0.00	25.00	24.00	0.00
<b>SPS Jan. 19 - Snack Week 1 Day 5 Cheddar Chex Mix :16312 - ServingDate: 01/04/2019</b>								
Cheddar Chex Mix - SPR1240 (1 Bag)	100	110.00	2.50	0.50	0.00	135.00	20.00	2.00
100% Juice, 6oz - SPR1246 (6 oz.)	100	100.00	0.00	0.00	0.00	25.00	24.00	0.00
<b>SPS Jan. 19 - Snack Week 2 Day 1 Munchies :16312 - ServingDate: 01/07/2019</b>								
Munchies Snack Mix - SPR1241 (1 Bag)	100	110.00	3.50	1.00	0.00	180.00	17.00	2.00
100% Juice, 6oz - SPR1246 (6 oz.)	100	100.00	0.00	0.00	0.00	25.00	24.00	0.00
<b>SPS Jan. 19 - Snack Week 2 Day 2 Goldfish :16312 - ServingDate: 01/08/2019</b>								
Cheddar Goldfish Cracker - SPR1013 (1 ea.)	100	90.00	3.50	0.50	0.00	200.00	14.00	2.00
100% Juice, 6oz - SPR1246 (6 oz.)	100	100.00	0.00	0.00	0.00	25.00	24.00	0.00

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<b>SPS Jan. 19 - Snack Week 2 Day 3 Scooby Snack :16312 - ServingDate: 01/09/2019</b>								
Cinnamon Scooby Snacks - SPR1037 (1 pkg.)	100	120.00	3.50	1.00	0.00	115.00	21.00	2.00
100% Juice, 6oz - SPR1246 (6 oz.)	100	100.00	0.00	0.00	0.00	25.00	24.00	0.00
<b>SPS Jan. 19 - Snack Week 2 Day 4 Chocolate Caramel Chex :16312 - ServingDate: 01/10/2019</b>								
Chocolate Caramel Chex Mix - SPR1239 (1 Bag)	100	120.00	3.50	0.50	0.00	50.00	22.00	2.00
100% Juice, 6oz - SPR1246 (6 oz.)	100	100.00	0.00	0.00	0.00	25.00	24.00	0.00
<b>SPS Jan. 19 - Snack Week 3 Day 1 Chocolate Chip Gripz Graham :16312 - ServingDate: 01/14/2019</b>								
Chocolate Chip Graham - SPR1294 (1 ea.)	100	120.00	3.50	1.50	0.00	80.00	20.00	2.00
100% Juice, 6oz - SPR1246 (6 oz.)	100	100.00	0.00	0.00	0.00	25.00	24.00	0.00
<b>SPS Jan. 19 - Snack Week 3 Day 2 Crunch Mania :16312 - ServingDate: 01/15/2019</b>								
Crunch Mania - SPR1295 (1 ea.)	100	210.00	6.00	2.00	0.00	220.00	37.00	4.00
100% Juice, 6oz - SPR1246 (6 oz.)	100	100.00	0.00	0.00	0.00	25.00	24.00	0.00
<b>SPS Jan. 19 - Snack Week 3 Day 3 Strawberry Yogurt Chex :16312 - ServingDate: 01/16/2019</b>								
Strawberry Yogurt Chex - SPR1296 (1 pouch)	100	120.00	3.00	1.00	0.00	55.00	23.00	2.00
100% Juice, 6oz - SPR1246 (6 oz.)	100	100.00	0.00	0.00	0.00	25.00	24.00	0.00

