



**SPRINGFIELD PUBLIC SCHOOLS  
BIC MENU  
APRIL 2021**



<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
4/5	4/6	4/7	4/8	4/9
Lemon Poppyseed Muffin Apple Cinnamon Cheerios (Saturday) Trix (Sunday) 100% Juice 1% or Fat Free Milk	Maple Pancakes with Pork Sausage Patty  100% Juice 1% or Fat Free Milk	Egg & Cheese Croissant  Applesauce Cup 1% or Fat Free Milk	Spiced Apple Oatmeal Bake  1% or Fat Free Milk	Banana Chocolate Chip Muffin  100% Juice 1% or Fat Free Milk
4/12	4/13	4/14	4/15	4/16
Corn Muffin Cheerios (Saturday) Cinnamon Toast Crunch (Sunday) 100% Juice 1% or Fat Free Milk	Maple Waffle Flatbread with Turkey Sausage Links  100% Juice 1% or Fat Free Milk	Canadian Bacon French Toast Sandwich  100% Juice 1% or Fat Free Milk	Blueberry Overnight Oats  1% or Fat Free Milk	Apple Spice Muffin Apple Cinnamon Cheerios (Saturday) Trix (Sunday) 100% Juice 1% or Fat Free Milk
4/19	4/20	4/21	4/22	4/23
Doughnut Muffin  100% Juice 1% or Fat Free Milk	French Toast Sticks and Pork Sausage Links  100% Juice 1% or Fat Free Milk	Pork Sausage & Cheese Waffle Flatbread Sandwich  100% Juice 1% or Fat Free Milk	Egg, Cheese & Potato Scramble over Corn Tortilla with Salsa  100% Juice 1% or Fat Free Milk	Blueberry Muffin  100% Juice 1% or Fat Free Milk
4/26	4/27	4/28	4/29	4/30
Lemon Poppyseed Muffin Cheerios (Saturday) Cinnamon Toast Crunch (Sunday) 100% Juice 1% or Fat Free Milk	Maple Pancakes with Pork Sausage Patty  100% Juice 1% or Fat Free Milk	Egg & Cheese Croissant  Applesauce Cup 1% or Fat Free Milk	Spiced Apple Oatmeal Bake  1% or Fat Free Milk	Banana Muffin  100% Juice 1% or Fat Free Milk
<b>PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES</b>		<b>Menu items are subject to change</b>		



**SPRINGFIELD PUBLIC SCHOOLS  
LUNCH MENU  
APRIL 2021**



<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
4/5	4/6	4/7	4/8	4/9
Southwestern Chicken with Corn Salsa and Tex-Mex Beans  Fresh Fruit 1% or Fat Free Milk	Chicken Strips with Stuffing, Gravy, Local Root Vegetables and Cran-Applesauce  1% or Fat Free Milk	Deep Dish Cheese Pizza with Potato Casserole and Garlic Spinach  1% or Fat Free Milk	Crispy Chicken with Corn Muffin, Mashed Sweet Potato and Southern Green Beans  1% or Fat Free Milk	BBQ Cheeseburger with Broccoli Casserole and Baked Beans  Fresh Fruit 1% or Fat Free Milk
4/12	4/13	4/14	4/15	4/16
CNC Chicken Bowl with Corn, Mashed Potatoes, Gravy and Cheese  Fresh Fruit 1% or Fat Free Milk	Baked Mac & Cheese with Ritz Cracker Topping, Green Peas and Cran-Applesauce  1% or Fat Free Milk	Deep Dish Cheese Pizza with Roasted Potatoes and Mixed Vegetable  1% or Fat Free Milk	Loaded Baked Potato with Nacho Cheese, Broccoli, Dinner Roll and Peach Crisp  1% or Fat Free Milk	Chicken & Bean Tostada with Corn Salsa and Cilantro Lime Rice  Fresh Fruit 1% or Fat Free Milk
4/19	4/20	4/21	4/22	4/23
Chicken Parmesan Sandwich with Garlic Spinach and CNC Applesauce  1% or Fat Free Milk	Shepherd's Pie with a Dinner Roll and Blueberry Crisp  1% or Fat Free Milk	Deep Dish Cheese Pizza with Roasted Sweet Potato and Steamed Broccoli  Fresh Fruit 1% or Fat Free Milk	Sweet & Sour Crispy Chicken with Veggie Fried Rice, Green Beans, Firecracker Carrots & Parsnips  1% or Fat Free Milk	Creamy Chicken Broccoli Alfredo over Penne Pasta  Fresh Fruit 1% or Fat Free Milk
4/26	4/27	4/28	4/29	4/30
Southwestern Chicken with Corn Salsa and Tex-Mex Beans  Fresh Fruit 1% or Fat Free Milk	Pernil al Horno, Arroz, Habichuelas Guisados y Plátanos  1% or Fat Free Milk	Deep Dish Cheese Pizza with Potato Casserole and Garlic Spinach  1% or Fat Free Milk	Crispy Chicken with Corn Muffin, Mashed Sweet Potato and Southern Green Beans  1% or Fat Free Milk	BBQ Cheeseburger with Broccoli Casserole and Baked Beans  Fresh Fruit 1% or Fat Free Milk
<b>PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES</b>		<b>Menu items are subject to change</b>		



