

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Elementary School
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Jan. 19 - Lunch K-5 Week 1 Day 3 Chicken Patty :16210 - ServingDate: 01/02/2019								
Cheese Sandwich - SPR1325 (1 sandwich)	15	340.00	20.00	10.00	0.00	1300.00	28.00	16.00
Chicken Patty Sandwich - SPR1002 (1 sandwich)	45	430.00	17.00	2.50	0.00	680.00	44.00	23.00
Ham & Cheese Sandwich - SPR1142 (1 sandwich)	20	288.04	10.91	3.97	0.00	1074.61	24.98	23.21
Minnie Mouse Salad - SPR1003 (1 salad)	10	226.48	12.56	7.10	0.00	456.52	14.80	19.85
Sunbutter & Jelly Sandwich - SPR1133 (1 sandwich)	5	619.59	34.84	4.11	0.00	546.27	56.14	20.37
Breadstick - SPR1084 (1 ea.)	10	130.00	2.00	0.00	0.00	260.00	24.00	5.00
Chocolate Chip Cookie - SPR1009 (1 cookie)	50	120.00	4.00	1.00	0.00	60.00	16.00	4.00
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	65	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	50	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Celery Sticks - SPR1338 (3 stick (4")	65	5.17	0.06	0.01	0.00	25.86	0.96	0.22
Mashed Potatoes - SPR1166 (1/2 c.)	50	113.42	1.53	1.02	0.00	120.70	21.66	2.09
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	65	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	10	118.34	2.69	1.61	0.00	139.86	13.99	8.61
Italian Dressing - SPR1275 (1 tbsp.)	5	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup Packet - SPR1004 (1 packet)	5	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonaise Packet - SPR1005 (1 packet)	5	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Mustard Packet - SPR1006 (1 packet)	5	4.58	0.00	0.00	0.00	77.92	0.92	0.00

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SPS Jan. 19 - Lunch K-5 Week 1 Day 3 Chicken Patty :16210 - ServingDate: 01/02/2019								
Ranch Packet - SPR1368 (1 packet)	5	110.00	11.00	2.00	0.00	240.00	2.00	0.00
SPS Jan. 19 - Lunch K-5 Week 1 Day 4 Tomato Soup, Grilled Cheese :16210 - ServingDate: 01/03/2019								
Cheese Sandwich - SPR1325 (1 sandwich)	10	340.00	20.00	10.00	0.00	1300.00	28.00	16.00
Chicken Salad on Torpedo - SPR1158 (1 ea.)	5	327.29	8.71	1.40	0.00	478.10	29.83	32.06
Grilled Cheese - SPR1402 (1 sandwich)	65	340.00	20.00	10.00	0.00	1300.00	28.00	16.00
Minnie Mouse Salad - SPR1003 (1 salad)	10	226.48	12.56	7.10	0.00	456.52	14.80	19.85
Sunbutter & Jelly Sandwich - SPR1133 (1 sandwich)	5	619.59	34.84	4.11	0.00	546.27	56.14	20.37
Breadstick - SPR1084 (1 ea.)	10	130.00	2.00	0.00	0.00	260.00	24.00	5.00
Cheddar Goldfish Cracker - SPR1013 (1 ea.)	50	90.00	3.50	0.50	0.00	200.00	14.00	2.00
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	65	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	65	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Steamed Carrot Coins - SPR1383 (1/2 c.)	65	31.91	0.00	0.00	0.00	101.59	6.38	0.91
Celery Sticks - SPR1338 (3 stick (4")	45	5.17	0.06	0.01	0.00	25.86	0.96	0.22
Tomato Soup - SPR1258 (3/4 c.)	65	61.19	0.00	0.00	0.00	281.36	13.06	1.47
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	65	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Jan. 19 - Lunch K-5 Week 1 Day 4 Tomato Soup, Grilled Cheese :16210 - ServingDate: 01/03/2019								
Lowfat White Milk - SPR1375 (1 Half Pint)	10	118.34	2.69	1.61	0.00	139.86	13.99	8.61
Italian Dressing - SPR1275 (1 tbsp.)	5	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup Packet - SPR1004 (1 packet)	5	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonaise Packet - SPR1005 (1 packet)	5	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Mustard Packet - SPR1006 (1 packet)	5	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Ranch Packet - SPR1368 (1 packet)	5	110.00	11.00	2.00	0.00	240.00	2.00	0.00
SPS Jan. 19 - Lunch K-5 Week 1 Day 5 Cheese or Pepperoni Pizza :16210 - ServingDate: 01/04/2019								
Cheese Pizza Daycare - SPR1493 (1 slice)	5	310.00	11.00	4.00	0.00	480.00	35.00	16.00
Cheese Pizza - SPR1445 (1 slice)	45	405.06	16.20	7.09	0.00	445.57	43.54	19.24
Pepperoni Pizza - SPR1371 (1 slice)	20	437.87	19.12	8.18	0.00	556.13	43.67	20.58
Cheese Sandwich - SPR1325 (1 sandwich)	5	340.00	20.00	10.00	0.00	1300.00	28.00	16.00
Ham & Cheese Sandwich - SPR1142 (1 sandwich)	15	288.04	10.91	3.97	0.00	1074.61	24.98	23.21
Minnie Mouse Salad - SPR1003 (1 salad)	5	226.48	12.56	7.10	0.00	456.52	14.80	19.85
Sunbutter & Jelly Sandwich - SPR1133 (1 sandwich)	2	619.59	34.84	4.11	0.00	546.27	56.14	20.37
Breadstick - SPR1084 (1 ea.)	5	130.00	2.00	0.00	0.00	260.00	24.00	5.00
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	65	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	50	82.44	0.25	0.05	0.00	1.10	21.53	0.81

