

Springfield High School  
Week of December 31 – January 4



	Monday	Tuesday	Wednesday	Thursday	Friday
	NO SCHOOL	NO SCHOOL	Cheesy Italian Dunkers with Marinara Sauce	Tomato Soup with Grilled Cheese Sandwich	Southwest Chicken Casserole
	<u><b>Daily Option:</b></u> Hamburger Breaded Chicken Grilled Chicken  <u><b>Served With Choice of:</b></u> Lettuce, Tomato, Pickles, Cheese  <u><b>Special:</b></u> Mini Corndogs				
			Hawaiian	Bacon Chicken	Vegetable Lovers
<u><b>Daily Options:</b></u> Cheese and Pepperoni Pizza					
	<u><b>NACHO BAR</b></u> Mexican Chicken or Vegetarian Griller Crumbles Spanish Rice and Beans Tortilla Chips Toppings: Cheese Sauce, Jalapenos, Salsa, Shredded Lettuce, Sour Cream				
 *all salads come with Whole Wheat Roll			Garden Salad	Garden Salad	Garden Salad
			Buffalo Chicken Salad	Buffalo Chicken Salad	Buffalo Chicken Salad
A Variety of Fresh Sandwiches From Our Deli Bar					
			Potato Salad	Baby Carrots	
			Celery Sticks	Celery Sticks	Caesar Salad
			Mashed Potatoes	Steamed Carrots	White Bean Salad
<u><b>Fruits and Vegetables Available Daily</b></u> Side Salad, Assorted Fresh and Chilled Fruit					
MILK	SERVING YOUR CHOICE OF: CHOCOLATE or 1% WHITE				
PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES				<i>Menu Items are Subject To Change</i>	

Springfield High School  
Week of January 7-11



	Monday	Tuesday	Wednesday	Thursday	Friday
	Hot Dog with Potato Salad	Chicken Pasta Alfredo with Dinner Roll	Turkey Taco with Salsa and Shredded Lettuce	Broccoli Cheddar Soup in a Bread Bowl	NO SCHOOL
	<b><u>Daily Option:</u></b> Hamburger Breaded Chicken Grilled Chicken				
	<b><u>Served With Choice of:</u></b> Lettuce, Tomato, Pickles, Cheese				
	<b><u>Special:</u></b> Dogs in a Blanket				
	Mushroom	Chicken Cordon Blue	Chicken Club	Sausage, Onion and Peppers	
	<b><u>Daily Options:</u></b> Cheese and Pepperoni Pizza				
	<b>BURRITO BAR</b> Mexican Chicken or Vegetarian Griller Crumbles Cilantro Lime Rice 10" Tortilla or Salad Mix Pinto Beans, Peppers and Onions, Corn Salsa, Shredded Cheese, Sour Cream <i>*Optional: Rice or Salad Bowl</i>				
 <small>*all salads come with Whole Wheat Roll</small>	<b>A Variety of Fresh Sandwiches From Our Deli Bar</b>				
	Potato Salad				
	Garden Salad	Garden Salad	Garden Salad	Garden Salad	
	Asian Grilled Chicken Salad	Asian Grilled Chicken Salad	Asian Grilled Chicken Salad	Asian Grilled Chicken Salad	
	Spinach Salad with Honey Mustard	Spinach Salad with Honey Mustard	Black Bean Salad	Cucumber Coins	
	Steamed Corn	Grape Tomatoes	Cilantro Lime Cole Slaw	Grape Tomatoes	
	<b><u>Fruits and Vegetables Available Daily</u></b> Side Salad, Assorted Fresh and Chilled Fruit				
MILK	SERVING YOUR CHOICE OF: CHOCOLATE or 1% WHITE				
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Springfield High School  
Week of January 14-18



	Monday	Tuesday	Wednesday	Thursday	Friday
	Fish Sandwich	Macaroni and Cheese with Dinner Roll	Roasted Chicken and Biscuit	Chili with Tortilla Chips	Chicken Fried Rice and Chicken Egg Roll
	<p><b><u>Daily Option:</u></b> Hamburger Breaded Chicken Grilled Chicken</p> <p><b><u>Served With Choice of:</u></b> Lettuce, Tomato, Pickles, Cheese</p> <p><b><u>Special:</u></b> Bacon Bruschetta Flatbread Burger</p>				
	Supreme	Meatball	Steak and Cheese	Bacon Bruschetta	Asian Chicken
<b><u>Daily Options:</u></b> Cheese and Pepperoni Pizza					
	<p><b><u>ITALIAN PASTA BAR</u></b> Penne Pasta Grilled Chicken or Vegetarian Griller Crumbles Tomato Sauce or Alfredo Sauce Shredded Cheese, Sautéed Seasonal Vegetables, Garlic Roll</p>				
 *all salads come with Whole Wheat Roll	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
	Grilled Chicken Caesar Salad	Grilled Chicken Caesar Salad	Grilled Chicken Caesar Salad	Grilled Chicken Caesar Salad	Grilled Chicken Caesar Salad
<b>A Variety of Fresh Sandwiches From Our Deli Bar</b>					
	Baby Carrots	Potato Salad	3 Bean Salad	Baby Carrots	Zucchini Coins
	Sweet Potatoes Fries	Baby Carrots	Mashed Potatoes	Celery Sticks	Baked Beans
	Zucchini Coins	Roasted Zucchini	Baby Carrots	Steamed Carrots	Baby Carrots
<b><u>Fruits and Vegetables Available Daily</u></b> Side Salad, Assorted Fresh and Chilled Fruit					
<b>MILK</b>	<b>SERVING YOUR CHOICE OF: CHOCOLATE or 1% WHITE</b>				
<b>PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES</b>				<i>Menu Items are Subject To Change</i>	

