

Springfield High Schools
Week of August 29 – September 2

STATION NAMES	Monday	Tuesday	Wednesday	Thursday	Friday
ENTRÉE	Breakfast for Lunch	Jerk Chicken with Cajun Rice	Crispy Chicken Bowl with a Dinner Roll	Spaghetti with Meatballs	Carne Molidá over Rice with Sweet Plantains
	Fiesta Chicken Bowl				
NACHO BAR	Choice Of: BBQ Pork or Refried Beans Sauce: Nacho Sauce or Jalapeno Cheddar Served with Sour Cream, Salsa & Tortilla Chips				
PIZZA	Daily Options: Cheese Pizza Pepperoni Pizza				
	Steak & Cheese Pocket	Chicken Bacon Ranch Pizza	Steak & Cheese Pocket	Chicken Bacon Ranch Pizza	Steak & Cheese Pocket
GRILL	Cheeseburger	Chicken Patty	Nathan's All Beef Hot Dog	Cheeseburger	Spicy Chicken Patty
	Daily Option: Grilled Chicken Sandwich Sides – Sliced Tomato, Green Leaf Lettuce, Sliced Onion, Pickles				
FAST TAKES	Chicken Caesar Salad with Breadstick Garden Salad with Hummus and Breadstick Turkey Ham & Cheese Sandwich on Kaiser Roll Sunbutter & Jelly Sandwich				
SIDES	Cucumber Coins	Roasted Peppers & Onions	Steamed Corn	Steamed Broccoli	Black Bean Salad
	Carrot Sticks	Carrot Sticks	Broccoli Florets	Cucumber Coins	Carrot Sticks
COLD LINE ALTERNATE		Cucumber Coins	Corn Salsa	Broccoli Florets	
	<u>Available Daily:</u> Chilled Applesauce Assorted Fresh Fruit Fat Free Chocolate, 1% White or Fat Free White Milk				

Springfield High School
Week of September 5 – 9

STATION NAMES	Monday	Tuesday	Wednesday	Thursday	Friday
ENTRÉE	NO SCHOOL	NO SCHOOL	Chicken & Waffles with Syrup	Mac & Cheese	Cheesy Pizza Dunkers with Marinara Sauce
	Teriyaki Noodle Bowl				
BAR	Nacho Bar: Choice Of: Nacho Beef or Refried Beans Sauce: Nacho Sauce or Jalapeno Cheddar Served with Sour Cream, Salsa & Tortilla Chips				
PIZZA	Daily Options: Cheese Pizza Pepperoni Pizza				
			Curried Lentil Pocket with Yogurt Lime Sauce	Supreme Pizza	Curried Lentil Pocket with Yogurt Lime Sauce
GRILL			Nathan's All Beef Hot Dog	Cheeseburger	Spicy Chicken Patty
	Daily Option: Grilled Chicken Sandwich Sides – Sliced Tomato, Green Leaf Lettuce, Sliced Onion, Pickles				
FAST TAKES	Chef Salad with Breadstick Classic Hummus Bento Box Turkey & Cheese Sandwich on Kaiser Roll Sunbutter & Jelly Sandwich				
SIDES			Steamed Carrots	Celery Sticks	Roasted Garlic Kale
COLD LINE ALTERNATE			Celery Sticks	Grape Tomatoes	Black Bean Salad
			Carrot Sticks		Broccoli Florets
	Available Daily: Chilled Pears Assorted Fresh Fruit Fat Free Chocolate, 1% White or Fat Free White Milk				

Springfield High School
Week of September 12 – 16

STATION NAMES	Monday	Tuesday	Wednesday	Thursday	Friday
ENTRÉE	Smokehouse Chili Cheese Fries with Jalapeno Cheddar Corn Muffin	Chicken Tikka Masala with a Flatbread	Sweet & Sour Chicken with Veggie Fried Rice	Pernil al Horno con Arroz y Habichuelas y Platanos	Chicken Nuggets with Potato Wedges and Dinner Roll
	Power Grain Bowl				
BAR	Nacho Bar: Choice Of: Buffalo Chicken or Refried Beans Sauce: Nacho Sauce or Jalapeno Cheddar Served with Sour Cream, Salsa & Tortilla Chips				
PIZZA	Daily Options: Cheese Pizza Pepperoni Pizza				
	Steak & Cheese Pocket	BBQ Chicken Pizza	Steak & Cheese Pocket	BBQ Chicken Pizza	Steak & Cheese Pocket
GRILL	Cheeseburger	Chicken Patty	Nathan's All Beef Hot Dog	Cheeseburger	Spicy Chicken Patty
	Daily Option: Grilled Chicken Sandwich Sides – Sliced Tomato, Green Leaf Lettuce, Sliced Onion, Pickles				
FAST TAKES	Buffalo Chicken Salad with Breadstick Garden Salad with Hummus and Breadstick Turkey Ham & Cheese Sandwich on Kaiser Roll Sunbutter & Jelly Sandwich				
SIDES	Steamed Broccoli	Roasted Peppers & Onions	Steamed Peas	Baked Beans	Cucumber Coins
	Carrot Sticks	Cucumber Coins	Broccoli Florets	Carrot Sticks	Carrot Sticks
COLD LINE ALTERNATE	Broccoli Florets	Cauliflower Florets	Corn Salsa	Black Bean Salad	
	Available Daily: Chilled Mixed Fruit Assorted Fresh Fruit Fat Free Chocolate, 1% White or Fat Free White Milk				