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Jan. 19 - Lunch K-5 Week 1 Day 5 Cheese or Pepperoni Pizza :16210 - ServingDate: 01/04/2019								
Caesar Side Salad - SPR1139 (1/2 c.)	45	74.84	6.38	1.09	0.00	190.61	3.50	1.02
White Bean Salad - SPR1221 (1/2 c.)	25	144.29	2.40	0.01	0.00	355.53	24.14	6.29
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	65	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	10	118.34	2.69	1.61	0.00	139.86	13.99	8.61
Caesar Dressing - SPR1491 (2 tbsp.)	25	110.00	12.00	2.00	0.00	220.00	1.00	1.00
Italian Dressing - SPR1275 (1 tbsp.)	5	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup Packet - SPR1004 (1 packet)	5	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonaise Packet - SPR1005 (1 packet)	5	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Mustard Packet - SPR1006 (1 packet)	5	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Ranch Packet - SPR1368 (1 packet)	5	110.00	11.00	2.00	0.00	240.00	2.00	0.00
SPS Jan. 19 - Lunch K-5 Week 2 Day 1 Hot Dog :16210 - ServingDate: 01/07/2019								
Asian Chicken Salad - SPR1282 (1 salad)	5	349.39	10.90	1.94	0.00	738.88	40.01	26.76
Cheese Sandwich - SPR1325 (1 sandwich)	10	340.00	20.00	10.00	0.00	1300.00	28.00	16.00
Hot Dog - SPR1149 (1 serving (1))	65	260.00	10.50	2.50	0.00	520.00	26.00	13.00
Popcorn Chicken - SPR1377 (12 piece)	5	233.03	14.18	2.53	0.00	243.16	14.18	12.16
Sunbutter & Jelly Sandwich - SPR1133 (1 sandwich)	2	619.59	34.84	4.11	0.00	546.27	56.14	20.37
Tuna on Goldfish Bread - SPR1145 (1 ea.)	10	225.84	3.42	0.74	0.00	711.23	22.00	31.05

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SPS Jan. 19 - Lunch K-5 Week 2 Day 1 Hot Dog :16210 - ServingDate: 01/07/2019								
Breadstick - SPR1084 (1 ea.)	5	130.00	2.00	0.00	0.00	260.00	24.00	5.00
Cheddar Goldfish Cracker - SPR1013 (1 ea.)	5	90.00	3.50	0.50	0.00	200.00	14.00	2.00
Rice Pilaf - SPR1378 (2/3 c.)	5	135.60	7.07	2.42	0.00	291.41	15.41	1.43
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	65	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	65	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Steamed Corn - SPR1379 (1/2 c.)	75	69.39	0.85	0.00	0.00	148.23	14.56	1.72
Spinach Salad with Honey Mustard Dressing - SPR1010 (1 c.)	50	26.34	1.28	0.22	0.00	63.96	2.87	2.03
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	65	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	10	118.34	2.69	1.61	0.00	139.86	13.99	8.61
Asian Dressing - SPR1489 (1 oz.)	5	6.20	0.00	0.00	0.00	2242.49	0.77	0.76
Italian Dressing - SPR1275 (1 tbsp.)	5	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup Packet - SPR1004 (1 packet)	5	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonaise Packet - SPR1005 (1 packet)	5	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Mustard Packet - SPR1006 (1 packet)	5	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Ranch Packet - SPR1368 (1 packet)	5	110.00	11.00	2.00	0.00	240.00	2.00	0.00

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SPS Jan. 19 - Lunch K-5 Week 2 Day 2 Chicken Pasta Alfredo, Roll :16210 - ServingDate: 01/08/2019								
Asian Chicken Salad - SPR1282 (1 salad)	10	349.39	10.90	1.94	0.00	738.88	40.01	26.76
Bologna & Cheese Sandwich - SPR1033 (1 sandwich)	5	300.63	15.56	5.03	0.00	970.00	26.00	16.53
Cheese Sandwich - SPR1325 (1 sandwich)	5	340.00	20.00	10.00	0.00	1300.00	28.00	16.00
Chicken Alfredo Macaroni - SPR1253 (1 c.)	65	241.25	8.33	3.55	0.34	614.99	27.90	14.65
Sunbutter & Jelly Sandwich - SPR1133 (1 sandwich)	2	619.59	34.84	4.11	0.00	546.27	56.14	20.37
Mozzarella String Cheese - SPR1412 (1 stick.)	10	80.00	6.00	3.50	0.00	150.00	1.00	7.00
Sunbutter Cup - SPR1051 (1 ea.)	10	272.73	21.82	2.73	0.00	163.64	9.54	9.54
Breadstick - SPR1084 (1 ea.)	10	130.00	2.00	0.00	0.00	260.00	24.00	5.00
Dinner Roll - SPR1219 (1 ea.)	65	90.00	1.00	0.00	0.00	210.00	16.00	3.00
Pretzel Bites Cinnamon Sugar - SPR1346 (1 serving)	10	149.88	0.50	0.00	0.00	150.02	32.95	5.00
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	65	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	50	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Baby Carrots - SPR1340 (1/2 c.)	5	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Spinach Salad with Honey Mustard Dressing - SPR1010 (1 c.)	50	26.34	1.28	0.22	0.00	63.96	2.87	2.03
Grape Tomatoes - SPR1025 (1/2 c.)	65	13.41	0.15	0.02	0.00	3.73	2.90	0.66
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	65	120.00	0.00	0.00	0.00	180.00	20.00	8.00