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<b>SPS Jan. 19 - Snack Week 3 Day 4 Go-Big Yogurt :16312 - ServingDate: 01/17/2019</b>								
Yogurt Go-Big - SPR1059 (1 pouch)	100	100.00	1.50	1.00	0.00	70.00	18.00	4.00
100% Juice, 6oz - SPR1246 (6 oz.)	100	100.00	0.00	0.00	0.00	25.00	24.00	0.00
<b>SPS Jan. 19 - Snack Week 3 Day 5 Cheez- its :16312 - ServingDate: 01/18/2019</b>								
Cheez-it Cracker - SPR1113 (1 Bag)	100	100.00	3.50	1.00	0.00	150.00	14.00	2.00
100% Juice, 6oz - SPR1246 (6 oz.)	100	100.00	0.00	0.00	0.00	25.00	24.00	0.00
<b>SPS Jan. 19 - Snack Week 4 Day 2 Animal Cracker :16312 - ServingDate: 01/22/2019</b>								
Animal Cracker - SPR1229 (1 Bag)	100	130.00	4.00	1.00	0.00	110.00	21.00	2.00
100% Juice, 6oz - SPR1246 (6 oz.)	100	100.00	0.00	0.00	0.00	25.00	24.00	0.00
<b>SPS Jan. 19 - Snack Week 4 Day 3 Pretzels :16312 - ServingDate: 01/23/2019</b>								
Pretzel Twist Heartzels - SPR1230 (1 Bag)	100	80.00	1.50	0.00	0.00	200.00	15.00	2.00
100% Juice, 6oz - SPR1246 (6 oz.)	100	100.00	0.00	0.00	0.00	25.00	24.00	0.00
<b>SPS Jan. 19 - Snack Week 4 Day 4 Tortilla Scoops :16312 - ServingDate: 01/24/2019</b>								
Tortilla Chips Oven Baked Tostitos Scoops - SPR1228 (1 Bag)	100	120.03	3.00	0.50	0.00	140.04	22.01	2.00
100% Juice, 6oz - SPR1246 (6 oz.)	100	100.00	0.00	0.00	0.00	25.00	24.00	0.00

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<b>SPS Jan. 19 - Snack Week 4 Day 5 Cheddar Chex Mix :16312 - ServingDate: 01/25/2019</b>								
Cheddar Chex Mix - SPR1240 (1 Bag)	100	110.00	2.50	0.50	0.00	135.00	20.00	2.00
100% Juice, 6oz - SPR1246 (6 oz.)	100	100.00	0.00	0.00	0.00	25.00	24.00	0.00
<b>SPS Jan. 19 - Snack Week 5 Day 1 Strawberry Yogurt Chex :16312 - ServingDate: 01/28/2019</b>								
Strawberry Yogurt Chex - SPR1296 (1 pouch)	100	120.00	3.00	1.00	0.00	55.00	23.00	2.00
100% Juice, 6oz - SPR1246 (6 oz.)	100	100.00	0.00	0.00	0.00	25.00	24.00	0.00
<b>SPS Jan. 19 - Snack Week 5 Day 2 Goldfish :16312 - ServingDate: 01/29/2019</b>								
Cheddar Goldfish Cracker - SPR1013 (1 ea.)	100	90.00	3.50	0.50	0.00	200.00	14.00	2.00
100% Juice, 6oz - SPR1246 (6 oz.)	100	100.00	0.00	0.00	0.00	25.00	24.00	0.00
<b>SPS Jan. 19 - Snack Week 5 Day 3 Chocolate Caramel Chex Mix :16312 - ServingDate: 01/30/2019</b>								
Chocolate Caramel Chex Mix - SPR1239 (1 Bag)	100	120.00	3.50	0.50	0.00	50.00	22.00	2.00
100% Juice, 6oz - SPR1246 (6 oz.)	100	100.00	0.00	0.00	0.00	25.00	24.00	0.00
<b>SPS Jan. 19 - Snack Week 5 Day 4 Munchies Mix :16312 - ServingDate: 01/31/2019</b>								
Munchies Snack Mix - SPR1241 (1 Bag)	100	110.00	3.50	1.00	0.00	180.00	17.00	2.00
100% Juice, 6oz - SPR1246 (6 oz.)	100	100.00	0.00	0.00	0.00	25.00	24.00	0.00

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**Legend**

(M) - Missing Nutrient Values

**Report Selections**

Meal Type: Snack  
Site Group: The Clubhouse  
Menu Line: Afterschool Snack  
Serving Group: Ages 6-18  
Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.