



**SPRINGFIELD PUBLIC SCHOOLS
LIISKA WEYN
APRIL 2021**

Monday	Tuesday	Wednesday	Thursday	Friday
4/5	4/6	4/7	4/8	4/9
Liin Poppypeed keeg Tufaax qorfe Cheerios (Sabti) Trix (Axad) 100% Sharaab 1% ama Caano Bilaa dufan	Canjeero maple leh iyo hibil doofaar 100% Sharaab 1% ama Caano Bilaa dufan	Beed & Jiis Croissant Koob Tufaax Shiidan 1% ama Caano Bilaa dufan	Tufax basbaas leh Iyo Boorash 1% ama Caano Bilaa dufan	Shukulaata muus iyo xabad keeg 100% Sharaab 1% ama Caano bilaa dufan
4/12	4/13	4/14	4/15	4/16
Galay keeg Cheerios (Sabti) Rooti qorfe jajaban (Axad) 100% Sharaab 1% ama Caano Bilaa dufan	Maple keeg Khubus iyo hilib Turkey 100% Sharaab 1% ama Caano bilaa dufan	Doorfaar Canadian iyo Rooti Saanwaj 100% Sharaab 1% ama Caano Bilaa dufan	Buluubery habeen hadhuudh 1% ama Caano Bilaa dufan	Tufaax xawaash Mafin Tufaax qorfe Cheerios (Sabti) Trix (Axad) 100% Sharaab 1% ama Caano bilaa dufan
4/19	4/20	4/21	4/22	4/23
Doonat Mufin 100% Sharaab 1% ama Caano bilaa dufan	Rootida Faransiiska iyo Hilibka doofaarka 100% Sharaab 1% ama caano bilaa dufan	Hilib doofaar & Jiis Waffle Rooti Saanwej 100% Sharaab 1% ama caano bilaa dufan	Beed, Jees & Baradho qasan galley rooti Tortilla iyo Salsa 100% Sharaab 1% ama caano bilaa dufan	Buluubery Keeg 100% Sharaab 1% ama Caano bilaa dufan
4/26	4/27	4/28	4/29	4/30
Liin Poppypeed Mafin Cheerios (Sabti) Qorfe rootiga jajaban (Axad) 100% Sharaab 1% ama Caano bilaa duban	Maable Bankeeg iyo hibil doofaar Rooti 100% Sharaab 1% ama Caano bilaa dufan	Beed & Jiis Croissant Applesauce Cup 1% ama Caano bilaa dufan	Tufaax xawaash iyo Boorash Duban 1% ama Caano bilaa dufan	Muus iyo Rooti macaan 100% Sharaab 1% ama Caano bilaa dufan
FADLAN U SHEEG QOFKA CUNTADA KUSIINAYA HADII AAD XASAASIYAD CUNTO QABTID			Liiska Cuntada waa labadali Karaa	



SPRINGFIELD PUBLIC SCHOOLS
Liiska Qadada
APRIL 2021

Isniin	Talaato	Arabaco	Khamis	Jimca
4/5	4/6	4/7	4/8	4/9
Digaag, Galey salsa iyo Digirta Tex-Mex Khudrad cusub ah 1% ama caano bilaa subag	Digaag la jar jarey, Suugo, Khudaar iyo Canab-tufaax 1% ama caano bilaa subag	Pizza jiis oo qoto dheer leh baradho iyo basbaaska toonta 1% ama caano bilaa subag	Digaag la shiiley, rooti, Baradho macaan iyo Digirta Cagaaran ee Koonfurta 1% ama caano bilaa subag	BBQ Jiisburger oo leh Broccoli Casserole iyo Digirta la dubay Khudrad cusub 1% ama caano bilaa subag
4/12	4/13	4/14	4/15	4/16
Saxanka Digaaga ee CNC oo leh Galey, Baradho la shiiday, maraq iyo Jiis Khudrad cusub 1% ama caano bilaa dufan	Mac & Cheese la dubay oo leh Rits Buskud, Digir cagaaran iyo Tufaax dhanaan 1% ama caano bilaa subag	Saxan Jiis Pizza, Baradho la dubay iyo Khudrad isku jir ah 1% ama caano bilaa subag	Baradho la dubay oo lagu shubay Jiis Nacho, Broccoli, Rooti 1% ama caano bilaa subag	Digaag & Digir, Galley Salsa iyo Cilantro Bariis liin leh Khudrad cusub 1% ama caano bilaa subag
4/19	4/20	4/21	4/22	4/23
Digaag Jiis rooti iyo toon Spinach iyo CNC Tufaax 1% ama caano bilaa subag	Shepherd's Pie oo wata Rooti iyo Blueberry Kirisby Pie 1% ama caano bilaa subag	Saxan Jees Pizza iyo Baradho macaan iyo Broccoli karsan Khudrad cusub 1% ama caano bilaa subag	Digaag macaan iyo dhanaan oo leh Bariis shiilaan, Digir cagaaran, Karootada 1% ama caano bilaa subag	Digaag dufan leh Broccoli iyo baasto Khudrad cusub 1% ama caano bilaa subag
4/26	4/27	4/28	4/29	4/30
Digaag iyo Galey Salsa iyo Digirta Tex-Mex Khudrad cusub 1% ama caano bilaa subag	Kaluun la dubay, Bariis, Digir la kariyey iyo Mooska 1% ama caano bilaa subag	Pizza Jiis, baradho iyo basbaaska toon 1% ama caano bilaa subag	Digaag Crispy rooti, Baradho macaan iyo Digirta Cagaaran 1% ama caano bilaa subag	BBQ Cheeseburger oo leh Broccoli Casserole iyo Digirta la dubay Khudrad cusub 1% ama caano bilaa subag
FADLAN U SHEEG QOFKA CUNTADA BIXINAYA HADII AAD QABTID XASAASIYAD		LIISKA CUNTADA WAALA BADALI KARAA		