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SPS Jan. 19 - Lunch K-5 Week 2 Day 2 Chicken Pasta Alfredo, Roll :16210 - ServingDate: 01/08/2019								
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	10	118.34	2.69	1.61	0.00	139.86	13.99	8.61
Asian Dressing - SPR1489 (1 oz.)	10	6.20	0.00	0.00	0.00	2242.49	0.77	0.76
Italian Dressing - SPR1275 (1 tbsp.)	5	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup Packet - SPR1004 (1 packet)	5	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonaise Packet - SPR1005 (1 packet)	5	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Mustard Packet - SPR1006 (1 packet)	5	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Ranch Packet - SPR1368 (1 packet)	5	110.00	11.00	2.00	0.00	240.00	2.00	0.00
SPS Jan. 19 - Lunch K-5 Week 2 Day 3 Turkey Taco :16210 - ServingDate: 01/09/2019								
Asian Chicken Salad - SPR1282 (1 salad)	5	349.39	10.90	1.94	0.00	738.88	40.01	26.76
Cheese Sandwich - SPR1325 (1 sandwich)	10	340.00	20.00	10.00	0.00	1300.00	28.00	16.00
Sunbutter & Jelly Sandwich - SPR1133 (1 sandwich)	2	619.59	34.84	4.11	0.00	546.27	56.14	20.37
Tuna on Goldfish Bread - SPR1145 (1 ea.)	10	225.84	3.42	0.74	0.00	711.23	22.00	31.05
Turkey Taco - SPR1514 (1 tacos)	65	396.39	20.79	6.24	0.00	644.10	28.53	24.42
Breadstick - SPR1084 (1 ea.)	5	130.00	2.00	0.00	0.00	260.00	24.00	5.00
Cheddar Goldfish Cracker - SPR1013 (1 ea.)	5	90.00	3.50	0.50	0.00	200.00	14.00	2.00
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	65	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	50	82.44	0.25	0.05	0.00	1.10	21.53	0.81

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SPS Jan. 19 - Lunch K-5 Week 2 Day 3 Turkey Taco :16210 - ServingDate: 01/09/2019								
Black Bean Salad - SPR1036 (1/2 c.)	35	144.98	2.49	0.18	0.00	229.64	23.79	7.33
Cilantro Lime Cole Slaw - SPR1427 (1/2 c.)	50	52.65	3.24	0.41	0.00	112.39	5.69	0.45
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	65	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	10	118.34	2.69	1.61	0.00	139.86	13.99	8.61
Asian Dressing - SPR1489 (1 oz.)	5	6.20	0.00	0.00	0.00	2242.49	0.77	0.76
Italian Dressing - SPR1275 (1 tbsp.)	5	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup Packet - SPR1004 (1 packet)	5	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonaise Packet - SPR1005 (1 packet)	5	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Mustard Packet - SPR1006 (1 packet)	5	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Ranch Packet - SPR1368 (1 packet)	5	110.00	11.00	2.00	0.00	240.00	2.00	0.00
Salsa - SPR1103 (2 oz.)	50	17.72	0.00	0.00	0.00	62.02	4.43	0.00
SPS Jan. 19 - Lunch K-5 Week 2 Day 4 Broccoli Cheddar Soup, Breadstick :16210 - ServingDate: 01/10/2019								
Asian Chicken Salad - SPR1282 (1 salad)	5	349.39	10.90	1.94	0.00	738.88	40.01	26.76
Bologna & Cheese Sandwich - SPR1033 (1 sandwich)	5	300.63	15.56	5.03	0.00	970.00	26.00	16.53
Broccoli Cheddar Soup - SPR1266 (6 oz.)	65	320.80	21.91	12.53	0.00	1085.91	9.51	21.42
Cheese Sandwich - SPR1325 (1 sandwich)	5	340.00	20.00	10.00	0.00	1300.00	28.00	16.00

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SPS Jan. 19 - Lunch K-5 Week 2 Day 4 Broccoli Cheddar Soup, Breadstick :16210 - ServingDate: 01/10/2019								
Sunbutter & Jelly Sandwich - SPR1133 (1 sandwich)	5	619.59	34.84	4.11	0.00	546.27	56.14	20.37
Mozzarella String Cheese - SPR1412 (1 stick.)	15	80.00	6.00	3.50	0.00	150.00	1.00	7.00
Sunbutter Cup - SPR1051 (1 ea.)	15	272.73	21.82	2.73	0.00	163.64	9.54	9.54
Breadstick - SPR1084 (1 ea.)	70	130.00	2.00	0.00	0.00	260.00	24.00	5.00
Cinnamon Scooby Snacks - SPR1037 (1 pkg.)	50	120.00	3.50	1.00	0.00	115.00	21.00	2.00
Pretzel Bites Cinnamon Sugar - SPR1346 (1 serving)	15	149.88	0.50	0.00	0.00	150.02	32.95	5.00
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	65	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	50	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Baby Carrots - SPR1340 (1/2 c.)	5	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Cucumber Coins - SPR1339 (1/2 c.)	65	9.53	0.00	0.00	0.00	1.27	1.91	0.64
Grape Tomatoes - SPR1025 (1/2 c.)	65	13.41	0.15	0.02	0.00	3.73	2.90	0.66
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	65	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	10	118.34	2.69	1.61	0.00	139.86	13.99	8.61
Asian Dressing - SPR1489 (1 oz.)	5	6.20	0.00	0.00	0.00	2242.49	0.77	0.76
Italian Dressing - SPR1275 (1 tbsp.)	5	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup Packet - SPR1004 (1 packet)	5	10.00	0.00	0.00	0.00	85.00	3.00	0.00