Springfield High School
Week of September 19 – 23

STATION NAMES	Monday	Tuesday	Wednesday	Thursday	Friday
ENTRÉE	Breaded Fish Sandwich with Cole Slaw	Roast Turkey with Gravy & Biscuit	Loaded Baked Potato with Cheese Sauce and Breadstick	Chicken Broccoli Alfredo over Penne Pasta	Meatball Sub with Shredded Cheese
	Taste of Italy Bowl				
BAR	Nacho Bar: Choice Of: Nacho Beef or Refried Beans Sauce: Nacho Sauce or Jalapeno Cheddar Served with Sour Cream, Salsa & Tortilla Chips				
PIZZA	Daily Options: Cheese Pizza Pepperoni Pizza				
	Curried Lentil Pocket with Yogurt Lime Sauce	Sausage, Onion & Pepper Pizza	Curried Lentil Pocket with Yogurt Lime Sauce	Sausage, Onion & Pepper Pizza	Curried Lentil Pocket with Yogurt Lime Sauce
GRILL	Cheeseburger	Chicken Patty	Nathan's All Beef Hot Dog	Cheeseburger	Spicy Chicken Patty
	Daily Option: Grilled Chicken Sandwich Sides – Sliced Tomato, Green Leaf Lettuce, Sliced Onion, Pickles				
FAST TAKES	Crispy Chicken Salad with Breadstick Classic Hummus Bento Box Italian Sandwich on Kaiser Roll Sunbutter & Jelly Sandwich				
SIDES COLD LINE ALTERNATE	Tater Tots	Roasted Root Veggies	Steamed Broccoli	Cauliflower Florets	Grape Tomatoes
	Black Bean Salad	Cauliflower Florets	Grape Tomatoes	Grape Tomatoes	Roasted Garlic Kale
	Corn Salsa	Cucumber Coins	Broccoli Florets		Broccoli Florets
	Available Daily: Chilled Peaches Assorted Fresh Fruit Fat Free Chocolate, 1% White or Fat Free White Milk				

Springfield High School
Week of September 26 – 30

STATION NAMES	Monday	Tuesday	Wednesday	Thursday	Friday
ENTRÉE	Carne Molida over Rice with Sweet Plantains	Jerk Chicken with Cajun Rice	Crispy Chicken Bowl with a Dinner Roll	Spaghetti with Meatballs	Breakfast for Lunch
	Fiesta Chicken Bowl				
NACHO BAR	Choice Of: BBQ Pork or Refried Beans Sauce: Nacho Sauce or Jalapeno Cheddar Served with Sour Cream, Salsa & Tortilla Chips				
PIZZA	Daily Options: Cheese Pizza Pepperoni Pizza				
	Steak & Cheese Pocket	Chicken Bacon Ranch Pizza	Steak & Cheese Pocket	Chicken Bacon Ranch Pizza	Steak & Cheese Pocket
GRILL	Cheeseburger	Chicken Patty	Nathan's All Beef Hot Dog	Cheeseburger	Spicy Chicken Patty
	Daily Option: Grilled Chicken Sandwich Sides – Sliced Tomato, Green Leaf Lettuce, Sliced Onion, Pickles				
FAST TAKES	Chicken Caesar Salad with Breadstick Garden Salad with Hummus and Breadstick Turkey Ham & Cheese Sandwich on Kaiser Roll Sunbutter & Jelly Sandwich				
SIDES	Black Bean Salad	Roasted Peppers & Onions	Steamed Corn	Steamed Broccoli	Cucumber Coins
	Carrot Sticks	Carrot Sticks	Broccoli Florets	Cucumber Coins	Carrot Sticks
COLD LINE ALTERNATE		Cucumber Coins	Corn Salsa	Broccoli Florets	
	<u>Available Daily:</u> Chilled Applesauce Assorted Fresh Fruit Fat Free Chocolate, 1% White or Fat Free White Milk				

This institution is an equal opportunity provider.