SPRINGFIELD PUBLIC SCHOOLS
Liiska Cunto fudud
APRIL 2021

Isniin	Talaato	Arbaco	khamis	Jimca
4/5	4/6	4/7	4/8	4/9
Cheez-ay / Crunch Mania/ Qorfe Goldfish Sharaab	Buskut Granola Sharaab	Buskut ah Pretzel wadne Sharaab	Keeg ka sameysan Blueberry iyo Liin Sharaab	Jees dhaadheer Sharaab
4/12	4/13	4/14	4/15	4/16
Chex Mix/ Jajaban Mania/ Boorash Shukulaatada leh iyo Chip Bar Sharaab	Cracker Xayawaanka Sharaab	Qorfe Scooby Cunto fudud Sharaab	Buskut Granola Sharaab	Kaluunka Chedar Goldfish/ Crunch Mania/ Pretzel Qalbiya Sharaab
4/19	4/20	4/21	4/22	4/23
Crackers Xayawaanka Sharaab	Keeg Blueberry Liin Bites Sharaab	Buskut Granola Sharaab	Buskut Shukulaatada Chip Gripz Grahams Sharaab	Qorfe Cunto fudud Sharaab
4/26	4/27	4/28	4/29	4/30
Cheez-ay / Crunch Mania / Qorfe Goldfish Sharaab	Buskut Granola Sharaab	Buskut ah Pretzel Sharaab	Keeg Blueberry Liin Bites Sharaab	Jees dhaadheer Sharaab

Ardaydu waa inay qaataan labada shayba si ay uga qaybqaataan barnaamijka Cuntada fudud.

FADLAN U SHEEG QOFKA CUNTADA BIXINAYA HADII AAD QABTID XASAASIYAD

LIISKA CUNTADA WAALA BADALI KARAA



SPRINGFIELD PUBLIC SCHOOLS
Liiska Cashada
APRIL 2021

Isniin	Talaado	Arabaco	Khamis	Jimca
4/5	4/6	4/7	4/8	4/9
Hilib Turkey & Jiis Saanwaj Tufaax cusub iyo sabiib Caano	Hilib doofar & Jiis Saanwaj leh malab iyo Cananis cusub iyo Tufaax koob ku jira Caano	Saanwaj talyaani ah, Tufaax jarjaraan iyo sabiib Caano	Hilib Turkey & Jiis Saanwaj iyo Liin macaan iyo sabiib Caano	Jiis Saanwaj iyo Karoot yar yar iyo sabiib Caano
4/12	4/13	4/14	4/15	4/16
Hilib Turkey & Jiis Saanwaj iyo Liin macaan iyo Sabiib Caano	Hilib doofar & Jiis Saanwaj lagu daray malab, Canaanis iyo Tufaax koob kujira Caano	Saanwaj talyaani ah, Tufaax jarjaraan iyo Sabiib Caano	Hilib Turkey & Jiis Saanwaj iyo Liin macaan iyo Sabiib Caano	Saanwaj talyaani ah, Tufaax jarjaraan iyo Sabiib Caano
4/19	4/20	4/21	4/22	4/23
Hilib Turkey & Jees Saanwaj iyo Liin Macaan iyo Sabiib Caano	Hilib Dofaar & Jiis Saanwaj iyo Malab, Canaanis iyo Tufaax koob ku jira Caano	Saanwaj Talyaani iyo Tufaax jar jaraan iyo sabiib Caano	Hilib Doofar & Jiis Saanwaj iyo Malab, Tufaax koob ku jira iyo Sabiib Caano	Jiis Saanwaj iyo Kaarot yar iyo Sabiib Caano
4/26	4/27	4/28	4/29	4/30
Hilib Turkey & Jiis Saanwaj iyo Tufaax iyo Sabiib Caano	Hilib Doofar & Jiis Saanwaj iyo Malab, Tufaax koob ku jira iyo Sabiib Caano	Hilib Turkey & Jiis Saanwaj iyo Tufaax iyo Sabiib Caano	Hilib Turkey & Jiis Saanwaj iyo Liin Macaan iyo Sabiib Caano	Jiis Saanwaj iyo Kaarot yar iyo Sabiib Caano
FADLAN U SHEEG QOFKA CUNTADA BIXINAYA HADII AAD QABTID XASAASIYAD		LIISKA CUNTADA WAA LA BADALI KARAA		