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Elementary School
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Jan. 19 - Lunch K-5 Week 2 Day 4 Broccoli Cheddar Soup, Breadstick :16210 - ServingDate: 01/10/2019								
Mayonaise Packet - SPR1005 (1 packet)	5	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Mustard Packet - SPR1006 (1 packet)	5	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Ranch Packet - SPR1368 (1 packet)	5	110.00	11.00	2.00	0.00	240.00	2.00	0.00
SPS Jan. 19 - Lunch K-5 Week 3 Day 1 Fish & Cheese Sandwich :16210 - ServingDate: 01/14/2019								
Cheese Sandwich - SPR1325 (1 sandwich)	15	340.00	20.00	10.00	0.00	1300.00	28.00	16.00
Fish & Cheese Sandwich - SPR1135 (1 sandwich)	50	400.00	13.50	3.50	0.00	765.00	44.00	24.50
Grilled Chicken Caesar Salad - SPR1140 (1 salad)	10	285.53	10.62	2.42	0.00	850.89	23.50	27.47
Sunbutter & Jelly Sandwich - SPR1133 (1 sandwich)	2	619.59	34.84	4.11	0.00	546.27	56.14	20.37
Turkey & Cheese Sandwich - SPR1134 (1 sandwich)	15	295.00	10.25	4.00	0.00	900.00	25.50	25.00
Parmesan Breadstick - SPR1141 (1 ea.)	10	136.67	2.65	0.31	0.00	279.58	24.00	5.25
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	65	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	50	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Sweet Potato Waffle Fries - SPR1144 (1/2 c.)	65	180.00	9.00	1.50	0.00	230.00	24.00	1.00
Zucchini Coins - SPR1017 (1/2 c.)	65	9.61	0.00	0.00	0.00	4.52	1.70	0.56
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	65	120.00	0.00	0.00	0.00	180.00	20.00	8.00

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Elementary School
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Jan. 19 - Lunch K-5 Week 3 Day 1 Fish & Cheese Sandwich :16210 - ServingDate: 01/14/2019								
Nonfat White Milk - SPR1376 (1 Half Pint)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	15	118.34	2.69	1.61	0.00	139.86	13.99	8.61
Caesar Dressing - SPR1491 (2 tbsp.)	10	110.00	12.00	2.00	0.00	220.00	1.00	1.00
Italian Dressing - SPR1275 (1 tbsp.)	5	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup Packet - SPR1004 (1 packet)	5	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonaise Packet - SPR1005 (1 packet)	5	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Mustard Packet - SPR1006 (1 packet)	5	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Ranch Packet - SPR1368 (1 packet)	5	110.00	11.00	2.00	0.00	240.00	2.00	0.00
Rice Krispies Treat - SPR1281 (1 ea.)	30	45.00	1.00	0.00	0.00	50.00	8.00	1.00
SPS Jan. 19 - Lunch K-5 Week 3 Day 2 Macaroni & Cheese :16210 - ServingDate: 01/15/2019								
Cheese Sandwich - SPR1325 (1 sandwich)	10	340.00	20.00	10.00	0.00	1300.00	28.00	16.00
Grilled Chicken Caesar Salad - SPR1140 (1 salad)	5	285.53	10.62	2.42	0.00	850.89	23.50	27.47
Italian Torpedo - SPR1147 (1 sandwich)	10	316.05	12.92	5.10	0.00	962.64	29.96	20.29
Macaroni & Cheese - SPR1159 (1 c.)	65	314.51	10.42	5.14	0.00	459.87	42.87	15.12
Sunbutter & Jelly Sandwich - SPR1133 (1 sandwich)	2	619.59	34.84	4.11	0.00	546.27	56.14	20.37
Parmesan Breadstick - SPR1141 (1 ea.)	5	136.67	2.65	0.31	0.00	279.58	24.00	5.25
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	65	62.91	0.09	0.01	0.00	2.61	16.30	0.40

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Elementary School

Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Jan. 19 - Lunch K-5 Week 3 Day 2 Macaroni & Cheese :16210 - ServingDate: 01/15/2019								
Fresh Fruit Variety - SPR1164 (1/2 c.)	50	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Baby Carrots - SPR1340 (1/2 c.)	65	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Roasted Zucchini - SPR1400 (1/2 c.)	50	29.54	1.87	0.14	0.00	84.70	2.42	0.78
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	65	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	15	118.34	2.69	1.61	0.00	139.86	13.99	8.61
Caesar Dressing - SPR1491 (2 tbsp.)	10	110.00	12.00	2.00	0.00	220.00	1.00	1.00
Italian Dressing - SPR1275 (1 tbsp.)	5	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup Packet - SPR1004 (1 packet)	5	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonaise Packet - SPR1005 (1 packet)	5	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Mustard Packet - SPR1006 (1 packet)	5	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Ranch Packet - SPR1368 (1 packet)	5	110.00	11.00	2.00	0.00	240.00	2.00	0.00
SPS Jan. 19 - Lunch K-5 Week 3 Day 3 Roasted Chicken, Biscuit :16210 - ServingDate: 01/16/2019								
Cheese Sandwich - SPR1325 (1 sandwich)	15	340.00	20.00	10.00	0.00	1300.00	28.00	16.00
Grilled Chicken Caesar Salad - SPR1140 (1 salad)	10	285.53	10.62	2.42	0.00	850.89	23.50	27.47
Sunbutter & Jelly Sandwich - SPR1133 (1 sandwich)	2	619.59	34.84	4.11	0.00	546.27	56.14	20.37

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Elementary School

Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Jan. 19 - Lunch K-5 Week 3 Day 3 Roasted Chicken, Biscuit :16210 - ServingDate: 01/16/2019								
Turkey & Cheese Sandwich - SPR1134 (1 sandwich)	10	295.00	10.25	4.00	0.00	900.00	25.50	25.00
Diced BBQ Chicken Daycare - SPR1225 (2 oz.)	5	87.61	2.34	0.67	0.00	68.26	0.20	16.68
Roasted Chicken - SPR1020 (1 serving)	55	492.25	20.80	5.15	0.00	460.53	5.33	67.37
Biscuit - SPR1328 (1 biscuit)	35	200.00	9.00	7.00	0.00	410.00	27.00	4.00
Parmesan Breadstick - SPR1141 (1 ea.)	10	136.67	2.65	0.31	0.00	279.58	24.00	5.25
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	65	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	50	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Baby Carrots - SPR1340 (1/2 c.)	50	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Mashed Potatoes - SPR1166 (1/2 c.)	50	113.42	1.53	1.02	0.00	120.70	21.66	2.09
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	65	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	15	118.34	2.69	1.61	0.00	139.86	13.99	8.61
Caesar Dressing - SPR1491 (2 tbsp.)	5	110.00	12.00	2.00	0.00	220.00	1.00	1.00
Italian Dressing - SPR1275 (1 tbsp.)	5	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup Packet - SPR1004 (1 packet)	5	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonaise Packet - SPR1005 (1 packet)	5	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Mustard Packet - SPR1006 (1 packet)	5	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Ranch Packet - SPR1368 (1 packet)	5	110.00	11.00	2.00	0.00	240.00	2.00	0.00

