

**SPRINGFIELD PUBLIC SCHOOLS
PRE-K LUNCH
JANUARY 2023**

Monday	Tuesday	Wednesday	Thursday	Friday
1/2	1/3	1/4	1/5	1/6
NO SCHOOL	Cheesy Dunkers with Marinara Sauce Turkey Ham & Cheese Sandwich Steamed Broccoli Baked Beans	Chicken Nuggets Turkey Ham & Cheese Sandwich Tater Tots Steamed Carrots	Cheeseburger Turkey Ham & Cheese Sandwich Celery Sticks Carrot Sticks	NO SCHOOL
1/9	1/10	1/11	1/12	1/13
Chef's Choice Turkey & Cheese Sandwich Steamed Broccoli Seasoned Black Beans	Taco Tuesday: Ground Beef, Local Corn Tortilla, Salsa, Lettuce, Cheese Turkey & Cheese Sandwich Steamed Green Beans Carrot Sticks	Breakfast for Lunch: Pancakes, Sausage, Strawberry Compote & Fresh Banana Turkey & Cheese Sandwich Tater Tots Celery Sticks	Mac & Cheese Turkey & Cheese Sandwich Steamed Corn Carrot Sticks	Cheesy Dunkers with Marinara Sauce Turkey & Cheese Sandwich Mashed Sweet Potato Celery Sticks
1/16	1/17	1/18	1/19	1/20
NO SCHOOL	Buffalo Chicken Nachos Turkey Ham & Cheese Sandwich Baked Beans Carrot Sticks	Loaded Tater Tots with Cheese Sauce & Roll Turkey Ham & Cheese Sandwich Steamed Broccoli Zucchini Coins	Tomato Soup with Grilled Cheese Turkey Ham & Cheese Sandwich Steamed Green Beans Carrot Sticks	Pepperoni Pizza or Cheese Pizza Turkey Ham & Cheese Sandwich Steamed Corn Carrot Sticks
1/23	1/24	1/25	1/26	1/27
Bean & Cheese Nachos Italian Sandwich Carrot Sticks Tater Tots	Steak & Cheese Pocket Italian Sandwich Roasted Root Vegetables Cauliflower Florets	Chicken Nuggets Italian Sandwich Seasoned Black Beans Potato Wedges	Chicken Alfredo over Penne Pasta Italian Sandwich Steamed Broccoli Carrot Sticks	Pepperoni Pizza or Cheese Pizza Italian Sandwich Steamed Green Beans Carrot Sticks
AVAILABLE DAILY: Cheese Sandwich Assorted Fresh Fruit 1% White or Fat Free White Milk				
PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES			Menu items are subject to change	

This institution is an equal opportunity provider.

Due to the risk of **choking**, certain foods are excluded from the Pre-K menu. These include:

- Hot Dogs, sausages, sausage links or similar processed food items
- Grapes, cherries, melon balls, kiwi fruit, cherry and grape tomatoes
- Specific berries- kiwi berries, raspberries, blackberries, goji berries
- Peanuts, nuts and seeds (for example, sunflower or pumpkin seeds)
 - Peanut butter and nut/seed butters
 - Dried fruit such as raisins or cranberries
- Shelf stable, dried and semi-dried meat, poultry, seafood snacks (such as beef jerky or summer sausage)
 - Popcorn