

Springfield Secondary Schools
Week of October 4 - 8

Monday	Tuesday	Wednesday	Thursday	Friday
Carne Molidá with Sweet Plantains & a Cheddar Corn Muffin	Fiesta Chicken Bowl with Carrot Sticks	Chicken Nuggets with Dinner Roll, Fries & Baked Beans	Creamy Chicken Broccoli Alfredo with Zucchini Coins	Deep Dish Cheese Pizza with Grape Tomatoes & Carrot Sticks
Chicken Patty with Zucchini Coins & Carrot Sticks	Cheeseburger with Carrot Sticks & Broccoli Florets	Chicken Patty with Grape Tomatoes & Zucchini Coins	Cheeseburger with Zucchini Coins & Broccoli Florets	Chicken Patty with Grape Tomatoes & Carrot Sticks
Available Daily: Sunbutter & Jelly, Chilled Pears, Assorted Fresh Fruit				
CHOICE OF CHOCOLATE or 1% WHITE				
<i>Menu Items are Subject to Change</i>				

Week of October 11 - 15

Monday	Tuesday	Wednesday	Thursday	Friday
NO SCHOOL	Sweet & Sour Chicken with Veggie Fried Rice & Green Beans & Carrots	Curried Chicken Flatbread with Spiced Potatoes & Glazed Fruit and Zucchini Coins	Baked Mac & Cheese with Ritz Cracker Topping, Seasoned Peas & Applesauce and Broccoli Florets	Deep Dish Cheese Pizza with Grape Tomatoes & Carrot Sticks
	Cheeseburger with Carrot Sticks & Broccoli Florets	Chicken Patty with Grape Tomatoes & Zucchini Coins	Cheeseburger with Zucchini Coins & Broccoli Florets	Chicken Patty with Grape Tomatoes & Carrot Sticks
Available Daily: Sunbutter & Jelly, Chilled Mixed Fruit, Assorted Fresh Fruit				
CHOICE OF CHOCOLATE or 1% WHITE				
<i>Menu Items are Subject to Change</i>				

Springfield Secondary Schools
Week of October 18 - 22

Monday	Tuesday	Wednesday	Thursday	Friday
General Tso Chicken, with Veggie Fried Rice, Ginger Carrots & Cauliflower	Chicken with Gravy, Roasted Root Veg, Dinner Roll & Cranberry Sauce and Carrot Sticks	Loaded Baked Potato with Broccoli, Dinner Roll, Peach Crisp & Pretzels	Lazy Lasagna Mix Up with Zucchini Coins	Deep Dish Cheese Pizza with Grape Tomatoes & Carrot Sticks
Chicken Patty with Zucchini Coins & Carrot Sticks	Cheeseburger with Carrot Sticks & Broccoli Florets	Chicken Patty with Grape Tomatoes & Zucchini Coins	Cheeseburger with Zucchini Coins & Broccoli Florets	Chicken Patty with Grape Tomatoes & Carrot Sticks
Available Daily: Sunbutter & Jelly, Chilled Peaches, Assorted Fresh Fruit				
CHOICE OF CHOCOLATE or 1% WHITE				
<i>Menu Items are Subject to Change</i>				

Week of October 25 - 29

Monday	Tuesday	Wednesday	Thursday	Friday
Buffalo Chicken Nachos with Zucchini Coins & Carrot Sticks	French Toast Sticks with Pork Sausage, Sweet Potato & Blueberry Compote and Broccoli Florets	Crispy Chicken Bowl with a Dinner Roll	Baked Ziti with Meatballs, Green Beans & Garlic Roll and Zucchini Coins	Deep Dish Cheese Pizza with Grape Tomatoes & Carrot Sticks
Chicken Patty with Zucchini Coins & Carrot Sticks	Cheeseburger with Carrot Sticks & Broccoli Florets	Chicken Patty with Grape Tomatoes & Zucchini Coins	Cheeseburger with Zucchini Coins & Broccoli Florets	Chicken Patty with Grape Tomatoes & Carrot Sticks
Available Daily: Sunbutter & Jelly, Chilled Applesauce, Assorted Fresh Fruit				
CHOICE OF CHOCOLATE or 1% WHITE				
<i>Menu Items are Subject to Change</i>				