

**SPRINGFIELD PUBLIC SCHOOLS  
BREAKFAST IN THE CLASSROOM  
SEPTEMBER 2022**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
8/29	8/30	8/31	9/1	9/2
Blueberry Muffin  OR Assorted Cereal  Local Granola Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Maple Waffle with Maple Syrup OR Yogurt Bowl with Granola & Strawberries  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Egg & Cheese English Muffin OR Assorted Cereal  Lemon Blueberry Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Spiced Apple Pocket  OR Yogurt Bowl with Granola & Strawberries  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Canadian Bacon, Egg & Cheese on French Toast OR Assorted Cereal  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
9/5	9/6	9/7	9/8	9/9
NO SCHOOL	NO SCHOOL	Local One Mighty Mill Cinnamon Raisin Bagel with Cream Cheese OR Assorted Cereal  Granola Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Pork Bacon & Egg Pocket  OR Yogurt Bowl with Granola & Blueberries  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Pork Sausage, Egg & Cheese on Maple Waffle Flatbread OR Assorted Cereal  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
9/12	9/13	9/14	9/15	9/16
Banana Chocolate Chip Muffin OR Assorted Cereal  Local Granola Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Breakfast Taco Bowl with Corn Tortilla OR Yogurt Bowl with Granola & Strawberries  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Apple Cranberry Muffin  OR Assorted Cereal  Lemon Blueberry Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Blueberry Pocket  OR Yogurt Bowl with Granola & Strawberries  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Canadian Bacon, Egg & Cheese on English Muffin OR Assorted Cereal  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
9/19	9/20	9/21	9/22	9/23
Pumpkin Spice Muffin  OR Assorted Cereal  Giant Goldfish Cracker Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	French Toast Sticks with Pork Sausage Links OR Yogurt Bowl with Granola & Blueberries  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Local One Mighty Mill Cinnamon Raisin Bagel with Cream Cheese OR Assorted Cereal  Granola Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Pork Sausage & Egg Pocket OR Yogurt Bowl with Granola & Blueberries  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Egg & Cheese on Croissant OR Assorted Cereal  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
9/26	9/27	9/28	9/29	9/30
Blueberry Muffin  OR Assorted Cereal  Local Granola Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Maple Waffle with Maple Syrup OR Yogurt Bowl with Granola & Strawberries  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Egg & Cheese English Muffin OR Assorted Cereal  Lemon Blueberry Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Spiced Apple Pocket  OR Yogurt Bowl with Granola & Strawberries  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Canadian Bacon, Egg & Cheese on French Toast OR Assorted Cereal  Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
<b>PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES</b>		<b>Menu items are subject to change</b>		

This institution is an equal opportunity provider.