

**SPRINGFIELD PUBLIC SCHOOLS
PRE-K LUNCH
SEPTEMBER 2022**

Monday	Tuesday	Wednesday	Thursday	Friday
9/5	9/6	9/7	9/8	9/9
NO SCHOOL	NO SCHOOL	NO SCHOOL	Mac & Cheese Turkey & Cheese Sandwich Celery Sticks Carrot Sticks Chilled Pears	Cheesy Pizza Dippers with Marinara Sauce Turkey & Cheese Sandwich Roasted Garlic Kale Black Bean Salad Chilled Pears
9/12	9/13	9/14	9/15	9/16
Chicken Patty Sandwich Turkey Ham & Cheese Sandwich Baked Beans Carrot Sticks Chilled Applesauce	Classic Beef Nacho Turkey Ham & Cheese Sandwich Roasted Peppers & Onions Zucchini Coins Chilled Applesauce	Sweet & Sour Chicken with Veggie Fried Rice Turkey Ham & Cheese Sandwich Steamed Peas Broccoli Florets Chilled Applesauce	Teriyaki Noodle Bowl Turkey Ham & Cheese Sandwich Steamed Broccoli Carrot Sticks Chilled Applesauce	BBQ Chicken Pizza or Cheese Pizza Turkey Ham & Cheese Sandwich Zucchini Coins Carrot Sticks Chilled Applesauce
9/19	9/20	9/21	9/22	9/23
Breaded Fish Sandwich with Cole Slaw Italian Sandwich Tater Tots Black Bean Salad Chilled Peaches	Roast Turkey with Gravy and Biscuit Italian Sandwich Roasted Root Veggies Cauliflower Florets Chilled Peaches	Steak & Cheese Pocket Italian Sandwich Steamed Broccoli Carrot Sticks Chilled Peaches	Chicken Broccoli Alfredo over Penne Pasta Italian Sandwich Cauliflower Florets Carrot Sticks Chilled Peaches	Buffalo Chicken Pizza or Cheese Pizza Italian Sandwich Carrot Sticks Roasted Garlic Kale Chilled Peaches
9/26	9/27	9/28	9/29	9/30
BBQ Cheeseburger Turkey Ham & Cheese Sandwich Baked Beans Carrot Sticks Chilled Applesauce	Roast Pork Nachos Turkey Ham & Cheese Sandwich Roasted Peppers & Onions Carrot Sticks Chilled Applesauce	Crispy Chicken Bowl Turkey Ham & Cheese Sandwich Steamed Corn Broccoli Florets Chilled Applesauce	Spaghetti with Meatballs Turkey Ham & Cheese Sandwich Steamed Broccoli Zucchini Coins Chilled Applesauce	Pepperoni Pizza or Cheese Pizza Turkey Ham & Cheese Sandwich Zucchini Coins Carrot Sticks Chilled Applesauce
AVAILABLE DAILY: Cheese Sandwich Assorted Fresh Fruit 1% White or Fat Free White Milk				
PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES			Menu items are subject to change	

This institution is an equal opportunity provider.