

Springfield High Schools
Week of October 31 – November 4

STATION NAMES	Monday	Tuesday	Wednesday	Thursday	Friday
ENTRÉE	Shepherd's Pie with a Breadstick	Thai Chicken Meatballs with Sweet Chili Sauce over Rice	Chicken & Waffle with Syrup	Mac & Cheese	Cheesy Pizza Dunkers with Marinara Sauce
BAR	Nacho Bar: Choice Of: Nacho Beef or Refried Beans Served with Nacho Cheese Sauce, Sour Cream, Salsa, Jalapenos & Tortilla Chips				
PIZZA	Daily Options: Cheese Pizza Pepperoni Pizza				
	Curried Lentil Pocket with Yogurt Lime Sauce	Supreme Pizza	Curried Lentil Pocket with Yogurt Lime Sauce	Supreme Pizza	Curried Lentil Pocket with Yogurt Lime Sauce
GRILL	Cheeseburger	Chicken Patty	Hot Dog	Cheeseburger	Spicy Chicken Patty
	Daily Option: Grilled Chicken Sandwich Sides – Sliced Tomato, Green Leaf Lettuce, Sliced Onion, Pickles				
FAST TAKES	Chef Salad with Breadstick Classic Hummus Bento Box Turkey & Cheese Sandwich on Kaiser Roll Sunbutter & Jelly Sandwich				
SIDES	Tater Tots	Roasted Peppers & Onions	Sweet Potatoes	Roasted Garlic Kale	Celery Sticks
	Celery Sticks	Seasoned Black Bean Salad	Celery Sticks	Grape Tomatoes	Grape Tomatoes
COLD LINE ALTERNATE	Corn Salsa	Cauliflower Florets	Carrot Sticks	Broccoli Florets	
	Available Daily: Chilled Pears Assorted Fresh Fruit Fat Free Chocolate, 1% White or Fat Free White Milk				

Springfield High School
Week of November 7 – 11

STATION NAMES	Monday	Tuesday	Wednesday	Thursday	Friday
ENTRÉE	Sweet & Sour Chicken with Veggie Fried Rice	NO SCHOOL	Smokehouse Chili Cheese Fries with Jalapeno Cheddar Corn Muffin	Chicken Nuggets with Potato Wedges and Dinner Roll	NO SCHOOL
BAR	Nacho Bar: Choice Of: Buffalo Chicken or Refried Beans Served with Nacho Cheese Sauce, Sour Cream, Salsa, Jalapenos & Tortilla Chips				
PIZZA	Daily Options: Cheese Pizza Pepperoni Pizza				
	Steak & Cheese Pocket		Steak & Cheese Pocket	BBQ Chicken Pizza	
GRILL	Hot Dog		Cheeseburger	Spicy Chicken Patty	
	Daily Option: Grilled Chicken Sandwich Sides – Sliced Tomato, Green Leaf Lettuce, Sliced Onion, Pickles				
FAST TAKES	Buffalo Chicken Salad with Breadstick Garden Salad with Hummus and Breadstick Turkey Ham & Cheese Sandwich on Kaiser Roll Sunbutter & Jelly Sandwich				
SIDES	Steamed Broccoli		Steamed Peas	Seasoned Black Bean Salad	
	Carrot Sticks		Zucchini Coins	Carrot Sticks	
COLD LINE ALTERNATE	Broccoli Florets		Corn Salsa		
	Available Daily: Chilled Mixed Fruit Assorted Fresh Fruit Fat Free Chocolate, 1% White or Fat Free White Milk				