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Elementary School
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Jan. 19 - Lunch K-5 Week 3 Day 4 Chili, Tortilla Chips :16210 - ServingDate: 01/17/2019								
Cheese Sandwich - SPR1325 (1 sandwich)	10	340.00	20.00	10.00	0.00	1300.00	28.00	16.00
Grilled Chicken Caesar Salad - SPR1140 (1 salad)	10	285.53	10.62	2.42	0.00	850.89	23.50	27.47
Italian Torpedo - SPR1147 (1 sandwich)	10	316.05	12.92	5.10	0.00	962.64	29.96	20.29
Sunbutter & Jelly Sandwich - SPR1133 (1 sandwich)	2	619.59	34.84	4.11	0.00	546.27	56.14	20.37
Turkey Chili Soup - SPR1265 (6 oz.)	65	185.36	5.14	3.27	0.00	849.18	19.28	16.10
Cornbread Muffins - SPR1021 (1 ea.)	5	200.00	6.00	1.00	0.00	140.00	34.00	4.00
Parmesan Breadstick - SPR1141 (1 ea.)	10	136.67	2.65	0.31	0.00	279.58	24.00	5.25
Tortilla Chips Oven Baked Tostitos Scoops - SPR1228 (1 Bag)	50	120.03	3.00	0.50	0.00	140.04	22.01	2.00
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	50	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	50	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Steamed Carrot Coins - SPR1383 (1/2 c.)	65	31.91	0.00	0.00	0.00	101.59	6.38	0.91
Side Salad - SPR1399 (1 c.)	50	18.89	0.17	0.03	0.00	31.03	3.90	1.18
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	65	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	15	118.34	2.69	1.61	0.00	139.86	13.99	8.61
Caesar Dressing - SPR1491 (2 tbsp.)	10	110.00	12.00	2.00	0.00	220.00	1.00	1.00
Italian Dressing - SPR1275 (1 tbsp.)	5	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup Packet - SPR1004 (1 packet)	5	10.00	0.00	0.00	0.00	85.00	3.00	0.00

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Elementary School

Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Jan. 19 - Lunch K-5 Week 3 Day 4 Chili, Tortilla Chips :16210 - ServingDate: 01/17/2019								
Mayonaise Packet - SPR1005 (1 packet)	5	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Mustard Packet - SPR1006 (1 packet)	5	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Ranch Packet - SPR1368 (1 packet)	5	110.00	11.00	2.00	0.00	240.00	2.00	0.00
SPS Jan. 19 - Lunch K-5 Week 3 Day 5 Sodexoble :16210 - ServingDate: 01/18/2019								
Cheese Sandwich - SPR1325 (1 sandwich)	10	340.00	20.00	10.00	0.00	1300.00	28.00	16.00
Grilled Chicken Caesar Salad - SPR1140 (1 salad)	10	285.53	10.62	2.42	0.00	850.89	23.50	27.47
Sodexobles - SPR1114 (1 ea.)	65	434.21	23.37	12.64	0.00	1085.85	36.18	21.00
Sunbutter & Jelly Sandwich - SPR1133 (1 sandwich)	2	619.59	34.84	4.11	0.00	546.27	56.14	20.37
Turkey & Cheese Sandwich - SPR1134 (1 sandwich)	10	295.00	10.25	4.00	0.00	900.00	25.50	25.00
Parmesan Breadstick - SPR1141 (1 ea.)	5	136.67	2.65	0.31	0.00	279.58	24.00	5.25
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	50	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	50	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Vegetarian Baked Beans - SPR1319 (1/2 c.)	50	140.00	0.00	0.00	0.00	370.00	30.00	5.00
Side Salad - SPR1399 (1 c.)	45	18.89	0.17	0.03	0.00	31.03	3.90	1.18
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	65	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Elementary School
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Jan. 19 - Lunch K-5 Week 3 Day 5 Sodexoble :16210 - ServingDate: 01/18/2019								
Lowfat White Milk - SPR1375 (1 Half Pint)	15	118.34	2.69	1.61	0.00	139.86	13.99	8.61
Caesar Dressing - SPR1491 (2 tbsp.)	10	110.00	12.00	2.00	0.00	220.00	1.00	1.00
Italian Dressing - SPR1275 (1 tbsp.)	5	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup Packet - SPR1004 (1 packet)	5	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonaise Packet - SPR1005 (1 packet)	5	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Mustard Packet - SPR1006 (1 packet)	5	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Ranch Packet - SPR1368 (1 packet)	5	110.00	11.00	2.00	0.00	240.00	2.00	0.00
SPS Jan. 19 - Lunch K-5 Week 4 Day 2 Penne Pasta, Sauce, Garlic Roll :16210 - ServingDate: 01/22/2019								
Cheese Sandwich - SPR1325 (1 sandwich)	5	340.00	20.00	10.00	0.00	1300.00	28.00	16.00
Chicken Caesar Wrap - SPR1191 (1 wrap)	15	400.45	19.12	4.07	0.00	566.32	25.74	31.01
Crispy Chicken Salad - SPR1024 (1 salad)	10	261.20	13.54	4.84	0.00	405.92	21.30	17.82
Pasta & Sauce with Shredded Cheese - SPR1380 (3/4 c.)	60	360.30	15.20	10.00	0.00	585.30	39.66	18.54
Sunbutter & Jelly Sandwich - SPR1133 (1 sandwich)	5	619.59	34.84	4.11	0.00	546.27	56.14	20.37
Garlic Roll - SPR1014 (1 roll.)	50	107.05	2.85	0.76	0.00	228.44	16.08	3.01
Pretzel Bites - SPR1151 (4 ea.)	10	120.00	0.00	0.00	0.00	84.00	28.00	4.00
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	65	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	50	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Steamed Broccoli - SPR1169 (1/2 c.)	65	16.86	0.01	0.01	0.00	249.76	3.37	1.03