**SPRINGFIELD PUBLIC SCHOOLS  
DINNER MENU  
APRIL 2021**



<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
4/5	4/6	4/7	4/8	4/9
Turkey & Cheese Sandwich with a Fresh Apple and Craisins  Milk	Ham & Cheddar Cheese Sandwich with Honey Mustard Dressing, Fresh Pear and Applesauce Cup  Milk	Italian Sandwich with Apple Slices and Craisins  Milk	Turkey & Cheese Sandwich with a Fresh Orange and Raisin  Milk	Cheese Sandwich with Baby Carrots and Craisins  Milk
4/12	4/13	4/14	4/15	4/16
Turkey & Cheese Sandwich with a Fresh Apple and Craisins  Milk	Ham & Cheddar Cheese Sandwich with Honey Mustard Dressing, Fresh Pear and Applesauce Cup  Milk	Italian Sandwich with Apple Slices and Craisins  Milk	Turkey & Cheese Sandwich with a Fresh Orange and Raisin  Milk	Cheese Sandwich with Baby Carrots and Craisins  Milk
4/19	4/20	4/21	4/22	4/23
Turkey & Cheese Sandwich with a Fresh Apple and Craisins  Milk	Ham & Cheddar Cheese Sandwich with Honey Mustard Dressing, Fresh Pear and Applesauce Cup  Milk	Italian Sandwich with Apple Slices and Craisins  Milk	Turkey & Cheese Sandwich with a Fresh Orange and Raisin  Milk	Cheese Sandwich with Baby Carrots and Craisins  Milk
4/26	4/27	4/28	4/29	4/30
Turkey & Cheese Sandwich with a Fresh Apple and Craisins  Milk	Ham & Cheddar Cheese Sandwich with Honey Mustard Dressing, Fresh Pear and Applesauce Cup  Milk	Italian Sandwich with Apple Slices and Craisins  Milk	Turkey & Cheese Sandwich with a Fresh Orange and Raisin  Milk	Cheese Sandwich with Baby Carrots and Craisins  Milk
<b>PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES</b>		<b>Menu items are subject to change</b>		



**SPRINGFIELD PUBLIC SCHOOLS  
SNACK MENU  
APRIL 2021**



<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
4/5	4/6	4/7	4/8	4/9
Cheez-its/ Crunch Mania/ Cinnamon Goldfish  Juice	Granola  Juice	Pretzel Hearts  Juice	Blueberry Lemon Bites  Juice	String Cheese  Juice
4/12	4/13	4/14	4/15	4/16
Chex Mix/ Crunch Mania/ Oatmeal Chocolate Chip Bar  Juice	Animal Cracker  Juice	Cinnamon Scooby Snacks  Juice	Granola  Juice	Cheddar Goldfish/ Crunch Mania/ Pretzel Hearts  Juice
4/19	4/20	4/21	4/22	4/23
Animal Crackers  Juice	Blueberry Lemon Bites  Juice	Granola  Juice	Chocolate Chip Gripz Grahams  Juice	Cinnamon Scooby Snacks  Juice
4/26	4/27	4/28	4/29	4/30
Cheez-its/ Crunch Mania/ Cinnamon Goldfish  Juice	Granola  Juice	Pretzel Hearts  Juice	Blueberry Lemon Bites  Juice	String Cheese  Juice

**Students must take both items in order to participate in the snack program.**

**PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES**

**MENU IS SUBJECT TO CHANGE**