Springfield High School  
Week of January 21-25



	Monday	Tuesday	Wednesday	Thursday	Friday
	NO SCHOOL	Penne Pasta and Sauce with Shredded Cheese with Garlic Roll	Chicken Taco, Salsa, Lettuce with Rice and Beans	Creamy Potato and Bacon Soup with Dinner Roll	Chicken Enchiladas
	<p><b><u>Daily Option:</u></b> Hamburger Breaded Chicken Grilled Chicken</p> <p><b><u>Served With Choice of:</u></b> Lettuce, Tomato, Pickles, Cheese</p> <p><b><u>Special:</u></b> Italian Sausage Sandwich on Torpedo</p>				
		BBQ Chicken	Hawaiian	Bacon Chicken	Vegetable Lovers
<b><u>Daily Options:</u></b> Cheese and Pepperoni Pizza					
	<p><b><u>NACHO BAR</u></b> Mexican Chicken or Vegetarian Griller Crumbles Spanish Rice and Beans Tortilla Chips Toppings: Cheese Sauce, Jalapenos, Salsa, Shredded Lettuce, Sour Cream</p>				
		Garden Salad	Garden Salad	Garden Salad	Garden Salad
*all salads come with Whole Wheat Roll		Crispy Chicken Salad	Crispy Chicken Salad	Crispy Chicken Salad	Crispy Chicken Salad
	A Variety of Fresh Sandwiches From Our Deli Bar				
		Fresh Broccoli			Pepper Strips
		Three Bean Mozz. Salad	Pepper Strips	Pepper Strips	Steamed Green Beans
		Steamed Broccoli	Grape Tomatoes	Grape Tomatoes	Grape Tomatoes
<b><u>Fruits and Vegetables Available Daily</u></b> Side Salad, Assorted Fresh and Chilled Fruit					
MILK	SERVING YOUR CHOICE OF: CHOCOLATE or 1% WHITE				
PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES				Menu Items are Subject To Change	

Springfield High School  
Week of January 28 – February 1



	Monday	Tuesday	Wednesday	Thursday	Friday
	Grilled Chicken, Cilantro Lime Rice and Shredded Cheese	French Toast with Syrup and Sausage	Steak and Cheese Sandwich with Peppers and Onions	Mexican Chicken Corn Chowder with Cornbread and/or Roll	Chicken Nuggets with Pasta Salad
	<u><b>Daily Option:</b></u> Hamburger Breaded Chicken Grilled Chicken  <u><b>Served With Choice of:</b></u> Lettuce, Tomato, Pickles, Cheese  <u><b>Special:</b></u> Buffalo Chicken Melt Sandwich				
	Mushroom	Chicken Cordon Blue	Chicken Club	Sausage, Onion and Peppers	Pepperoni and Banana Peppers
<u><b>Daily Options:</b></u> Cheese and Pepperoni Pizza					
	<b>ASIAN BAR</b> Fried Rice or Noodles Sweet and Sour Chicken, Bourbon Chicken or Vegetarian Griller Crumbles Asian Vegetable Mix, Steamed Broccoli, Fortune Cookie, Chow Mein Noodles				
 *all salads come with Whole Wheat Roll	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
	Turley BLT Salad	Turley BLT Salad	Turley BLT Salad	Turley BLT Salad	Turley BLT Salad
A Variety of Fresh Sandwiches From Our Deli Bar					
		Potato Salad	Potato Salad	Fresh Broccoli	Fresh Cauliflower
	Tex-Mex Garbanzo Beans	Baby Carrots	Roasted Potatoes	Steamed Broccoli	Steamed BBQ Cauliflower
	Celery Sticks	Home Fries	Celery Sticks	Baby Carrots	Baby Carrots
<u><b>Fruits and Vegetables Available Daily</b></u> Side Salad, Assorted Fresh and Chilled Fruit					
<b>MILK</b>	<b>SERVING YOUR CHOICE OF: CHOCOLATE or 1% WHITE</b>				
<b>PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES</b>				<i>Menu Items are Subject To Change</i>	