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Elementary School
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Jan. 19 - Lunch K-5 Week 4 Day 2 Penne Pasta, Sauce, Garlic Roll :16210 - ServingDate: 01/22/2019								
Three Bean Mozzarella Salad - SPR1404 (1/2 c.)	35	114.55	2.13	0.78	0.00	273.00	17.55	6.37
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	65	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	10	118.34	2.69	1.61	0.00	139.86	13.99	8.61
Italian Dressing - SPR1275 (1 tbsp.)	5	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup Packet - SPR1004 (1 packet)	5	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonaise Packet - SPR1005 (1 packet)	5	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Mustard Packet - SPR1006 (1 packet)	5	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Ranch Packet - SPR1368 (1 packet)	5	110.00	11.00	2.00	0.00	240.00	2.00	0.00
SPS Jan. 19 - Lunch K-5 Week 4 Day 3 Chicken Taco, Rice & Beans :16210 - ServingDate: 01/23/2019								
Cheese Sandwich - SPR1325 (1 sandwich)	5	340.00	20.00	10.00	0.00	1300.00	28.00	16.00
Chicken Taco - SPR1333 (1 tacos)	65	311.94	13.18	4.92	0.00	441.42	24.55	25.18
Crispy Chicken Salad - SPR1024 (1 salad)	10	261.20	13.54	4.84	0.00	405.92	21.30	17.82
Sunbutter & Jelly Sandwich - SPR1133 (1 sandwich)	2	619.59	34.84	4.11	0.00	546.27	56.14	20.37
Turkey BLT Sandwich - SPR1203 (1 sandwich)	10	276.06	7.81	2.01	0.00	758.15	26.80	24.85
Pretzel Bites - SPR1151 (4 ea.)	10	120.00	0.00	0.00	0.00	84.00	28.00	4.00
Pretzel Twist Heartzels - SPR1230 (1 Bag)	35	80.00	1.50	0.00	0.00	200.00	15.00	2.00

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Elementary School

Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Jan. 19 - Lunch K-5 Week 4 Day 3 Chicken Taco, Rice & Beans :16210 - ServingDate: 01/23/2019								
Rice & Beans - SPR1334 (2/3 c.)	50	85.31	2.44	0.16	0.00	354.73	14.04	2.16
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	65	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	50	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Green Pepper Strips - SPR1027 (1/2 c.)	55	9.20	0.08	0.03	0.00	1.38	2.13	0.40
Salsa - SPR1103 (2 oz.)	65	17.72	0.00	0.00	0.00	62.02	4.43	0.00
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	65	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	10	118.34	2.69	1.61	0.00	139.86	13.99	8.61
Italian Dressing - SPR1275 (1 tbsp.)	5	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup Packet - SPR1004 (1 packet)	5	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonaise Packet - SPR1005 (1 packet)	5	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Mustard Packet - SPR1006 (1 packet)	5	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Ranch Packet - SPR1368 (1 packet)	5	110.00	11.00	2.00	0.00	240.00	2.00	0.00
SPS Jan. 19 - Lunch K-5 Week 4 Day 4 Potato & Bacon Soup, Breadstick :16210 - ServingDate: 01/24/2019								
Cheese Sandwich - SPR1325 (1 sandwich)	10	340.00	20.00	10.00	0.00	1300.00	28.00	16.00
Chicken Caesar Wrap - SPR1191 (1 wrap)	5	400.45	19.12	4.07	0.00	566.32	25.74	31.01
Potato & Bacon Soup - SPR1264 (6 oz.)	65	211.15	10.86	5.32	0.50	695.60	19.76	7.07

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Elementary School
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Jan. 19 - Lunch K-5 Week 4 Day 4 Potato & Bacon Soup, Breadstick :16210 - ServingDate: 01/24/2019								
Crispy Chicken Salad - SPR1024 (1 salad)	10	261.20	13.54	4.84	0.00	405.92	21.30	17.82
Sunbutter & Jelly Sandwich - SPR1133 (1 sandwich)	2	619.59	34.84	4.11	0.00	546.27	56.14	20.37
Breadstick - SPR1084 (1 ea.)	50	130.00	2.00	0.00	0.00	260.00	24.00	5.00
Pretzel Bites - SPR1151 (4 ea.)	10	120.00	0.00	0.00	0.00	84.00	28.00	4.00
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	65	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	50	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Green Pepper Strips - SPR1027 (1/2 c.)	65	9.20	0.08	0.03	0.00	1.38	2.13	0.40
Grape Tomatoes - SPR1025 (1/2 c.)	65	13.41	0.15	0.02	0.00	3.73	2.90	0.66
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	65	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	5	118.34	2.69	1.61	0.00	139.86	13.99	8.61
Italian Dressing - SPR1275 (1 tbsp.)	5	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup Packet - SPR1004 (1 packet)	5	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonaise Packet - SPR1005 (1 packet)	5	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Mustard Packet - SPR1006 (1 packet)	5	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Ranch Packet - SPR1368 (1 packet)	5	110.00	11.00	2.00	0.00	240.00	2.00	0.00

