

**SPRINGFIELD PUBLIC SCHOOLS
PRE-K LUNCH
OCTOBER 2021**

Monday	Tuesday	Wednesday	Thursday	Friday
10/4	10/5	10/6	10/7	10/8
Carne Molida with Sweet Plantains and a Cheddar Corn Muffin Turkey & Cheese Sandwich with Zucchini Coins & Carrot Sticks Chilled Pears	Fiesta Chicken Bowl Turkey & Cheese Sandwich with Broccoli Florets Carrot Sticks Chilled Pears	Chicken Nuggets with Dinner Roll, Fries and Baked Beans Turkey & Cheese Sandwich with Carrot Sticks & Zucchini Coins Chilled Pears	Creamy Chicken Broccoli Alfredo Turkey & Cheese Sandwich with Broccoli Florets Zucchini Coins Chilled Pears	Deep Dish Cheese Pizza Turkey & Cheese Sandwich Carrot Sticks Zucchini Coins Chilled Pears
10/11	10/12	10/13	10/14	10/15
NO SCHOOL	Sweet & Sour Chicken with Veggie Fried Rice & Green Beans & Carrots Cold Cut Sandwich with Broccoli Florets & Carrot Sticks Chilled Applesauce	Curried Chicken Flatbread with Spiced Sweet Potatoes & Glazed Fruit Cold Cut Sandwich with Carrot Sticks Zucchini Coins Chilled Applesauce	Baked Mac & Cheese with Ritz Cracker Topping, Seasoned Peas & Applesauce Cold Cut Sandwich with Zucchini Coins Broccoli Florets Chilled Applesauce	Deep Dish Cheese Pizza Cold Cut Sandwich Carrot Sticks Zucchini Coins Chilled Applesauce
10/18	10/19	10/20	10/21	10/22
General Tso Chicken with Veggie Fried Rice, Ginger Carrots & Cauliflower Turkey Ham & Cheese Sandwich with Carrot Sticks & Zucchini Coins Chilled Peaches	Chicken with Gravy, Roasted Root Veg, Dinner Roll & Cranberry Sauce Turkey Ham & Cheese Sandwich with Broccoli Florets Carrot Sticks Chilled Peaches	Loaded Baked Potato with Nacho Cheese Sauce, Broccoli, Dinner Roll & Peach Crisp Turkey Ham & Cheese Sandwich with Carrot Sticks & Zucchini Coins Chilled Peaches	Lazy Lasagna Mix Up Turkey Ham & Cheese Sandwich with Broccoli Florets Zucchini Coins Chilled Peaches	Deep Dish Cheese Pizza Turkey Ham & Cheese Sandwich Carrot Sticks Zucchini Coins Chilled Peaches
10/25	10/26	10/27	10/28	10/29
Buffalo Chicken Nachos Turkey & Cheese Sandwich Zucchini Coins Carrot Sticks Chilled Applesauce	French Toast Sticks with Pork Sausage, Sweet Potato & Blueberry Compote Turkey & Cheese Sandwich with Broccoli Florets Carrot Sticks Chilled Applesauce	Crispy Chicken Bowl Turkey & Cheese Sandwich with Carrot Sticks & Zucchini Coins Chilled Applesauce	Baked Ziti with Meatballs, Steamed Green Beans & Garlic Dinner Roll Turkey & Cheese Sandwich with Broccoli Florets Zucchini Coins Chilled Applesauce	Deep Dish Cheese Pizza Turkey & Cheese Sandwich Carrot Sticks Zucchini Coins Chilled Applesauce
OFFERED DAILY: 1% AND FAT FREE MILK, CHEESE SANDWICH, FRESH FRUIT				
PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES			Menu items are subject to change	