Springfield High School
Week of November 14 – 18

STATION NAMES	Monday	Tuesday	Wednesday	Thursday	Friday
ENTRÉE	Chicken Patty Sandwich with Cole Slaw	Chicken Broccoli Alfredo over Penne Pasta	Loaded Baked Potato with Cheese Sauce and Breadstick	Roast Turkey with Stuffing, Gravy, Cranberry Sauce & Dinner Roll	Meatball Sub with Shredded Cheese
BAR	Nacho Bar: Choice Of: Nacho Beef or Refried Beans Served with Nacho Cheese Sauce, Sour Cream, Salsa, Jalapenos & Tortilla Chips				
PIZZA	Cheese Pizza OR Pepperoni Pizza	Cheese Pizza OR Pepperoni Pizza	Cheese Pizza OR Pepperoni Pizza	Cheese Pizza	Cheese Pizza OR Pepperoni Pizza
	Curried Lentil Pocket with Yogurt Lime Sauce	Sausage, Onion & Pepper Pizza	Curried Lentil Pocket with Yogurt Lime Sauce		Curried Lentil Pocket with Yogurt Lime Sauce
GRILL	Cheeseburger OR Grilled Chicken Sandwich	Chicken Patty OR Grilled Chicken Sandwich	Hot Dog OR Grilled Chicken Sandwich		Spicy Chicken Patty OR Grilled Chicken Sandwich
FAST TAKES	Crispy Chicken Salad with Breadstick Classic Hummus Bento Box Italian Sandwich on Kaiser Roll Sunbutter & Jelly Sandwich				
SIDES	Tater Tots Seasoned Black Bean Salad	Cauliflower Florets Grape Tomatoes	Steamed Broccoli Cauliflower Florets	Roasted Butternut Squash Cauliflower Florets	Grape Tomatoes Roasted Garlic Kale
COLD LINE ALTERNATE	Corn Salsa		Broccoli Florets	Carrot Sticks	Broccoli Florets
	<u>Available Daily:</u> Chilled Peaches Assorted Fresh Fruit Fat Free Chocolate, 1% White or Fat Free White Milk				

Springfield High School
Week of November 21 – 25

STATION NAMES	Monday	Tuesday	Wednesday	Thursday	Friday
ENTRÉE	Breakfast for Lunch	Chef's Choice	NO SCHOOL	NO SCHOOL	NO SCHOOL
NACHO BAR	Choice Of: BBQ Pork or Refried Beans Served with Nacho Cheese Sauce, Sour Cream, Salsa, Jalapenos & Tortilla Chips				
PIZZA	Daily Options: Cheese Pizza Pepperoni Pizza				
	Steak & Cheese Pocket	Steak & Cheese Pocket			
GRILL	Cheeseburger	Chicken Patty			
FAST TAKES	Turkey Ham & Cheese Sandwich on Kaiser Roll Sunbutter & Jelly Sandwich				
SIDES COLD LINE ALTERNATE	Black Bean Salad	Steamed Corn			
	Steamed Broccoli	Carrot Sticks			
	Broccoli Florets	Corn Salsa			
	<u>Available Daily:</u> Chilled Applesauce Assorted Fresh Fruit Fat Free Chocolate, 1% White or Fat Free White Milk				

Springfield High Schools
Week of November 28 – December 2

STATION NAMES	Monday	Tuesday	Wednesday	Thursday	Friday
ENTRÉE	Cheesy Pizza Dunkers with Marinara Sauce	Thai Chicken Meatballs with Sweet Chili Sauce over Rice	Chicken & Waffle with Syrup	Mac & Cheese	Shepherd's Pie with a Breadstick
BAR	Nacho Bar: Choice Of: Nacho Beef or Refried Beans Served with Nacho Cheese Sauce, Sour Cream, Salsa, Jalapenos & Tortilla Chips				
PIZZA	Daily Options: Cheese Pizza Pepperoni Pizza				
		Supreme Pizza	Curried Lentil Pocket with Yogurt Lime Sauce	Supreme Pizza	Curried Lentil Pocket with Yogurt Lime Sauce
GRILL	Cheeseburger	Chicken Patty	Hot Dog	Cheeseburger	Spicy Chicken Patty
	Daily Option: Grilled Chicken Sandwich Sides – Sliced Tomato, Green Leaf Lettuce, Sliced Onion, Pickles				
FAST TAKES	Chef Salad with Breadstick Classic Hummus Bento Box Turkey & Cheese Sandwich on Kaiser Roll Sunbutter & Jelly Sandwich				
SIDES	Steamed Carrots	Roasted Peppers & Onions	Sweet Potatoes	Roasted Garlic Kale	Celery Sticks
	Steamed Green Beans	Seasoned Black Bean Salad	Celery Sticks	Grape Tomatoes	Tater Tots
COLD LINE ALTERNATE			Carrot Sticks	Broccoli Florets	
	<u>Available Daily:</u> Chilled Pears Assorted Fresh Fruit Fat Free Chocolate, 1% White or Fat Free White Milk				

This institution is an equal opportunity provider.