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Elementary School
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Jan. 19 - Lunch K-5 Week 4 Day 5 Cheese or BBQ Chicken Pizza :16210 - ServingDate: 01/25/2019								
Cheese Pizza Daycare - SPR1493 (1 slice)	5	310.00	11.00	4.00	0.00	480.00	35.00	16.00
BBQ Chicken Pizza - SPR1374 (1 slice)	25	449.25	17.37	7.42	0.00	483.30	43.73	27.58
Cheese Pizza - SPR1445 (1 slice)	45	405.06	16.20	7.09	0.00	445.57	43.54	19.24
Cheese Sandwich - SPR1325 (1 sandwich)	5	340.00	20.00	10.00	0.00	1300.00	28.00	16.00
Crispy Chicken Salad - SPR1024 (1 salad)	5	261.20	13.54	4.84	0.00	405.92	21.30	17.82
Sunbutter & Jelly Sandwich - SPR1133 (1 sandwich)	2	619.59	34.84	4.11	0.00	546.27	56.14	20.37
Turkey BLT Sandwich - SPR1203 (1 sandwich)	5	276.06	7.81	2.01	0.00	758.15	26.80	24.85
Pretzel Bites - SPR1151 (4 ea.)	5	120.00	0.00	0.00	0.00	84.00	28.00	4.00
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	65	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	50	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Baby Carrots - SPR1340 (1/2 c.)	5	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Green Beans - SPR1321 (1/2 c.)	65	20.00	0.00	0.00	0.00	5.00	5.00	0.00
Grape Tomatoes - SPR1025 (1/2 c.)	65	13.41	0.15	0.02	0.00	3.73	2.90	0.66
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	65	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	10	118.34	2.69	1.61	0.00	139.86	13.99	8.61
Italian Dressing - SPR1275 (1 tbsp.)	5	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup Packet - SPR1004 (1 packet)	5	10.00	0.00	0.00	0.00	85.00	3.00	0.00

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Elementary School
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Jan. 19 - Lunch K-5 Week 4 Day 5 Cheese or BBQ Chicken Pizza :16210 - ServingDate: 01/25/2019								
Mayonaise Packet - SPR1005 (1 packet)	5	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Mustard Packet - SPR1006 (1 packet)	5	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Ranch Packet - SPR1368 (1 packet)	5	110.00	11.00	2.00	0.00	240.00	2.00	0.00
SPS Jan. 19 - Lunch K-5 Week 5 Day 1 Grilled Chicken, Cilantro Lime Rice :16210 - ServingDate: 01/28/2019								
Cheese Sandwich - SPR1325 (1 sandwich)	15	340.00	20.00	10.00	0.00	1300.00	28.00	16.00
Chicken Rice Bowl - SPR1357 (1 serving)	55	234.23	12.23	7.44	0.00	545.61	9.74	21.75
Grilled Chicken, Lettuce, Tomato - SPR1406 (1 ea.)	10	281.24	6.23	1.03	0.00	598.10	33.57	23.12
Sunbutter & Jelly Sandwich - SPR1133 (1 sandwich)	7	619.59	34.84	4.11	0.00	546.27	56.14	20.37
Turkey BLT Salad - SPR1032 (1 serving)	10	220.91	8.27	2.58	0.00	680.31	15.29	24.30
Breadstick - SPR1084 (1 ea.)	10	130.00	2.00	0.00	0.00	260.00	24.00	5.00
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	65	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	65	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Celery Sticks - SPR1338 (3 stick (4")	65	5.17	0.06	0.01	0.00	25.86	0.96	0.22
Tex Mex Garbanzo Beans - SPR1022 (1/2 c.)	45	145.89	4.76	0.17	0.00	187.12	20.45	5.95
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	65	120.00	0.00	0.00	0.00	180.00	20.00	8.00

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Elementary School
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Jan. 19 - Lunch K-5 Week 5 Day 1 Grilled Chicken, Cilantro Lime Rice :16210 - ServingDate: 01/28/2019								
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	10	118.34	2.69	1.61	0.00	139.86	13.99	8.61
Italian Dressing - SPR1275 (1 tbsp.)	5	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup Packet - SPR1004 (1 packet)	5	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonaise Packet - SPR1005 (1 packet)	5	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Mustard Packet - SPR1006 (1 packet)	5	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Ranch Packet - SPR1368 (1 packet)	5	110.00	11.00	2.00	0.00	240.00	2.00	0.00
SPS Jan. 19 - Lunch K-5 Week 5 Day 2 French Toast, Sausage :16210 - ServingDate: 01/29/2019								
Cheese Sandwich - SPR1325 (1 sandwich)	10	340.00	20.00	10.00	0.00	1300.00	28.00	16.00
Crispy Chicken Wrap - SPR1155 (1 wrap)	10	399.90	20.40	7.68	0.00	532.92	35.74	18.36
Sunbutter & Jelly Sandwich - SPR1133 (1 sandwich)	5	619.59	34.84	4.11	0.00	546.27	56.14	20.37
Turkey BLT Salad - SPR1032 (1 serving)	10	220.91	8.27	2.58	0.00	680.31	15.29	24.30
Sausage Link - SPR1183 (2 ea.)	50	118.52	8.89	2.47	0.00	316.05	0.00	8.89
Turkey Sausage Patty - SPR1395 (2 ea.)	5	140.00	6.00	2.00	0.00	360.00	2.00	14.00
Breadstick - SPR1084 (1 ea.)	10	130.00	2.00	0.00	0.00	260.00	24.00	5.00
French Toast - SPR1487 (4 ea.)	65	280.00	12.00	2.00	0.00	290.00	35.00	6.00
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	65	62.91	0.09	0.01	0.00	2.61	16.30	0.40

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Elementary School
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Jan. 19 - Lunch K-5 Week 5 Day 2 French Toast, Sausage :16210 - ServingDate: 01/29/2019								
Fresh Fruit Variety - SPR1164 (1/2 c.)	50	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Baby Carrots - SPR1340 (1/2 c.)	65	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Home Fries - SPR1100 (1/2 c.)	65	76.47	3.22	0.24	0.00	245.03	11.18	1.43
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	65	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	10	118.34	2.69	1.61	0.00	139.86	13.99	8.61
Italian Dressing - SPR1275 (1 tbsp.)	5	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup Packet - SPR1004 (1 packet)	5	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonaise Packet - SPR1005 (1 packet)	5	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Mustard Packet - SPR1006 (1 packet)	5	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Ranch Packet - SPR1368 (1 packet)	5	110.00	11.00	2.00	0.00	240.00	2.00	0.00
Maple Syrup - SPR1394 (1 fl. oz.)	15	117.75	0.00	0.00	0.00	39.25	29.16	0.00
SPS Jan. 19 - Lunch K-5 Week 5 Day 3 Steak & Cheese Sandwich :16210 - ServingDate: 01/30/2019								
Cheese Sandwich - SPR1325 (1 sandwich)	15	340.00	20.00	10.00	0.00	1300.00	28.00	16.00
Grilled Chicken, Lettuce, Tomato - SPR1406 (1 ea.)	10	281.24	6.23	1.03	0.00	598.10	33.57	23.12
Steak & Cheese Sandwich - SPR1026 (1 sandwich)	65	385.00	21.50	9.50	0.00	525.00	29.50	17.00

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Elementary School
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Jan. 19 - Lunch K-5 Week 5 Day 3 Steak & Cheese Sandwich :16210 - ServingDate: 01/30/2019								
Sunbutter & Jelly Sandwich - SPR1133 (1 sandwich)	5	619.59	34.84	4.11	0.00	546.27	56.14	20.37
Turkey BLT Salad - SPR1032 (1 serving)	5	220.91	8.27	2.58	0.00	680.31	15.29	24.30
Breadstick - SPR1084 (1 ea.)	5	130.00	2.00	0.00	0.00	260.00	24.00	5.00
Chocolate Chip Cookie - SPR1009 (1 cookie)	50	120.00	4.00	1.00	0.00	60.00	16.00	4.00
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	65	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	50	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Celery Sticks - SPR1338 (3 stick (4")	65	5.17	0.06	0.01	0.00	25.86	0.96	0.22
Roasted Potato Wedges - SPR1430 (1/2 c.)	65	93.87	2.96	0.04	0.00	108.46	14.99	2.00
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	65	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	10	118.34	2.69	1.61	0.00	139.86	13.99	8.61
Italian Dressing - SPR1275 (1 tbsp.)	5	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup Packet - SPR1004 (1 packet)	5	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonaise Packet - SPR1005 (1 packet)	5	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Mustard Packet - SPR1006 (1 packet)	5	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Ranch Packet - SPR1368 (1 packet)	5	110.00	11.00	2.00	0.00	240.00	2.00	0.00

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Elementary School
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Jan. 19 - Lunch K-5 Week 5 Day 4 Mexican Chicken Corn Chowder :16210 - ServingDate: 01/31/2019								
Cheese Sandwich - SPR1325 (1 sandwich)	10	340.00	20.00	10.00	0.00	1300.00	28.00	16.00
Crispy Chicken Wrap - SPR1155 (1 wrap)	15	399.90	20.40	7.68	0.00	532.92	35.74	18.36
Sunbutter & Jelly Sandwich - SPR1133 (1 sandwich)	5	619.59	34.84	4.11	0.00	546.27	56.14	20.37
Turkey BLT Salad - SPR1032 (1 serving)	15	220.91	8.27	2.58	0.00	680.31	15.29	24.30
Mexican Chicken Corn Chowder Soup - SPR1307 (6 oz.)	50	179.99	7.73	4.24	0.29	442.69	16.25	10.97
Breadstick - SPR1084 (1 ea.)	15	130.00	2.00	0.00	0.00	260.00	24.00	5.00
Cornbread Muffins - SPR1021 (1 ea.)	50	200.00	6.00	1.00	0.00	140.00	34.00	4.00
Canned/Frozen Fruit Variety - SPR1165 (1/2 c.)	65	62.91	0.09	0.01	0.00	2.61	16.30	0.40
Fresh Fruit Variety - SPR1164 (1/2 c.)	50	82.44	0.25	0.05	0.00	1.10	21.53	0.81
Steamed Broccoli - SPR1169 (1/2 c.)	65	16.86	0.01	0.01	0.00	249.76	3.37	1.03
Baby Carrots - SPR1340 (1/2 c.)	50	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Lactaid Milk - SPR1326 (1 Carton)	5	90.00	0.00	0.00	0.00	125.00	13.00	8.00
Chocolate Milk - SPR1305 (1 Carton)	65	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Nonfat White Milk - SPR1376 (1 Half Pint)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Lowfat White Milk - SPR1375 (1 Half Pint)	10	118.34	2.69	1.61	0.00	139.86	13.99	8.61
Italian Dressing - SPR1275 (1 tbsp.)	5	7.50	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup Packet - SPR1004 (1 packet)	5	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonaise Packet - SPR1005 (1 packet)	5	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Mustard Packet - SPR1006 (1 packet)	5	4.58	0.00	0.00	0.00	77.92	0.92	0.00

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Elementary School
 Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
SPS Jan. 19 - Lunch K-5 Week 5 Day 4 Mexican Chicken Corn Chowder :16210 - ServingDate: 01/31/2019								
Ranch Packet - SPR1368 (1 packet)	5	110.00	11.00	2.00	0.00	240.00	2.00	0.00

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Lunch
 Site Group: The Clubhouse
 Menu Line: CH-Main Event
 Serving Group: K-8
 Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.